UNPLUGGED

MÉRIBEL

2027

The ultimate guide for Méribel & the Trois Vallees

WELCOME TO MÉRIBEL

Version Anglais



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6 Day Ski Guide

Méribel - Unplugged

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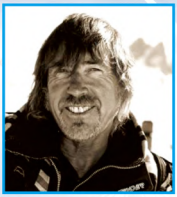
WELCOME TO MÉRIBEL



Rob Smart
(1988 - 2027)
(Editor & Season Worker)

A warm welcome to all of you. Enjoy the mountains and I wish you all a great holiday, here in Méribel the heart of the Three Valleys. Méribel Unplugged should help you find everything you need for your trip. Over many years starting way back in 1982, I have personally enjoyed my visits to the bars & restaurants of all 3 valleys but of course have seen many changes. My restaurant reviews are all based on my own personal experience so enjoy!

MY SPONSORS

As a totally free give-away magazine I must thank all the local businesses that sponsor my web site **www.meribel-unplugged.co.uk**. It is only by sponsoring my web site that I am able to produce this magazine for free. As a big thank you they are all featured. Feel free to take this magazine home and check out my web site for future visits.

RADIO MÉRIBEL

A great station with useful local information bulletins, in English all day long. Tune in early for the morning snow & lift reports. Find it on my web site if you have wifi. I am privileged to have been the very first English DJ on Radio Méribel (Xmas 1989) and the instigator of the now regular, daily English news and weather reports. Tune in at 8am for the short Tarantaise weather report, followed by the what's on today and then about 8.20 the Méribel weather, lift & piste information. If you miss them they are repeated during the morning. In the evenings Benji, Méribel's long time local DJ has created his own program. He plays some great music, check it out.

Rob Smart - Editor

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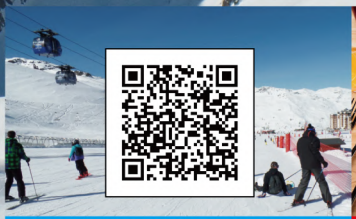
ENJOY YOUR WEEK IN MÉRIBEL WITH MÉRIBEL UNPLUGGED

☺ **To help you during your holiday with us, You can now scan with your phone on this page for:**

*Lunch Mountain Restaurants Menu's
*Dinner Restaurants In Méribel Menu's
*Radio Méribel Programme Schedule
*Live Music Schedule This Week



Scan Me
3 Valleys 2027 Mountain Restaurant Menus



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Méribel 2027 Dinner Restaurant Menus



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Radio Méribel Snow Reports Schedule



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Live Music Gigs This Month

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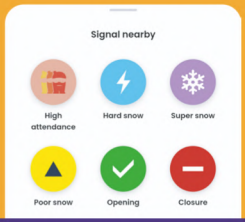
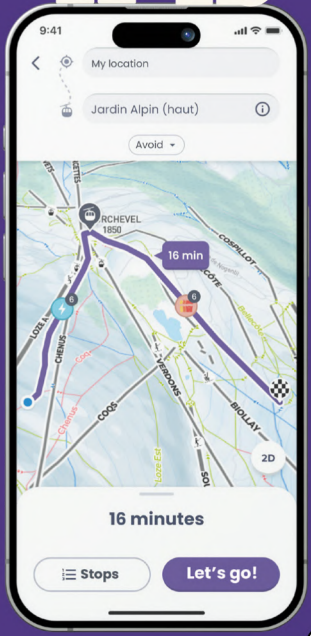


Create your route!

And let the audio guide you.





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- at the restaurant
- on the slopes

Where should I meet you?

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DAVID *is French, BASI and New Zealand qualified and is the son of Peter Lindsay the Founder of Méribel.*

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He speaks English, French, Hindi and Nepali fluently. I, David Tamang, do as well. I studied Travel & Tourism Management, completed my Bachelor's degree, and later joined my father to continue and manage our family business.

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My father has guided and travelled extensively across Nepal, India—including Ladakh, Rajasthan and South India—as well as Bhutan and Tibet. These years of field experience have helped us build strong relationships with agents and partners across the region.

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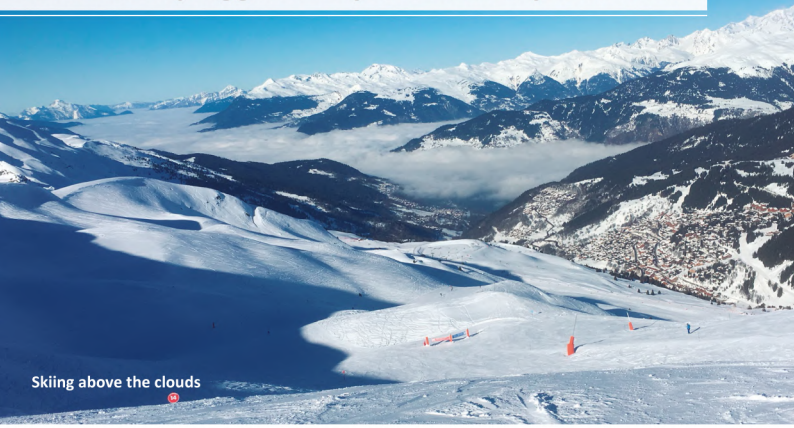
Méribel Unplugged 6 Day Ski Guide. By Rob Smart



Skiing above the clouds

PERSONAL TIP NO 1 : DECIDE ON LUNCH VENUE FIRST - THEN WORK YOUR SKI SCHEDULE AROUND IT !

This guide has been created for cruising intermediate/advanced skiers who can get up in the mornings. Most routes are fine for snowboarders too. Each day is based on a 9am start. Begin much after that and all bets are off. You will miss the best of the day and get caught up in the crowds. At 9.30am you will also have ski schools to contend with. Remember that they also have a preference on the lifts.

Total beginners will not benefit much from this guide. They should really be in ski school. However on my web site is also a beginner's guide that you might find useful.

Extreme advanced skiers might find my guide a bit boring. It avoids off piste routes for your safety, & most blacks, plus many known busy hot spots. Nowadays I don't like crowded pistes so try to avoid them if possible.

For off piste group skiing I highly recommend joining the ESF daily course or hiring a private instructor. I did both many years back and had some of the best days of my life here. In fact in January 1986 I was the very first client of the ESF "Rally Savage" a new off piste adventure. (470 old French Francs for 2.5 days). Not easy in 2m of fresh snow for a powder virgin! However eventually with a lot of practice & patience on behalf of Fred my trusty ESF instructor I managed to hack it. Well worth the effort.

This daily guide assumes the weather is fine and snow conditions are also good. Without both being in order then use the guide for lunches only! ***Note:*** Apart from the 9am start all times listed are approximate. I always advise lunch early or late. 12pm or 2pm. ***Avoid the 1pm rush hour if possible.*** If you don't want to stop for lunch many places have now added fast takeaway options.

Extra note: This is only a guide. You don't have to follow it to the letter, especially for après ski sessions these days. Deviate as much as you wish if you feel confident. You may get lift queues sometimes in high season but follow my routes and schedules and you should avoid the worse.

Day 1 - Méribel Valley



9am: Chaudanne

Take the fast **"Legends"** heated chairlift then ski left 300m to the Tougnete 2 chair lift.

Ski 100m down **Combe Tougnete**, hang right & turn in to **Dahu**. Stay on the right side and you reach Martre: Keep on the right side again, arriving at **Roc De Tougne** chairlift.

At the top take **Julie** down to **Martre**. At **Martre** junction turn right and follow the path keeping on the right side till **Chatelet chair**.

At summit of **Chatelet chair** head down **Rossignol** & in to **the "Snow Park"**. Take the roller coasters down then head straight **to Sitelle restaurant** sun terrace for a hot chocolate or coffee and the best freshly baked croissants on the mountain! Time should be nearly 10am, just as they come out of the oven. Assuming the weather is good you have just had the best hour of the day. Sunshine and first tracks on perfectly groomed pistes.

10.15: Head for **Mont Vallon** via Mottaret centre keeping right side for **Plattieres gondola**. At first station get out & ski down **Bouvreuil to Mont Vallon gondola**. At the top take in the fantastic views. Ski both sides. They are 2 of the best runs in the 3 valleys, 1 is **RED**, 1 now **BLACK**. Sadly in the shade in mornings - but usually very good snow. Return via **Ours piste** (a partly flat run - not good for snowboarders) back to Mottaret. Drop off to the Chatelet area if you fancy an early lunch.

12.00: 2 excellent value restaurants are located here. **Le Rastro & La Terrasse**, plus **Côte Brune** further on in the centre. You can ski to all 3 + non skiers can also meet you in either one. Another excellent inexpensive hot buffet choice just above the centre is **Cafe Del Mott**, at the Hotel Mottaret. Alternatively pop back up to **La Sittelle** for mountain lunch on the sun terrace. Catch **Coombes 1 & 2** chairlift in Mottaret centre then you can ski to either of these via **Sitelle piste**.

13.00/30: With many skiers now queuing for their lunch go enjoy relatively quiet pistes. Take **Pas Du Lac gondola** and ski down to Méribel via **Biche**. You should now be in the sunshine all afternoon. Take a relaxing cruise all the way to the **Altiport children's beginner area**. **Please ski with caution here.**

At the Altiport drop down to Méribel Village on the **Lapin piste**. Careful, it breaks off to the left at a bend a short way down = **Hulotte piste** to Méribel 1600. There is a chairlift back though.

If you have decided to take a later lunch then **La Terrasse** at Méribel Village will suit you perfect. The **Golf chair** takes you back to the **Altiport area** for more super skiing.

In the the Rond Point area I highly recommend these restaurants. **L'Adray Telebar**, by the Adret chair for a high quality lunch at reasonable prices and right opposite the Rond Point is Lillie, a fabulous new restaurant with excellent food.

After lunch ski all the **blues** and **reds** in this area using only chairlifts. Stay high, avoid the worst crowds, and ski in sunshine all afternoon.

15.00: The famous **Folie Douce** for a party on the terrace. A must do occasion at least once!

17.00: **LDV** or **Rond Point Bar** or **Jacks** for all the top live bands. The Ronny is legendary in the Alps but LDV in Méribel village & Jacks at Chaudanne are now also the local's favourites. All feature top live bands throughout the season. LDV has the regular free bus back to Méribel town centre

So you should have had a great 1st day skiing. Feel free to give some honest feedback. Always welcome.

LE BLANCHOT

CHALET RESTAURANT

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Reservations: Tel +33 (0)4 79 00 55 78
& On line: www.leblanchotmeribel.com
Open: 09.00 – 17.00
Lunch Served: 12.00 – 16.00
Dinner Served: 19.00 – 21.00

Le Blanchot has been one of Méribel's most popular restaurants for many years. Since 2020, it has been under the new ownership of Matthieu & Delphine of Le CroMagnon fame in Méribel. Since they opened in December 2019 we have had super lunches here, every season. Both inside by the log fire, and also outside on the sun terrace. Wonderful food and lovely friendly service.
This is one of the more high quality restaurants on the piste and perfect for a special occasion. Upstairs with its winter wonderland views would be our choice in the cold winter months. In late season the terrace is truly one of the most beautiful in the valley. The menu is extensive with choice enough to satisfy most tastes. It is now also featured in the Michelin Guide!
Find Le Blanchot at the bottom section of the Altiport, just before you head down to Méribel Village on the Lapin Piste.

Note: ***Non skiers can catch the free bus right to the restaurant door. Le Blanchot also has a superb new gift shop you can browse through after your lunch!***

Find THE FULL 2027 MENU ON www.leblanchotmeribel.com

LE MONCHU MeriBel

Open: 09.00 – 17.00
Lunch: 11:30 – 15:30
Reservations: +33 (0) 4 79 22 46 09



Le Monchu is a classy restaurant with a beautiful sun terrace located between the Rhodos & Marmottes slopes. It also has a lovely interior with log fire. We ate here last season & enjoyed their superb Angus steak! Highly recommended! Monchu also has a great mountain dining experience (80€) on Tuesday & Saturday evenings. Travel up by the snow groomers !! Call the eservations number for full details. Scan the full Monchu 2027 menu on page 3.

Menu samples for this 2027 season

Child Menu (Under 10)
2 Course: 25.00 €

Starter Sample

•French onion soup,
with cheese toast & cream .. 21.00 €



Pizzas ... from 23.00€

Main Course Samples

•Beef tenderloin, porcini mushroom sauce, with fries ... 48.00€
•Beef burger, Monchu sauce, jam, oinion, cheese, fries ... 36.00€
•Vegetable risotto, green asparagus, confits vegetables ... 28.00€

Sample Prices

•Gamay Red ... 30.00€
•Provence Rose ... 29.00€
•Apremont White ... 30.00€
(Monchu has a super choice of excellent wines)

23





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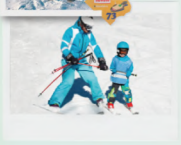

Chez Vous

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L'Adray Télébar

Reservations: 04 79 08 60 26

Lunch: *12.00 – 15.30* ***Rough Guide:*** *40 € - 50 € p.p. (inc wine)*
Plat Du Jour From: *24 €* ***Child Menu's From:*** *13 €*

This is a truly outstanding & upmarket, family run hotel restaurant. It is **VERY** popular, with a beautiful sun terrace & traditional interior with log fire. The food and service here is first class. You must try their famous **Escalope de Veau**. This is a very old family recipe with a delicious wild mushroom sauce. The A La Carte menu is extensive & desserts are fabulous too. The wine list should suit everyone. I am 100% sure you will love this restaurant. Find it at the start of the Adret chair lift, Rond Point. Ski right to the terrace, or you can walk carefully across the piste from Le Plateau bus stop.

Advance reservations are essential here.



Cookies Club (Downstairs)
Fast service for keen skiers.

11:00 - 15:30

Soup of the day 13.00 €

Burgers from 20.00 €

Pasta dishes from 19.00 €



MENU SAMPLES FROM 2026 SEASON.

(Expect some small changes for 2027)
FIND THE FULL 2027 MENU ON PAGE 3

Starter of the day: 14€
Soup of the day: 17€
Boar & foi gras terrine: 19€
Fried reblochon nems apple and walnuts: 17€

Sample Specialties

Telebar veal with mushrooms cream sauce: 34€
Fish of the day: 31€
Savoyard, sausage and crozet: 26€
Gratinee reblochon with crozets and bacon: 25€

Main Courses Samples

Special dish of the day: 24€
Grilled lamb chops with herbs: 30€
Sirloin steak with a red hot pepper sauce: 31€
Beef fillet with mushrooms: 39€

Egg Dishes

Sunnyside up with ham and cheese and salad: 16€
Ham and cheese, omelette with salad, mushrooms, omelette with salad: 20€

Children's Dishes

Pasta of the day: 13€
Lamb chops: 16€
Sirloin, steak: 14€
Veal scallop with cream sauce: 17€
Omelette of your choice: 13€

Sample Desserts

Dessert of the day: 9€
Blueberry tart: 10€
Vanilla crème brûlée: 9€
Chilled nugget, red fruits sauce: 10€
Chocolate cake: 12€

Sample Wines

Mondeuse Arbin (red): 37€
Crozes Hermitage (red): 36€
Apremont (white): 29€
Chablis (white): 55€
Chignon Bergeron (white): 35€
Provence Rose from: 33€





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le clos bernard

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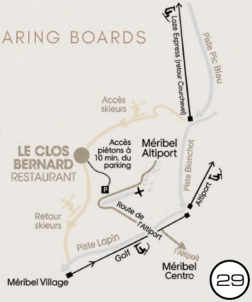

Route de l'Altiport 73550 Méribel
+33 (0)4 79 00 00 07
www.closbernard.com
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Côte Brune
(Mottaret Centre)

Reservations : 04 79 00 40 97
Open For Lunch : 11:30 – 18:00 & Dinner : 18:30 – 21:30
Rough Guide For Lunch : 25.00 € – 40.00 € p.p.

The Côte Brune restaurant, situated right in the centre of Mottaret, is an extremely convenient place to meet friends and family for lunch. Open from 9am for coffees etc, this establishment has been in the hands of Fabienne and David DOUCHEZ since 2008/9 season. It has a varied lunch menu plus a large wine list to suit most tastes. I highly recommend the "hot rocks" where you cook your own meats on the table. A lovely meal here! Be sure to reserve your table well in advance if possible. The Côte Brune often gets extremely busy during lunch time. In the evenings here you will find a warm & intimate & relaxed atmosphere. A perfect venue for dinner & just 2 minutes walk from the Tourist office bus stop if you come up from Méribel. Please note: all dishes here are homemade on the premises.



A FEW LUNCH MENU SAMPLES FROM 2026

(Find the full 2027 menu on our website www.restaurant-cotebrune.fr)

Child Menu (2 Courses): 15.00 €

Onion soup ..... 17.00 €
Salade côte brune ..... 23.50 €
Fondue morilles et cèpes ..... 35.00 €
Fondue bourguignonne .. 34.00 € p.p.
Hot rocks - 250gr. with beef, sauces & french fries ..... 32.00 € p.p. (2 minimum)
Black angus steak burger, onions, pickles, cheddar, tomatoes ... 26.50 €

Pizzas From 16.50 €

Wine Samples: 75cl.
From around 30.00 € upwards.

Mondeuse (red) ..... 35.00 €
Crozes Hermitage (red) ..... 47.00 €
Apremont (white) ..... 31.00 €
Chablis (white) ..... 47.00 €



LUNCH: 12:00 - 14:30

RESERVATIONS: +33 (0)4 79 00 41 51



Le Rastro Bar-Restaurant is legendary in MÉRIBEL. It was opened way back in 1985 by Sonja and Ralph Lau. Their 3 sons have all become famous Telemark champions!

Le Rastro is now operated by the oldest son Chris and his wife Rachi. Over the past few years, it has transformed. It now serves great food at very reasonable prices, for both lunch and dinner. For lunch my choice is usally the plat du jour, which changes daily. It has a wonderful sun terrace and if the weather is bad, a warm, very comfortable interior.

Le Rastro has a great reputation so I advise you to book a table in advance. The full menu can be found on page 3. I can highly recommend Le Rastro for an enjoyable lunch in Mottaret!

Find **Le Rastro** in the Chatelet area, opposite Platieres lift station. The bus from Méribel actually stops at Chatelet, just a 2 min walk away so easy for non-skiers to get here too.

Visit Le Rastro:
www.lerastro.com

La Sittelle

Mottaret (Just below the Chatelet Chair)





Lunch: 12.00 - 15.00
Restaurant Rough Guide: 30€ - 40€ p.p. with wine
Reservations: 06 15 24 81 34

Sittelle has 2 catering sections. The main sun terrace & interior with log fire. This has full waiter service. Then below the main deck is the fast food takeaway bar.

The fast food takeaway bar is a perfect solution for keen skiers in a hurry or those who just want some simple but tasty food at a reasonable price.



FAST FOOD TAKEAWAY BAR (Burgers, Pastas, Soups, Hot-Dogs) OPEN 11.00 - 16.00

La Sittelle



Menu Samples From 2026

(Expect a few small changes for 2027) FIND THE FULL 2027 MENU ON PAGE 3

Soups & Salads

*Soup of the day: €14
*Seasonal poke bowl with a mix of spices, chickpeas, herbal lentils, marinated carrots, lemon, couscous, and green salad: €22

Some Dishes to Share

*A selection of three Savoyard cheeses: €15
*A selection of local Savoyard cured meats: €15
*A mixture of local local cured meats and a cheese platter: €25

Steak Burgers (180 gr French Top Quality Meat)

*Le classic Burger (tomatoe home made sauce & onions): €26
*Le Montagnard burger (classic + bacon): €28
*Le Savoyard burger (classic + cheese): €28
*Le R & B burger (homemade oignon & tomato sauce, cheese & bacon): €31

Our Regular Must Have Dishes!

*Vegetarian Linguine, tomaoe sauce, fine herbs & mushrooms: €24
*Homemade baked lasagna served with salad: €26
*Diced chicken filet, mushroom, carrot, peas & creamy sauce: €29

Local Specialities

*Local buckwheat pasta mixed with mushroom and grated cheese: €26
*Local diots (pork sausages) cooked in white wine and onions served with local pasta: €28
*Tartiflette (potatoes, bacon, and local cheese, plus green salad): €25
*Melted cheese served with potatoes, cured ham and green salad: €31

Omelettes

*3 cheese omelette: €21
*Cheese and bacon omelette: €25
*Cheese and mushroom omelette: €25
*Cheese, bacon, caramelised, onions, and mushroom omelette: €27

Desserts

*Homemade chocolate mousse: €9
*Blueberry pie: €9 *Rasberry pie: €9
*Cafe gourmand: €12

Wine Samples

*House wines (75cl)
*White / Red / Rose: €19 *Gamay (red): €26
*Mondeuse (red): €32 *Vacqueyras (red): €34
*Chignin Bergeron (white): €35
*Apremont (white): €26





La BrizOlée

Reservations: +33(0) 4 79 00 46 70

Open Times: 9am - 11pm / **Lunch:** 11.30am - 3pm / **Dinner:** 6.30pm - 11pm

La Brizolee is a new addition to our magazine this season.
It has long been popular in Mottaret and is located in the Chatelet area near the base of the Plattieres gondola station. It has a lovely large ski-in/ski-out sun terrace and a beautiful warm interior for those cold winter days.
You can also easily reach La Brizolee by bus from Méribel. Just get off at the Chatelet bus stop, and it is a 1-minute walk to the restaurant.
Perfect for non-skiers to join their friends or family in Mottaret for lunch.
I have included some dishes from last season, so there may be a few small changes for 2027. However, you can find the full 2027 menu on page 3 of this magazine.
The menu also includes my favourite, the "Pierre Chaude".
This is a tabletop hot rock, where you cook your meats yourselves so it's always perfect, whether you prefer rare, rosé, or well done!

MENU SAMPLES
(From 2026 Season)

STARTERS:
Onion Soup: 16€
Local Terrine, with Grilled Bread: 14€
Snails (12) with Butter: 21€

MAIN COURSES:
Risotto with Vegetables: 24€
Fish & Chips: 26€
Cheeseburger: 26€
(Raclette Cheese & Homemade Sauce)
Pork Ribs: 28€
(with BBQ Sauce & Fries)

SPECIALTIES:
Pierre Chaude: 33€ (Beef & Duck, Salad and Fries)
Raclette Cheese: 25€ Cheese Fondue: 25€

PIZZAS:
A choice of 10 of your favourites from: 17€

DESSERTS:
A lovely choice of patisseries & ice creams from 10€

WINES. (75 CL)
Apremont (white): 34€
Chignin Bergeron (white): 46€
Gamnay (red): 34€ Mondeuse (red): 39€
Côte du Rhône (red): 36€ Crozet Hermitage: 47€
St Joseph: 47€ Beaujolais (red): 39€

Chalet Tonia Mottaret

(Opps Base - Roc De Tougne Chairlift)

On the Tougnete side of the valley, in Mottaret & just below Bartavelle the famous black mogul field, is the lovely Chalet Tonia. I actually had lunch the day it opened way back in about 1986! It is a lovely mountain chalet restaurant with a beautiful sun terrace, warm comfortable interior (which also boasts a small charming boutique). For mogul lovers this is a perfect lunch stop or morning coffee break while mastering the best mogul field in the 3 valleys! Back in the early 90's it was also the venue for the famous "Cocktail Shaker", a bumps competition held at the end of every season.The lovely red run here is Julie, named after our very popular past local champion, Julie Pomagelski. RIP Julie.
Try to reserve in advance as Chalet Tonia is **VERY** popular.



So here a few samples below from their 2026 Menu.
(Expect some small changes for 2027 season)
The full new season menu can be found on links on page 3 of this magazine.
Or on their web site: www.tonia.fr.

Childen's Menu: 16.00€
Sample Starters: Garlic Bread: 12.00€
Terrine, Green Salad & Bread: 16.00€

Sample Main Courses:
Pot au feu *(a hot beef French stew)*: 31.00€
Tarte Flambee *(vegetarian pie with pumpkin, goat's cheese & mushrooms)*: 26.00€
Burger Tonia *(beef burger, cheese, bacon, fries, green salad)*: 31.00€
Entrecôte Montbelliarde (300g)*(Grilled rib steak, pepper sauce, fries & green salad)*: 36.00€

Desserts From 12.00€
Wine Samples: 75cl:
Côte Du Rhones *(red)*: From 28.00€
Mondeuse Arbin *(red)*: 35.00€
Provence *(rose)*: 34.00€
Chignin Bergeron *(white)*: 35.00€



Reservations: Tel 04 79 00 45 11

Day 2 - Courchevel 1850/1550/1300

La Tania/Méribel



Saulire Summit - Courchevel 1850

9am: Chaudanne. **Saulire Express** – to mid station only. **Altiport** to Loze chair. Head towards Courchevel on **Col Du Loze** then drop off left on the **black Dou des Lanches** or continue to **Lanches**. After take **Folyeres** all the way down to La Tania. A real fun rollercoaster in the early mornings. ***(Note: Gets Icy later)*** Take La Tania gondola - Then **L'Eclipse**, the famous men's downhill run, then **Murettes**, a really nice run through the forest to Le Praz old village.

La Praz gondola back to 1850 & then ski down to the **Plantree chairlift**.

A nice cruise down **Loze** to 1850 centre. Go under the bridge then hang right to **reach Provères** down to 1550, now known as Courchevel Village. Do check out "**L'Oeil De Boeuf**" while you are here! A fabulous little high quality steak house with all beef cooked on an open fire. Find it at the bottom of the piste in right front of you.

Catch **Tovets gondola** back to 1850 – **Verdons gondola** – **Saulire cable car**.

Combe Saulire or **Grand Couloir** – your choice. **Grand Couloir** is infamous! It develops some big moguls sometimes! Also has a hairy narrow ridge to get to it too. Not for the faint hearted. Back at mid station maybe start thinking of lunch for 12.00. Decide which suits you best. **1928**, high quality, top of la Loze chair. Or **Ski Lodge Pub**, cheap and cheerful in La Tania. Choice is yours.

1pm +: Back to Méribel via **Col de Loze** & **the Boulevard Loze** if open. Or **Take Pic Noir** a **blue run** but a difficult **red in my opinion**.. Can get **VERY icy & worn** in places. Catch Altiport chair then ski usual routes back down to chaudanne past Rond Point.

Catch the **Legends** chairlift. Then ski **La Face** (a black but not too extreme)
or **Grand duc – Gelinotte** down to Chaudanne again.

After lunch the bottom section **blues** will almost certainly be a bit worn and icy early season so take note.

Catch **Saulire express** back up to the top. It will be very busy here so ski round to the Méribel side – ski **Biche** and others in this area. Or for apres ski pop to the **Folie Deuce** 3pm – 5pm again and then on to **LDV Méribel Village** or **Rond Point** & **Jacks** All kick off about 4 – 5pm.

Please feel free to give feed back to **rob-smart@meribel-unplugged.co.uk**.

PUB LE SKI LODGE

La Tania, Courchevel
Depuis 1993

Reservations: *04 79 08 81 49*
Early Breakfast Wraps Baps:
08.30 - 11.30
Lunch: *12:00 - 14:30*
Plat Du Jour: *17.50 €*
Rough Guide: *20.00 € - 30.00 € p.p.*

Be sure to visit the "Pub Le Ski Lodge".
It's fun, famous and a perfect place for a great inexpensive pub lunch, whatever the weather (heated terrace). Famous burgers, cod & chips, great steaks, & loads more. (All prices from 2026).
Find new 2027 menu on Page 3. Or *www.publeskilodge.com*
Find us at the end of the blue Folyères piste, La Tania,
Look for Pub Le Ski Lodge Sun Terrace.





Menu Samples From 2026

(Expect just a few changes for 2027) See the full 2027 Menu on page 3.

MAIN COURSES:

Plat Du Jour: 17.50 € **Child Menu (11 yrs): 12.00 €**

Gourmet Burgeers (Choice of 10) from 17.90 €

Lasagna: 19.00 €
(Butternut & spinach, lasagna & parmesan cheese sauce)

Fish & Chips: 19.50 €
(Homeade beer battered cod with chips, mushy peas, tartare sauce)

Tandoori Chicken: 19.50 €
(Strips of corn fed chicken breast in a rich tandoori sauce & rice)

Veggi Chili Riz: 19.00 €
(Spicy 2 bean & vegetable chilli, cream fraiche, tortilla chips, rice)

Rib Eye Steak (Matured) 250g: 24.50 €
(Fries, onion rings, salad, pepper sauce)

Kangeroo Steak: 21.00 €
(Fries, peppercorn sauce, salad)

WINE SAMPLES

Apremont (white): 23.00 € **Gamay (red): 23.00 €**
Cote du Rhone (red): 24.00 €

Day 3 - Courchevel 1650







9am: Chaudanne – Take the Saulire Gondola express to the top.

Route 1: **Creux** to half way, then hang a left on to **Lac Creux**. After 100m find **Marmottes**. If this has been groomed it is a super run down to Chanrossa. Wait for Chanrossa chair to open (9.40am). It is worth the short wait to make first tracks. At top = **Roc Merlot** then **Pyramide**. Now follows a fabulous relaxing cruise to the Bel Air restaurant. It should be nearly 10am. Take a hot chocolate on their fabulous sunny terrace. This is also a great spot for lunch on the mountain. Advance reservations essential here. Just before you arrive at Bel Air is the Indian camp. Great for the kids. It used to be located on the run of the same name **(Indians)** but has now moved.

Route 2: If Marmottes has not been nicely groomed continue on to the Altiport. A beautiful quiet piste at 9.30am! In the sun too. Hang right 100m past the **Altiport** runway on **Prameruel**; ski through the trees down to Roc Mugnier chairlift. At the top drop left down to the Pyramid twin draglift. (Note: they run at different speeds!)

Now you have a superb choice of **reds** and **blues** in 1650. They are all good to go for except **Roc Mugnier**. This one is never pleasant. Often icy, even early morning. Avoid it unless you enjoy icy worn pistes.

12pm: For lunch choose Bel Air sun terrace or ski down to 1650 centre. Through the gap by Portetta hotel find Petite Savoyard 50 yards to your right.. Lovely place - lovely people. They have great reviews on Trip Advisor by the way. There are several ways back. All take a fair while so I suggest you leave the 1650 area about 3pm latest.

Route 1: Ariondaz Gondola – Signal Chairlift – Pyramide double draglift – Roc Merlet chair. Ski **Chanrossa** or **Jean Pachod**. Neither are too extreme. Catch Marmottes chairlift then follow the sign for Méribel **(red)**. **Chamois** or **Biche** will both lead you to the Folie Douce by the mid station of Saulire express. Have yourself a party or just play around in this area till 5pm. Then be sure to head for either LDV at Méribel Village or the Rond Point & Jacks for live music. The Ronny is world famous, LDV is a secret gem for locals in the know, & Jacks opened in 2020 at Chaudanne.

Route 2: **(Easier).** Ariondaz gondola then Pte Bosse draglift. Ski **Gravelles** to the Aiguille Du Fruit chair. Ski down **Altiport** to Suisses chair then same route to Méribel as from Marmottes chair previously.

Le Petit Savoyard





Courchevel 1650 centre

(2 minutes stroll from the piste)

Tel: **04 79 08 27 44**

Lunch: **12.00 - 14.00**

Rough Guide:

35.00 € - 50.00 € inc wine

Plat Du Jour:

varies from around 18.00 €

Child Menu (2 courses): **21.00 €**

Menu Samples From 2026 Season

(FIND THE FULL 2027 MENU ON PAGE 3)

Starters

***Soft boiled egg, creamy butternut & leeks, chanterelles and toasted hazelnuts ..... 21.50 €**

***Snails with parsley, garlic, butter, flambeed with alpes pastis ..... 21.00 €**

Main Courses

***Choice of pizzas ..... from 17.00 €**

***Butchers cut steak, sauteed baby potatoes, garden peas ..... 34.00 €**

***Fish of the day, butter roasted, celerlac crean, garden peas, glazed carrots ..... 32.00 €**

Wine Samples (75 cl)

Côte Du Rhone (red) ..... 35.00 €
Apremont (white) ..... 35.00 €
Provence (rose) ..... 35.00 €

This is an excellent, charming little restaurant. Just take a short stroll from the crowded piste and you are sure of great food and a very warm welcome. There is no sun terrace but it has a beautiful rustic interior (inc top-class toilets!) We usually choose the plat du jour & with a bottle of our favorite Cote Du Rhone wine expect to pay about €35pp - €50pp inc wine. The owners Pascal & Babette have retired but their established regular friendly staff are still here serving you with a smile. A lovely little special place for lunch. Find it 100m to the right of the Ariondaz bubble through the gap by the Portetta Hotel. Cross the street at 45 degrees to your right and there it is, tucked in the corner. I promise you will love it here. Reservations are strongly advised.

Le bel-Air

Courchevel 1650 | Tel: 04 79 08 00 93
Lunch: 12.00 - 15.00





The Bel-Air is extremely highly regarded. It has a reputation for excellent food, fast & friendly service accompanied by very fair prices. This restaurant has a fabulous south-facing terrace plus a warm, inviting interior with a blazing log fire in cold weather. Our personal recommendations here are the excellent daily plat du jour (35 €) or the succulent BBQ lamb chops. Both include a simple but tasty green salad as a starter. The menu also includes a varied list of wines which will suit most diners. For lunch on a mountain terrace in Courchevel 1650, the Bel Air just cannot be beaten. It is located adjacent to the summit of the Ariondaz gondola arriving from 1650 centre.

VERY early reservations are very strongly advised, especially for the terrace!

MENU SAMPLES FOR 2027 SEASON

FIND THE FULL 2027 MENU ON PAGE 3.

DISH OF THE DAY 39.00 € (Includes Bel Air Salad)
CHILD MENU (Up to 12 years) 25.00 € (Minced Beef with French Fries & Ice Cream)

SAMPLE STARTERS

Bel Air Salad (Lettuce, Walnuts, Cheese, Vinaigrette Sauce): 15.00 €
Home-made Pâté: 21.00 €
Beef Carpaccio (Strips of Beef, Lemon, Parmesan): 27.00 €
Assorted Cold Cuts (Ham, Saucisson, Pâté): 29.00 €
Mixed Plate (Burrata, Bresaola, Tomatoes, Rocket): 31.00 €
Snails (6) (Home-made Snail's Butter): 17.00 €

BEL AIR GRILLS (Includes Bel Air Salad, & Chips or Delicious Gratin Potatoes)

Beef Tenderloin with Mushroom Sauce: 44.00 €
Sirloin: 37.00 € **Sirloin with Shallot Saucee:** 39.00 €
Lamb Chops (3): 39.00 € **Flank Steak with Shallot Sauce:** 37.00 €



Le bel-Air

SAMPLE BEL AIR SPECIALITIES:

1/4 of a roasted farm chicken with tarragon sauce (served with french fries): 34.00 €
Tartar steak with french fries (prepared or not): 34.00 €
Tartiflette (potato, bacon, reblochon) **preceded by a Bel Air salad:** 34.00 €
Knuckle of lamb confit, wrapped in thyme (served with a gratin dauphinois - preceded by a Bel Air salad): 41.00 €
Savoy omelette (eggs, diced bacon, onions, leeks, potatoes): 29.00 €
Gambas "à la Provençale" with a Bel Air as a starter: 45.00 €
Vegetarian plate (ravioles, provençal tomato, lentils, ratatouille, tomatoes, rice): 31.00 €
Ravioles with roquefort cheese sauce: 29.00 €
Ravioles with salmon sauce: 29.00 €

BEL AIR DESSERTS FROM 14.00 €

SAMPLES FROM THE 2027 BEL AIR WINE CELLAR

House wines 75 CL
Red: Bel Air Vintage "table wine" (75 cl): 24.00 €

Côtes-du-Rhône
Red: Vinsobres (75 cl): 38.00 €
Red: Gigondas: 61.00 €

Vins de Savoie (White and Red)
White: Roussette: 40.00 €
White: Chignin: 34.00 €
White: Chignin Bergeron: 47.00 €
Red: Gamay: 34.00 €
Red: Mondeuse: 40.00 €

Rosés: Provence and Savoie
Rosé de Savoie Gamay (75 cl): 34.00 €
Provence Teres: 34.00 €
Provence Minuty "M": 47.00 €

Bordeaux (Red)
Château Bel Air - Graves de Vayres: 47.00 €
Château Fleur de Jean Gue Lalande de Pomerol (75cl): 73.00 €

Prosecco (sparkling wine): 42.00 €

Champagne
Pol Roger Brut (75 cl): 93.00 €

Day 4 - St Martin De Belleville


St Martin de Belleville Old Village

Chaudanne. 9am.
Take the fast **"Legends"** heated chairlift then **Tougnete 2 chairlift**.

This is an easy relaxed day of skiing skiing. No nasty surprises today!
1st run of the day is **Pramint**. Normally nicely groomed. Also be sure do this one if it snows overnight. They groom it early during the night so you can often find soft fresh new powder on a smooth prepared piste. Heaven!

St Martin 2 Chair. Catch this chair. Now ski **Crêtes**, past **Maya Altitude** restaurant. Then **Jerusalem**. **Jerusalem** is now also a **blue** in places. It can be a really lovely run in the mornings. Take a cruise all the way down to St Martin in case you fancy lunch later in the village. Turn sharp right after the tunnel for the lovely old village.

Here is a slow beginner draglift – Back up to the new village of St Martin. A pleasant stop for a coffee (with real coffee beans!) is **La Dahlia** opposite the Gondola. Very friendly Dutch / English family owned pub/restaurant, with some super veggie choices on the lunch menu.

Next take **St Martin 1 Gondola** & **St Martin 2 Chair**. Turn right to **Gross Tougne**. At Grand Lac restaurant take Grange chair. Ski **Grand Lac** one of the nicest runs in the 3 valleys. At the bottom catch Teppes (an old VERY steep & fast Draglift). Hang on tight. It lifts you off the ground! Then ski **Teppes** back down again to the bottom. Now you are near to an early lunch. Decide! St Martin mid station. My choices here are **L'Eski** opps the chairlift. Or **Le Refuge Le Trait D'Union** just below the mid station. (Worth finding !) In St Martin old village, **La Voute** (superb value) or St Martin new village **Le Dahlia** (simple pub grub) The choice is all yours. Each one is well worth a visit. Read my reviews for an idea of cost and menus.

1.30 pm: Off to **Les Crêtes piste** at the top of St Martin 2 chair.

Opposite the Maya Altitude restaurant ski both **Blaireu** and **Faon** down to mid station Tougnete. They are quite similar runs and both tend to have good snow in the afternoons and usually not too busy.

After doing both these 2 head down via **Perdrix** (Mottaret), below Tougnete mid station and **Combe Laitelet** which drops on to the **Truite** to Chaudanne.

Catch **Saulire Express** to the top. It will usually be very busy on the piste for the first 200 meters but after that fairly quiet on the Méribel only section of the Saulire mountain. At the top it is start of the route down for both Méribel and Mottaret. Choose Méribel! Mottaret route is very busy with other 3 valleys skiers heading home.

3pm: Time to plan more après ski or just stay skiing in the sun (hopefully) on the Saulire Mountain
Always keep off the main 3 Valley through routes after 3pm. Often very busy!
That especially means Mottaret centre & Chaudanne.

La Voute

TEL: 04 79 08 91 48
Lunch: *12.00 - 15.00*
Rough Guide For Lunch:
30.00 € - 50.00 € p.p.inc wine







A truly fabulous restaurant in the ancient village square right opposite the church. Just a short stroll across the road from the base of the old draglift. La Voute is renowned for both quality and really exceptional value. Their excellent 2-course lunch menu, Dish of the day + Dessert of the day (from around € 22) is extremely popular and one of the best value lunches in the 3 valleys. We have eaten here for 30+ seasons now and lunch has, without exception, always been a total pleasure. Highly recommended for a super lunch. I promise you will not be disappointed here! Be sure to reserve. All menu samples from 2026 season. Find the full 2027 Men on page 3.

Menu Samples

(Prices from 2026 Season - expect just a few small changes for 2027)

Child's 2 Course Menu ..... 15.00 €
French Onion Soup ..... 14.50 €
Pizza choices (15) ..... from 15,50 €
Rib steak & home made chips . 30,00 €

Delicious Home Made Desserts From 9.50 €.

A Few Wine Samples, 75 CL:



Gamay (red) ..... 29.00 €
Côtes Du Rhone (red) ..... 32.00 €
St Joseph (red) ..... 47.00 €
Gamay (rose) ..... 29.00 €
Chignon Bergeron (white) .... 36.00 €
St Joseph (white) ..... 47.00 €

L'ESKIS

You are most welcome: Open 7 days a week
All day long ~ all season!



Open: 9am - 5pm
Reservations: 04 79 08 95 36

Enjoy a wonderful relaxed morning coffee or lunch on our all-day sun terrace! We pride ourselves on our well known very friendly service. We offer you our popular Savoyard specialties at lunch, plus burgers, grilled meats & salads, etc. (not to mention our delicious homemade desserts). For those skiers in a hurry, our fast snacks cafe (with deck chairs!) offers paninis, soups, nuggets, fries, pancakes, waffles, fruits & drinks. If the weather is bad, then we welcome you to come inside to warm up in comfort.
You can find the full 2027 menu on page 3 of this magazine. Just scan with your phone "mountain restaurants". & then just scroll down for L'ESKIS in St Martin.



Bar & Restaurant Le Dahlia Saint Martin de Belleville

ST MARTIN DE BELLEVILLE
– NEW VILLAGE

Tel: 09 83 69 28 27





Lunch: 11.30 - 15.00

Rough Guide: 25.00 €- 35.00 € p.p.

Child's Menu: 17.90 €

This restaurant is in the new village just across the piste from St Martin 1, the 8-man gondola. Le Dahlia is renowned for great simple pub-style food (great burgers) and an extremely friendly welcome from the young Dutch / English couple & their staff. All the dishes here are excellent value, and I can personally vouch for the "veggie burger" that I eat here every season! Delicious. One of the best in the 3 valleys! This is high-quality pub grub here, with good cold beer, inexpensive house wines, and some great old classics lunchtime music. Highly recommended for an enjoyable pub lunch on a sunny day.

Menu Samples For This 2027 Season.

See the FULL NEW 2027 MENU on page 3

Salade Nicoise: 17.90 €	Bollywood Burger: 22.90 €
Tartiflette: 22.90 €	Red Hot Burger: 22.90 €
Tagliatelle Bolognaise: 19.90 €	Vegetarian Burger: 20.50 €

Wine Samples For 2027 Season

House wines Red, White: 5.50€ a glass, 75cl - 26.00€
Rose: 6.50€ a glass, 75cl - 32.00€

Refuge Le Trait D'union

LUNCH SERVED **THURSDAYS**, **FRIDAYS** & **SATURDAYS**
ONLY THIS SEASON: 12.00 - 14.00
SIMPLE HOME COOKED FOOD IN A UNIQUE SETTING OFF PISTE
LUNCH BY RESERVATION ONLY: TEL +33 (0) 7 70 28 85 77



What a little gem this one is. It opened for the first time in 2018. I love finding places like this. So charming and totally off the beaten track. The set lunch menu here is very simple traditional French family food and NOT expensive. This is a really a super little restaurant, where the mother and daughter also often play their accordions after lunch! A wonderful fun experience! You will find the small signpost on your left about 200m below the mid station of St Martin. Ski very slowly and look carefully for the wooden sign right by the piste. Absolutely essential to reserve. It really is a VERY small & quaint venue. You can also stay overnight! Again reservations essential. It already has some great **5 star** reviews on Trip Advisor. You will fall in love with this place. It's like being invited in to a local family's own mountain cottage!





Day 5 - Les Menuires



NOTE: THIS FULL DAY IS FOR CONFIDENT INTERMEDIATE SKIERS ONLY.

9am: **Chaudanne:** The fast "Legends" heated chairlift – then Tougnete 2 Chairlift.

Gross Tougne to Grange chair to 3 Marches summit.

Ski **Allamands** then take Becca chair – ski **Becca** & **Petits Creux**. Catch Mont de La Chambre chair – Ski **David Douillet** & **Boyes**. As you approach Reberty Village Le Ferme restaurant is on the right. Great place for a coffee stop. Good for lunch later too. Quite inexpensive for the 3 valleys.

Boyes own to Les Menuires Centre. This place is typical 70's high rise! Not pretty. However it has some superb skiing and great value restaurants so well worth the visit. Ski though the gap in the buildings and hang a left down to Pointe De La Mass new VERY fast Gondola up to the very top. Take **Fred Covili** then **Les Enverse** to the bottom.

12pm:
Catch Doron Chair out and choose where to eat. Read reviews of Le Ferme and L'Ours Blanc & Hillary hotel. All excellent and nearby. Call and reserve a table beforehand.

1.30pm:
Roc Des 3 Marches 1 (gondola - 1st class) – Roc Des 3 Marches 2 (chair).

Route 1:
Ski **Mouflon**. Very steep in places & can be extremely busy but the fastest route back if you are a good skier. **(NOT one of my favourites I must admit!)** But worth doing if you are happy with this. Brings you down in to Mottaret. Very busy all the way in to the centre usually. Then take **Truite** to Chaudanne.

Route 2:
Ski **Grand lac** then **Pelozet** to mid station. Take St Martin 2 chair up to Tougnete then ski **Faon** or **Blaireu** down to Tougnete mid station.

Ski **Perdrix** – **Combe Laitelet** – **Truite** to Chaudanne.

3pm:
Time again for Après ski: Folie Douce – LDV – Rond Point – Jacks. Tuesdays Le Rastro also usually has live music in Mottaret about 5pm. Choice is all yours.

Reservations: +33 (0)4 79 00 60 57
Lunch: 12.00 - 15.00



I love finding lovely restaurants off the beaten track and this is another one. The Hillary hotel is named after Sir Edward Hillary, the first climber of Mount Everest. His portrait is actually hanging inside the hotel. You'll find the food and service here excellent. It is so nice escaping the crowds for lunch! It has a lovely hidden terrace and very warm and comfortable interior if the weather is bad. You will find the Hillary restaurant under the doron chairlift and in the Montagnard Green beginners area. It is on the left side of the piste as you ski down towards Les Menuires centre.

(Reberty 2000)

Hillary Restaurant

MENU SAMPLES:

(Find the full 2027 menu on page 3 - Mountain restaurants)
Or go to our web site: ***www. hillary-hotel.com***

Daily Specials:
Dish of the day, Pasta of the day, Suggestions of the day.
*** Soup of the day XL** (with cheese and croutons)
*** XL Ham and Cheese Toasted**
*** Steak Burger**
(chopped steak, beaufort cheese, salad, bacon, crispy onions, tomato, pickles, cocktail sauce served with fries)
*** Fish and Chips**
*** The Beef Pot Au Feu**
*** Traditional French Leek and Ham Gratin**
*** The Hillary's**
(melting cheese box, potatoes, cured meat and green salad)
*** Cheese Fondue**
*** Homemade Desserts**
*** Wines**
A wide choice of nice French wines available
+ the Hillary's house wine





Ideally located on the upper slopes of Les Menuires, the Ours Blanc Hotel & Spa is this winter's newest hot spot. In a chic and relaxed atmosphere, the 4-star address offers new high-end services and satisfies every expectation!

At lunchtime, **La Terrasse de l'Ours Blanc** proposes a gourmet cuisine and has an amazing terrace with panoramic view on the mountains. Guests can recharge batteries enjoying the sunshine and savouring tasty dishes made with local and seasonal products before head back out to the slopes!

Information

Open for the 2026/27 Season
7/7 for lunch: 12pm to 2pm

Panoramic terrace
Ski-in ski-out from La Montagnette slope

Home-made cooking
Local & seasonal products

La Terrasse de l'Ours Blanc
Ours Blanc Hotel & Spa**** | Rue des Iris Quartier Reberty 2000 73440 Les Menuires
reservation@hotel-ours-blanc.com | +33 (0)4 79 00 61 66 | hotel-ours-blanc.com

RESTAURANT-PUB
La Ferme de Reberty



Reservations:
04 79 00 77 01
Lunch: 12.00 - 15.00

Rough Guide p.p. with wine: From 30.00 € - 40.00 €
Child Menu (2 course + drink): 16.00 €
Plat Du Jour: From 20.00 €

Another brilliant & inexpensive choice for lunch on a giant sun terrace, with beautiful mountain views towards Val Thorens. They also have now a new beautiful enclosed terrace for those colder days. The food here is always delicious (The owner is the chef so no excuses!) The plat du jour is always outstanding value as is the kid's menu. Service is very fast and **extremely friendly.** La Ferme is in Reberty Village just below the top of the Doron chairlift (on the **Boyes blue piste**). Reberty itself is located off to the far left of Les Menuires as you make the descent from Méribel.

Menu Samples From 2026

(Expect a few small changes for this season)

Sample Starters

French Onion Soup ..... 14.00 €
Chicken Caesar Salad ..... 14.00 €

Samples of the main courses

Slow Cooked Poultry Supreme, Morel Mushrooms & Mashed potatoes ..... 27.00 €
Lamb Shank with Garlic & Thyme ..... 32.00 €
Crying Tiger Style Marinated Steak Lightly Spiced, Chilli & Coriander .... 30.00 €
Scottish Red Label Salmon Steak .... 26.00 €

Wine Samples. 75cl

Côtes du Rhone (red) ..... 32.00 €
Mondeuse (red) ..... 38.00 €
Crozes Hermitage (red) ..... 40.00 €
Saint Joseph (red) ..... 52.00 €
Apremont (white) ..... 32.00 €
Chignin Bergeron (white) ..... 42.00 €
Côtes de Provence (rose) ..... 34.00 €

Scan page 3 of this magazine for the full 2027 menus or go to: www.lafermedereberty.com

Day 6 - Val Thorens 2300m

(Note: Often very cold!)



SPECIAL WARNING: THIS TRIP IS A LONG TRIP & IS FOR GOOD INTERMEDIATE SKIERS ONLY. ALSO PLEASE ALWAYS SPLIT UP YOUR SKIS WITH A FRIEND WHEN LEAVING THEM UN- ATTENDED. ESPECIALLY IN VT AS A TAXI BACK IS ABOUT 150+ EUROS !!

9am: The fast **"Legends"** heated chairlift & **Tougnete 2** chairlift.

Gross Tougne to **Grange chair**. **Alouette** the new **Côte Brune 10-man gondola. (new in 2025/26 & fast)**

Follow signs to Val Thorens till you reach **Pluviometre** on the right. A long run all the way to just below VT centre. Continue down to **Caron gondola** and then the cable car to the very top at 3200m.

Might be time for a hot chocolate here? Should be about 10.30am and often cold and windy at this elevation.

Be sure to climb up to the large ski compass on left side and take in the fabulous views from all over the Alps.

Col de L'audzin down is the easiest route down even though usually very busy. Then **Gentiane** down to Boismint chair. Ski **Boismint** then **Plan de L'eau**. A great run.

Catch the Chair lift back up. Head for **Cairn Gondola** then catch the **Funitel Peclet** to the other side of the valley.

At the top are 2 super runs down. Choose. The **Tête Ronde** brings you to **Dalles piste**. Usually lovely snow here and not too busy. We no longer recommend a long lunch in Val Thorens and prefer the fast take away at Restaurant **Chalet De Caron** on the **Cairns piste** here or ski down to Les Menuires on Boulevard Cumin, which means a much easier route home.

3pm: Try to leave VT by this time. It is a long trip back (about 8km and 1 hour + skiing).

Route 1: For good confident skiers. **Plein Sud Chairlift** & **3 valleys 2 Chairlift**.

Quickest route home is by **Lac de La Chambre**, but a long run & often very busy. Joins **Campagnol** from Mont Vallon for the run back to Mottaret centre via **Plan Des Mains** chairlift. Then take **Truite** from Mottaret as usual down to Méribel.

Route 2: Easier but a longer route. **Boulevard Cumin** to Les Menuires.

Doron chair – Les Menuires centre – **Roc de 3 Marches 1 Gondola** – **Becca Chair** – **Boulevard de la Becca** – **Grand Lac** – **Pelozet** – **St Martin 2 chair** – **Faon** or **Blaireu** – **Perdrix** – **Combe Laitelet** – **Truite** – Chaudanne.

4.30pm - 5pm: Time for some après ski partying as usual. My choices: **LDV** at Méribel Village, **Rond Point**, or **Jacks** located right here at Chaudanne.

I hope you all had a great week. Feel free to send feedback. Cheers Rob Smart.



Chalet de Caron
VAL THORENS

Open: 09.00 – 17.00
Reservations: +33 (0) 4 79 00 01 71

This is a massive renowned piste side restaurant in Val Thorens, located on the *"Blue Cairn Piste"* very near the *Cime Caron* cable car. 2022 season was the first season for this new friendly family. They previously operated the restaurant Au Chaudron at St Martin De Belleville mid station in 2020 season. This one is a self-service restaurant with fast service & very reasonable prices for VT. Perfect for a quick turnaround lunch for those keen skiers in a hurry.

This restaurant has a fantastic sun terrace, and a fast take away bar for those in a hurry. It is mainly self service but they may introduce a limited waiter service section for 2027. This is a family-run restaurant and serves lovely food at reasonable prices in a nice relaxed atmosphere. Scan the new 2027 menu with your phone on page 3. Don't stay too long as it is a long trip back to Méribel ! You can drop down to Les Menuires easy from this restaurant for an easy route home on less busy pistes.

RESTAURANTS DINNER

Méribel Unplugged "Good Food Guide"



WHERE TO GO FOR DINNER?

In the following pages you will find restaurants to suit all tastes and all pockets.

We visit all of the restaurants featured each winter. As we are not loaded you will find these reviews especially helpful if you are on a tight budget. Our reviews are completely independent, and based on last year's experiences.

Do reserve well in advance. These are definitely the best value restaurants in Méribel and quickly become fully booked, especially on the chalet staff nights off (Tues-Wed-Thurs) & French holidays (New Year & Feb).

Please take our strong advice & do as the French always do. Reserve the moment you arrive. Every year we see new visitors to Méribel, wandering around on cold winter evenings, desperately looking for a free restaurant table.

HOW MUCH WILL IT COST?

Our rough guide to the cost of an evening out for two is based on one simple main meal each and sharing a bottle of house wine. Your own bill could occasionally be less or indeed a great deal more. A full 3-course meal with a high quality wine could be more than double our rough guide. However, rest assured. All the restaurants featured here serve good food so you should have a very enjoyable evening, whatever the cost.

A USEFUL TIP

If you do find that your choice of a Méribel restaurant is completely full, which happens often on chalet staff's night off, then do check out the very best out of town restaurants that we recommend at Méribel Village, Mottaret & Les Allues. It is just a few minutes free bus ride from the town centre to any of them and then only a couple of minutes walk. So easy, and you will not regret your decision. (But always reserve!)



Le Refuge is a lovely restaurant located right in the town centre, just a few minutes stroll down towards Chaudanne, from the town square and the escalatoe to the piste by the Auditorium. (the old Tourist Offcie)

It is traditional French in style and was actually one of the first ever restaurants in Méribel, opening way back in the 70's.

The restaurant menu contains many French & local Savoyard favourites and the large pizza oven churns out all of your favourite pizzas. The full 2027 menu can be found by scanning page 3 of this magazine.

Le Refuge also now serves ***BRUNCH 8:00 till 15:00***, with a few samples on the next page. It is a lovely warm & comfortable venue for an early morning hot breakfast! Plus it's just a short stroll back to the escalator which takes you direct on to the Doron ski run down to Chaudanne.



TRADITIONAL
SAVOYARD RESTAURANT
& PIZZERIA

Le Refuge

100% Home Made
100% Fresh Products

FULL RESTAURANT MENU
INCLUDING FONDUES
& STEAKS & PIZZAS





LE REFUGE RESTAURANT MÉRIBEL TOWN CENTRE

Open For Brunch 08.00 - 15.00 / Open For Dinner 18.00 - 22.00

RESERVATIONS: TEL +33 (0) 4 79 08 61 97

A few samples from 2026 winter season.
(expect a few changes for 2027)
FIND THE FULL 2027 MENU ON PAGE 3.

Menu Samples from 2026

Brunch Samples:

- Pancakes, Omelettes, Egg Dishes, Smoked Salmon, Croque Monseur.

Dinner Samples:

Child Menu (2 Courses) 23,00 € **Choice of Pizzas (17) from 18.00 €**

Sample Starters:

- French Onion Soup Bread & Cheese: 17.00 €
- Raviole Open: Lobster Medallion & Its Bisque: 24.00 €

Sample Main Courses:

- The "R" Burger - Beef chuck, smoked bacon and Brézin (Smocked raclette), french fries: 29,00 €
- Rack of lamb in a herb crust, with rosemary jus and garnishes: 43,00 €
- Beef fillet, foie gras escalope, potato galette, morel sauce: 49,00 €

Cheese Fondues (8) from 27,00 €
Desserts (17) from 11,00 €
Wine Samples:75cl
Apremont (white): 43,00 €
Côte du Rhône (red): 38,00 € Cuvée Belle Côte (rose): 37,00 €

FIND THE FULL REFUGE MENU ON PAGE 3

Chez Vous

RESTAURANT & BAR

MAKE YOURSELF AT HOME,
RIGHT BY THE PISTES

+33479229250

LUNCH / APRÈS-SKI / DINNER
& MORE



DAILY PREPARED MAIN AND DESSERT FOR ONLY 25€
CHOICE OF PIZZAS FROM 17€

A FEW SAMPLES:
Margherita - 17€
Spicy Pepperoni - 19€
À la Truffe truffle ham, cream base - 21€
Capricciosa, artichoke, anchovies, capers, olives - 19€
Savoyard bacon, goats cheese, potato, cream base - 20€
Minute Steak (locally reared Charolais entrecote), potato rosti
& choice of sauce - 30€
Roasted mediterranean veg salad with a rocket & walnut pesto - 24€
Polenta coated halloumi poke bowl with edamame chickpea pickled onions- 21€

EVENING MENU SAMPLE:



STARTERS
Escargots - Classic Burgundy snails, served with garlic butter
6 pieces - 12€ | 12 pieces - 23€
Mackerel pate with toasted crostinis - 16€

MAIN COURSES
Braised Lamb Shank - Slow-cooked in a rich red wine sauce - 40€
Entrecôte Steak
Grilled ribeye (locally reared Charolais) served with your choice of peppercorn or blue cheese sauce - 45€
Cauliflower steak, crispy chickpeas, grilled almonds, yoghurt and lemon dressing , chimichurri dressing - 28€
Fish of the Day & Plat du Jour

SAVOYARD SPECIALTIES
Fondue Savoyarde - Traditional Alpine cheese fondue served with green salad, cornichons, and new potatoes - 32€
Boîte Chaude Savoyarde - Melted cheese served with charcuterie, green salad, cornichons, and new potatoes - 28€



DELICIOUS DESSERTS FROM 11€
A Few Samples:
Homemade tiramisu - 11€
Brownie Sundae warm chocolate brownie with ice cream and toppings - 11€
Blueberry and Frangipane tart- 11€
Sharing Café Gourmand served with a choice of desserts - 22€

IMMEUBLE LES MERISIERS - 1829 ROUTE DU PLATEAU 73550 MÉRIBEL

Le Close-Up

Restaurant & Close-Up Magic Show



This is a really charming town centre 1st floor restaurant just 100m stroll uphill from the Méribel Tourist office. Service was extremely friendly & the food was excellent. Le Close-Up opened for the first time in the 2017/18 season and has attained many 5 star reviews on Trip Advisor.

As a bonus, at the end of the meal François the owner, an extremely talented professional magician, drops by your table with some of his magic tricks. A fascinating and fun way to end the evening.



This is a highly recommended restaurant for an enjoyable dinner. Also at lunch, if dining in town, you can try to win a discount on your meal by solving one of his proposed puzzles. Great for the kids!

To study the full 2027 menu beforehand just visit his web site

www.leclose-up.com

ADVANCE RESERVATION IS HIGHLY RECOMMENDED

www.leclose-up.com **TEL: 04 79 00 74 69**

Miam Miam & Glou Glou

L'ABREUVOIR

· DEPUIS 1958 ·

MÉRIBEL CENTRE

BAR / RESTAURANT

Méribel Centre (Adjacent To The Post Office)

Bar: Open 11.00-01.00 7/7

Restaurant: Open 12.00 - 21.30 7/7

Reservations: +33 (0)4 79 22 81 82

L'Abreuvoir Bar Restaurant is one of the most famous bars in Méribel. In fact I am told it was the very first bar ever in Méribel. IT OPENED IN 1958 ! I remember visiting way back in 1982 ! At that time it was known as the Capricorn Bar. In recent years Davy Paccard transformed it totally. First he turned it in to a very classy champagne & cocktail bar, then more recently added his top quality restaurant kitchen too. I have personally had some extremely lovely lunches here over the past 2 seasons on the charming little sun terrace.

You can find the full food & wine menu on page 3, Just scan Méribel Dinner restaurants. Later in the evenings there is a resident DJ so it's also a great place for pre dinner or after dinner cocktails too. Then you can party till late.















This is a beautiful little family restaurant, busy and bustling in the very centre of Méribel. (100m uphill from tourist office) It has delightful owners and you will love the warm friendly atmosphere. A great venue for an enjoyable evening meal out, for both couples and families. Families will usually prefer the first early meal servings at around 7pm. The 2nd is about 9pm. The menu, being very traditional is in Savoyard style, & includes many of the local favorites. La Galette is an extremely popular restaurant so at peak times you should always reserve your table well in advance.

Menu Samples (From 2026 Season)
(expect some changes for this new season)
Find the full Galette 2027 menu on page 3

•Entrees & Salads (Starters)

- Child Menu
(2 Course - Lunchtime only): 18.90 €
- Goats cheese salad with honey, nuts & tomatoes: 21.70 €
- Escargots (Snails) 12: 23.50 €
- Ham & cheese omelette & salad: 16.70 €

Pierre Chaude Royale (Hot Stone: Beef, Turkey, Onions, Green Salad, 2 Sauces, French Fries): 34.50 €
Tartiflette (Potatoes, Onions, Reblochon, Cheese, Bacon, Fresh Cream, Salad): 25.00 €

•Main Courses: Local Specialites

(2 Persons Minimum. Prices p.p.)
Raclette (Melted Cheese, Potatoes, Onions, Gherkins): 23.50 €
Raclette Royale (Cheese, Potatoes, Onions, Charcuterie, Green Salad, Gherkins): 33.50 €
Fondue Savoyarde Cheese Fondue (Comte, Emmental, Beaufort, Bread): 26.50 €
Fondue Savoyard Royale (Cheese, Charcuterie Plate, Bread, Salad): 31.50 €



Wine Samples
(From 2026 Season)
Saint Emilion (Red) ---------- 35.50 €
St Joseph (Red) ---------- 50.50 €
Apremont (White) ---------- 32.50 €
Provence (Rose) ---------- 32.50 €

la galette



PIZZAS À EMPORTER - *TAKE AWAY* (NON-STOP)

MARGARITA	Tomates, mozza, olives, origan *Tomatoes, mozzarella, olives, oregano*	**12,50€**
PAMPLUNE	Tomates, mozza, jambon, oeuf, origan *Tomatoes, mozzarella, ham, egg, oregano*	**14,50€**
REINE	Tomates, mozza, jambon, champignons *Tomatoes, mozzarella, ham, mushrooms*	**14,50€**
NAPOLITAINE	Tomates, mozza, anchois, câpres, olives, origan *Tomatoes, mozzarella, anchovies, capers, olives, oregano*	**14,50€**
3 VALLÉES	Tomates, mozza, poivrons, champignons, olives, origan, roquette *Tomatoes, mozzarella, peppers, mushrooms, olives, oregano, rocket salad*	**14,50€**
TOSCANE	Tomates, mozza, jambon, ananas, olives *Tomatoes, mozzarella, ham, pineapple, olives*	**15,00€**
4 SAISONS	Tomates, mozza, artichaut, champignons, poivrons, origan, roquette *Tomatoes, mozzarella, artichoke, mushrooms, peppers, olives, oregano, rocket salad*	**16,50€**
TARENTAISE	Tomates, mozza, jambon fumé speck, oeuf, Roquette *Tomatoes, mozzarella, smoked ham speck, egg, rocket salad*	***16,50€***
CALZONE	Tomates, mozza, jambon, champignons, oeuf, crème *Tomatoes, mozzarella, ham, mushrooms, egg, cream*	**16,50€**
CHÈVRE	Crème, mozza, chèvre, miel, noix, roquette *Cream, mozzarella, goat cheese, honey, nuts, rocket salad*	**16,50€**
MEXICAINE	Tomates, mozza, chorizo, merguez, poivrons *Tomatoes, mozzarella, chorizo, merguez, peppers*	**17,00€**
ORIENTALE	Crème, mozza, viande kebab, oignons, salade, sauce burger *Cream, mozza, meat kebab, onions, salad, burger sauce*	**17,00€**
MÉRIBELOISE	Crème, mozza, lardons, pomme de terre, oignons, Reblochon *Cream, mozzarella, bacon, potatoes, onions, Reblochon*	**17,00€**
4 FROMAGES	Tomates, mozza,chèvre, Roquefort, Reblochon *Tomatoes, mozzarella, goat cheese, Roquefort, Reblochon*	**17,00€**
SAUMON	Crème, ciboulette, mozza, saumon, citron *Cream, chives, mozzarella, salmon, lemon*	**19,00€**

LASAGNE 16,50€ / TARTIFLETTE 16,50€ / FRITES 5,50€ / SANDWICHS 7€
SALADE MIXTE 14€ / SALADE CAMPAGNARDE 15€ / SALADE SAVOYARDE 16,00€ / CREPES / GALETTES

RESTAURANT

LA COURSIVE DES ALPES

LOUNGE BAR

OPEN: 12:00 - 01:00
RESERVATIONS TEL:
+33 (0) 4 79 06 44 97





A superb cellar bar with a beautiful restaurant upstairs. La Coursive Des Alpes is quite secluded. Its location is down a short passageway, near La Galette restaurant, just a 100-meter walk uphill from the town square. This lovely restaurant is well worth finding & has attracted some great reviews. Extremely modern and tasteful in design, you will experience a warm and convivial atmosphere the moment you walk through the door. You can check out the full 2027 menu on page 3 but we have included a few samples from 2026 for you.

MENU SAMPLES FROM 2026 SEASON: (Find the new 2027 menu on page 3)

KID'S MENU 22€ (Pasta cooked as risotto, roasted chicken & Brioch bread with homemade hazelnut spread and vanilla ice cream)

SPECIAL VALUE MENUS

ENTRÉE + PLAT or PLAT + DESSERT: 41.00€
ENTRÉE + PLAT + DESSERT: 49.00€
STARTER + MAIN DISH or MAIN DISH + DESSERT: 41.00€
STARTER + MAIN DISH + DESSERT: 49.00€

DISHES TO SHARE

Truffle ham and beaufort cheese bread: 22.00€
Homemade foie gras terrine: 26.00€
Homemade poultry, foie gras and pork pie: 22.00€

STARTER SAMPLES

Chestnuts soup, fregola pasta with Beaufort cheese and candied hazelnuts: 17.00€ or 22.00€
Chicken with mushrooms fricassée, moerls emulsion: 18.00€
Marinated red label salmon as gravlax' style, vegetables pickles: 26.00€

MAIN COURSE SAMPLES

Classico: pizza margarita, tomato, mozzarella, fior de latte, basilic: 19.00€
Caesar salad: with roast chicken, bacon & parmesan cheese: 24.00€
Octopus grilled, fregola pasta risotto, grilled broccoli: 39.00€
Confit beef: (7 hours) with roasted foie gras, mashed potatoes, roasted parsnip: 38.00€
Prime rib of Beef for 2 people + homemade french fries: 99.00€

WINES

La Coursive Des Alpes has a super wine list consisting of all the favourite regional French and local Savoyard wines: including a great selection of red, white or rose wines.

See the 2027 menu on page 3 for more details.

DESSERTS

Home-made desserts: 14.00€

Aux Petits Oignons (MÉRIBEL 1600)



Reservations: 04 79 08 64 62

Restaurant Open Hours:
Lunch: 12.00 - 14.00 (Closed Sundays)
Dinner: 19.00 - 22.00 (Closed Sundays)

Bar Drinks & Snacks all day from 11.00 (Closed Sundays)

This is a lovely warm and friendly bar restaurant located at MÉRIBEL 1600. The free Meribus stops right outside. Easy to get here even If you're in another part of Méribel. We have been eating here for many many years (SINCE 2007 !) and never been disappointed. Sarah and her team here are most charming hosts. The dinner menu changed last season and is very popular with both tourists and locals. The 3 course simple lunches are outstanding value. Many popular French dishes are on the 2027 menu which you can find on page 3. Plus there will be occasional live music in the evening too.





2027 full food & wine menu on page 3 of this magazine or go to their own website http://restaurantoignonsmeribel.com/ You will find Aux Petits Oignons excellent value and is easy to reach by bus in about 5 minutes only, from the town centre. Advance reservations advised.



Lilie Restaurant
Bistro - Rond Point - Méribel

RESERVATIONS: +33 (0) 4 79 00 31 29 **Open: 09:30 - 23:00**
Lunch Served: 12:00 - 15:00 **Dinner Served: 19:00 - 22:00**
Rough Guide: 50€ - 70€ p.p. **Child Menu (2026): 16€** (up to 10 years of age)

The owner and the chef here is Sylvain Chardonnay who used to have the Bistro De L'Oree restaurant before the new redevelopment. The Lilie restaurant is named after Sylvain's grandmother who greeted her first guests in Méribel in 1964! It is located near the piste at the the rond point. I had the pleasure to visit for the first time last season and had a truly wonderful meal. Everything in this restaurant is high-quality and is well worth discovering for yourself. They also serve all the dishes as a takeaway option which is very unique giving a 20% discount. You might find a few charming punctuation mistakes on the menu! Sylvain has a great sense of humour and leaves the mistakes on deliberately!
We have listed a few items off the menu from last winter season 2026, but you can find the new 2027 full menu on page 3 of my magazine or you can go direct to the restaurant website.

All Samples & Prices From 2026 Season. **(Expect some small changes for 2027)**

Sample Light Bites & Starters

- Crispy prawns, herb, sauces .. 12.00€
- Zucchini flower in tempura, cocktail sauce .. 12.00€
- Sea bass and blufin tuna crudo, strawberries & advocado .. 17.00€

Main Course Samples

- Aberdeen Angus PGI Flank steak with sweetcorn & pepper relish, chimichurri sauce, baby potatoes, lemon, vegetable ... 28.50€
- Pan seared octopus, tomato sauce with chorizo, salsa sauce, baby potatoes with lemon & summer vegetables ... 29.00€
- "Lillie Bowl" marinated lean meat, vinegared rice, avocados, mangoes, tomatoes, romaine lettuce, cucumbers, onions, health seeds, spring onions, and cilantro ... 25.00€

Savoyarde Specialities (2 Persons)

- **Fondue Savoyarde** Fondue Savoyarde 'Classique' and mesclun salad ... 26.00€
- **Raclette de Savoie** Raclette de Savoie with 'raw milk', baby potatoes, selected 'Lilie' cold cuts and salad mesclun ... 29.00€

Wines • Lilie has the most fabulous wine list from all the famous regions of France.

www.lilie-meribel.com







Open For Dinner: 18:30 – 21:30
Reservations: 04 79 00 40 97

Côte Brune

The **Côte Brune** *in Mottaret centre, just opposite the tourist office is a warm & intimate venue for dinner. (Only 5 minutes from Méribel on the free Mottaret Meribus & 2 minutes stroll from the Tourist Office bus stop) The atmosphere is very relaxed in true Savoyard style. In addition to the extensive A La Carte menu* **Côte Brune** *has an excellent choice of local and world wines. Be sure to try to reserve in advance as in high season this charming restaurant gets extremely busy.*

All Menu Samples Are From 2026 Season
(expect some minor changes for 2027 season)

Dinner Menu Samples (2026)

* *Nems au reblochons ... 22.50€*
* *Salade côte brune ... 23.50€*
* *Fondue morilles et cèpes ... 35.00€/p.p.*
* *Entrecote steak (300g) with sauce of choice & French fries ... 37.00€*
* *Pierre chaude (hot stone) beef .. 32.00€/ p.p.*
* *Raclette traditional ... 33.00€/p.p.*

***Child menu: 15.00€** (2 courses)*

Wine Samples 75cl. From around 30.00 € upwards.

* *Mondeuse (red) ... 35.00€*
* *Crozes Hermitage (red) ... 47.00€*
* *Apremont (white) ... 31.00€*
* *Savoie Gamay (rose) ... 31.00€*

Scan with your phone the full 2027 menu on page 3



DINNER: 19:00 - 21:30
RESERVATIONS:
+33 (0)4 79 00 41 51

The Rastro bar is legendary in MÉRIBEL. It originally opened way back in 1985, and for many years was the most famous and liveliest bar in the whole valley. However in the past few years, it has transformed itself into a super restaurant and has attained an excellent reputation for good quality food at very reasonable prices. It is located at Chatelet opposite the Plattieres lift station. It's very easy to get to by skis for lunch and if you are in Méribel by the free Meribus from town centre (5-10 minutes) for dinner. The bus stop is just two minutes away from the restaurant at Chatelet. (The first stop from Méribel). You can scan the full 2026 menu on page 3 or visit the website www.lerastro.com









Reservations:
+33(0) 4 79 00 46 70

La BrizOlée

Open Times: 9am - 11pm / Lunch: 11.30am - 3pm / Dinner: 6.30pm - 11pm

La Brizolee is a new addition to our dinner restaurants this season.
It has new owners since last season and has some excellent recent reviews on TripAdvisor. Nice food and very friendly service.
The menu caters for most tastes, and there is an extensive wine list. It has a very warm inviting interior for those cold winter nights!
It is also very easy to get to from either Méribel town centre of up at Le hammeau area in Mottaret. The free meribus stops right near.. just a minute or so walk. Just jump off at the Chatelet stop.
We have included some menu samples from the 2026 season and you can check out the full menu on page 3 of this magazine or their own web site.

MENU SAMPLES (From 2026 Season)

(expect a few small changes for 2027) See the full new 2027 menu on page 3

CHILD MENU 2 courses 16€

STARTERS Onion Soup: 16€ (With Bread & Cheese)
Escargots De Bourgogne (Burgandy Snails with Butter)
Snails (12) with Butter: 21€

PIZZAS (10) From 17€

MAIN COURSES

Cheeseburger Brizolee: 26€ (Black Angus with Raclette Cheese, Fries, Homemade Sauce)
Diots Artisanaux: 24€ (Savoyard Sausage & Creamy Pasta)
Tartiflette Maaison: 24€ (Polatoes, Grilled Cheese, Cream, Bacon)

SPECIALITIES (2 PERSONS)

Pierre Chaud: 33€ (Table Top Hot Rocks, Beef , Fries, Homemade Sauces)
Raclette Ancienne: 25€ (Cheese, potatoes, salad)
Cheeese Fondue: 25€ (3 Cheeses & Salad)

WINE SAMPLES. (2026) Apremont (white): 34€ / Gamnay (red): 34€ / Gamay (rose): 29€







Reservations
(Absolutely Essential)
Tel: 04 79 01 12 70
Open Lunch:
12:00 – 14:00
(Note: Closed Mondays)
Dinner: 19:00 – 22:00

This is a fabulous & renowned restaurant in an old, traditional style in Les Allues, the beautiful, original ancient village of Méribel. It is probably one of the best value restaurants in all three valleys. You could have a full three-course dinner here, including wine, for about €40 per person! Julian, the patron, is normally the chef, and all his food is great here. He also has Dominic, one of the most renowned pizza chefs in the valley. Pizzas are available to eat in or take away. Dinner or lunch here is very highly recommended. The menu & prices change very little each season here. If you're anywhere in the Méribel valley, it's easy to get here. The free Meribus from the town centre to this beautiful old village takes just 15 minutes and stops right outside the restaurant. You can even watch it arrive for your return journey and just pop out to catch it! No waiting around outside in the cold.



MENU SAMPLES FROM 2026 - CHECK NEW 2027 MENU ON PAGE 3

Starters samples from 5€

- Green salad with warm goat's cheese and bacon lardons: 18€
- Burgundy snails (12): 18€
- A small selection of cured meats: 9€

Omelettes from 11€

- Plain omelette with salad: 11€
- Ham and cheese omelette with salad: 16€
- Potatoes, cheese, and lardons omelette with salad: 17€

Meat dishes from around 15€

- Turkey escalope with a creamy mushroom sauce: 20€
- Angus flank steak: 22€
- Side of beef (600g): 33€
- Veal kidney with a creamy mushroom sauce: 27€

L'Arbé Burgers

- Steak or chicken cheese burger: 20€
- Steak or chicken burger, goat's cheese and lardons: 20€
- Crousti steak or chicken burger in potato galettes & cheese: 20€

Savoyarde Specialities from around 17€

- Tartiflette (A traditional local dish with potato, bacon, and cheese): 18€
- Local Diot sausages in a white wine sauce with local pasta: 17€
- Cheese fondue with cured cold meats and green salad: 26€
- Raclette cheese with potatoes, cured meats, and green salad: 26€

Children's 2-course menu 11€

- Turkey escalope in a creamy sauce with chips & ice cream
- Pizza + ice cream

Pizzas (12) from 11€ to 17€

- A wide choice of great pizzas to eat in or take away

Desserts

- A choice of lovely ice cream & desserts from around 3€

Wine Samples also from 2026 (75cl)

- House wine red, white, rose: 11€ (50cl)
- Mondeuse (red): 24€
- St Joseph (red): 39€
- Chignin Bergeron (white): 35€
- Chignin (white): 25€
- Provence (rosé): from 23€



Open 4pm - 2am Tel: 04 79 07 78 15

FIFTY 50 is a cosy bar located half way between the Chaudanne and the centre. Run by Matt and his sister Elizabeth for over 15 years, it's popular with both French, English and many locals. **FIFTY 50** offers the only Kilkenny in town as well as Leffe/Hoegarden and a proper refreshing Belgium Stella. Its a must for **RUGBY** fans and those in need of some local knowledge as Matt has been here for over 25 years. With great bar snacks and popular **SUSHI** nights, why not pop in and meet the team....


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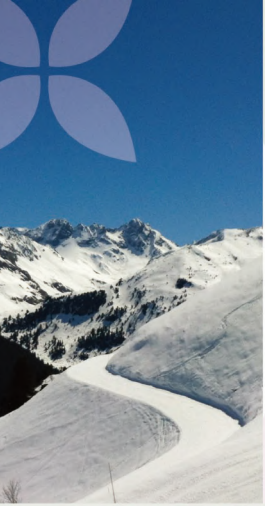

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Accommodation Guide (1)



Ski Basics

Catered Ski Chalets, Meribel

www.skibasics.com

If you are looking for a stress free catered or self catered ski holiday then look no further. Ski Basics chalets are complemented by a friendly yet professional service, real flexibility and affordable prices. Let us take care of the details whilst you enjoy the skiing! Chalets sleeping from 6 to 14 in great locations. We have something to suit everyone. Prices start from just £449 pp per week.

Tel (UK): +44(0) 1225 614668 **E-Mail: info@skibasics.co.uk**



SKI CUISINE

www.skicuisine.co.uk

Chalets exclusively in Méribel. This specialist chalet operator is one of the few privately owned companies and one of the original chalet operators in Méribel. The exceptional food and personal service is what Ski Cuisine is renowned for, with two catered chalets for 8 & 10 guests, one chalet offers B & B service and one chalet is self-catered, both these chalet accommodate 10 guests. All the chalets are in great locations in Méribel, close to the piste with easy access to the main lift station & Méribel centre. Other services include chalet ski pass delivery & recommendations for transfers, ski hire, ski school and child care. Prices from £600 pp per week for self-catered, £950 pp per week for B & B and from £1400 pp per week for catered.

Tel: +44(0) 1702 589 543 **E-Mail: info@skicuisine.co.uk**

Accommodation Guide (2)



SKI BLANC
www.skiblanc.co.uk

Ski Blanc is a small, very personal company with 5 warm & comfortable chalets in Méribel Les Allues sleeping 10-14 guests. Ski Blanc is a well-established company offering great value for money ski holidays with many returning guests.

Chalet features include, easy access to slopes, great catering, open log fires, en-suite bedrooms, outdoor hot-tubs, sun terraces, music systems. We offer the perfect blend of comfort & service and cater very well for groups of friends, couples & families.

Tel: +33 (0) 622 05 64 16 **E-mail: info@skiblanc.co.uk**



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A Méribel self-catering specialist, with 28 years of experience and over 35,000 satisfied clients! AMS Rentals have chalets and apartments in Méribel, Méribel Village and Méribel-Mottaret, for between 2 and 12 people. When it comes to self-catering properties, this company is possibly the most knowledgeable in the entire Valley. Plus, their prices are extremely competitive with excellent personal service in resort.

Website: www.amsrentals.com
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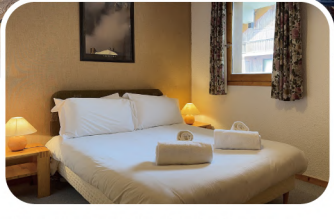
Rob's Choice For 27/28 Season (1)
2 Bedrooms For 4 - 6 Guests





This apartment is in a superb spot in the centre of Méribel, at the arrival of the piste that runs down into the Chaudanne lift centre and just a few minutes' walk from shops, bars and the ski bus.

This second-floor apartment is around 40m² and has one double bedroom, a separate bunk room and a sofa bed in the living room. Although it can sleep 6, It is really ideal for a family of four or two to four adults.

The south-facing living room has a dining table for six, a couple of easy chairs and a sofa bed, a balcony that catches the afternoon sun. The open-plan kitchen area is fully equipped for self-catering, with a combi oven/grill/microwave, hob, fridge and dishwasher.

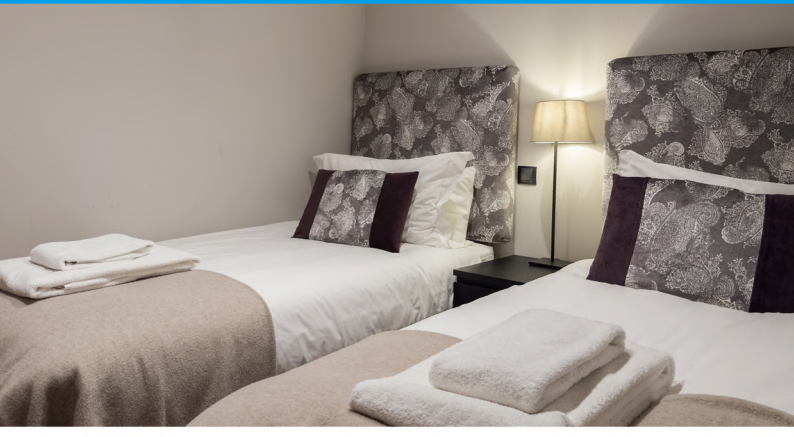
There is a bathroom with shower over and washbasin plus a separate loo(WC), Wi-Fi, ski locker and lift access in the building.

Another apartment in a fabulous location and a great value for a family. Enquire very early by email for 2027/28 winter season.

E-Mail: rob.smart.meribel.unplugged@gmail.com

Rob's Choice For 27/28 Season (2)

Self Catered Chalet - 6 Bedrooms - Méribel Centre



A lovely chalet just a few minutes' walk from the Chaudanne lift centre. It has 6 bedrooms and 5 luxury bathrooms. On the ground floor are two bedrooms, a twin room and a super-king which can also be made up as twins. These two bedrooms share a bathroom + an extra toilet.

On the first floor is a king-size double bed with ensuite bathroom. On the next floor is a twin room (90x190x2) with an ensuite shower. Bedroom 5 has a king-size bed (150x190) with an ensuite shower room, and bedroom 6 has a super king bed (180x190) with an ensuite bathroom and shower.



Extras: Mountain views, wonderful large lounge, superb kitchen, sat tv, log fire, laundry, extra guest toilet, boot heaters. ski room, parking (1 car). Extra nearby paid underground parking.

NOTE: *This chalet gets fully booked EVERY SEASON ! You MUST book VERY early for this one, so for More details, 2027/28 prices & photos email*

E-Mail: rob.smart.meribel.unplugged@gmail.com

Rob's Choice For 27/28 Season (3)

Self Catered Apartment - 4 Bedrooms - Town Centre





A spacious four-bedroom apartment for 8 or 10 guests, in the ***very centre of Méribel***, just a short walk to and from the centre escalator up to the piste. 2 lounges & separate dining area for 8. This super apt also has TV, DVD, CD, WIFI.

There are four good-sized bedrooms: two double ensuite bedrooms, a twin bedroom with ensuite shower room and WC, and a further twin bedroom with use of the separate shower and WC. Also an option to accommodate up to ten using the extra sofabed.

Exterior parking space, a ski locker, heated boot dryers, etc.

This is another lovely property that gets booked very early. I have selected some of my best 2028 options for Méribel so you can get in early for next season. Just email me for more details, photos, and prices for the 2027/28 season.

E-Mail: rob.smart.meribel.unplugged@gmail.com

Rob's Choice For 27/28 Season (4)

Central Apartment 3 Bedrooms



This is a superbly located three-bedroom apartment right in the centre of Méribel, within easy reach of the slopes via the central escalator.

The apartment sleeps 6 in 3 bedrooms. A double with en-suite bathroom and dressing area, a twin room (which can be arranged as a double), and a bunk room which is best suited to children. There is also a separate shower room and WC.



It has an open-plan living and dining area with a comfortable seating area, television, and direct access to a terrace with mountain views. The kitchen is fully equipped with an oven, induction hob, dishwasher, fridge-freezer, microwave and coffee machine. Additional features include a ski locker with boot dryer, undercover parking and WiFi.

This is another great value apartment that gets booked very early each season, as do most of my selection in the town centre. Enquire now for 2027/28. It is never too early to get prepared.

E-Mail: rob.smart.meribel.unplugged@gmail.com

Rob's Choice For 27/28 Season (5)

Self Catered - Ski in Ski Out Chalet (61 m²) - Méribel Centre - 2 Bedrooms 4 Guests





A charming ski-in, ski-out mountain retreat very close to Méribel Centre. The chalet is actually on the piste. Ski out the front door. It has an open-plan lounge with a small but functional kitchen. As at last season no TV so you must check this with me, + check if wifi is available for 2028.

On the lower floor, accessed via a spiral staircase, are the two compact but comfortable bedrooms: a double and a twin room, which share a bathroom with a washbasin and a separate shower room with a washbasin and loo. There's also a small laundry room with a washing machine.

For larger groups, and depending on availability, you can combine this chalet with the chalet on the opposite page to sleep up to 12 guests in total.

No parking here as it really is by the piste itself!

E-Mail: rob.smart.meribel.unplugged@gmail.com

Rob's Choice For 27/28 Season (6)

Self Catered - Ski In Ski Out Chalet - 4 Bedrooms - 8 Guests



This is a really wonderful old traditional ski-in, ski-out chalet, located right on the piste in Méribel centre! It has a spacious open-plan lounge with a log fire. It is on 2 floors with 2 bedrooms on each, so perfect for 2 families or 8 friends. Each floor has a twin / super king bedded room & a twin bedded room. There are bathrooms & WC on both floors.



The kitchen is simple but functional & equipped for group cooking. It has wifi also.

There is no parking as it really is located right on the piste! Ski out from the front door! Paid underground parking is available in Méribel.

This is a truly fabulous choice if you want a real, authentic Méribel mountain chalet experience. It is a new addition to my list this year and will be in much demand for next season, I am sure. **NOTE: You can also book the adjacent sister chalet. 2 bedrooms - 12 guests in total!** For more details and prices for 2028, just email me.

E-Mail: rob.smart.meribel.unplugged@gmail.com

Rob's Choice For 27/28 Season (7)

Apartment - Mottaret - 3 Bedrooms - 6 Adults





This is a beautiful ski-in, ski-out 3-bedroom apartment (57sqm) sleeping 6 guests. It has 3 twin bedrooms, 1 bathroom, 1 shower room, both with wc's. You can ski to and from the building, which is above Mottaret centre. In the evenings, there is an elevator down to the restaurants and bars in Mottaret, or the bus stop to Méribel centre (10 minutes).

It has a warm, comfortable open-plan living area including the kitchen and dining area and a fireplace. There are 2 south-facing sun balconies with superb views to Mont Vallon.

Parking is free nearby & pets are allowed in this apartment, provided they are small and well trained.

This is another apartment that gets booked very early in Mottaret, as there are not so many that sleep 6 adults.

Email me for more details, the latest prices and availability for the 2028 season.

E-Mail: rob.smart.meribel.unplugged@gmail.com

Rob's Choice For 27/28 Season (8)

Mottaret Apartment - 5 Bedrooms - 10 Guests



This is a superb luxury ski in ski out apartment in the Laitelet area of Mottaret. The apartment has 5 beautiful bedrooms, doubles, singles, and 4 bathrooms.

It has an open-plan living and dining area, log fire, with a well equipped kitchen, balcony and fabulous mountain views. Extras include wifi and home entertainment facilities.



Free open parking and covered paid parking nearby. Pets are not allowed, I am afraid.

This is an unusually large luxury apartment, quite rare in Mottaret, so early reservations are essential.

E-mail me for more details & prices for the 2028 season.

E-Mail: rob.smart.meribel.unplugged@gmail.com

Rob's Choice For 27/28 Season (9)

Méribel Town Centre Apartment- 2 Bedrooms - 4 guests





This spacious apartment (55 m²) is in a prime location right in the centre of Méribel - close to the restaurants, bars, ski shops, and supermarket. Plus, only a minute's or so's walk to the piste access next to the **old Tourist Office** in the town square.

It has a well-equipped kitchen, including a washing machine & dryer. The living area has great mountain views, & English Sat TV, DVD & CD players & Apple TV.

If you want to be near the piste and in the centre of all the action in Méribel, then this is the one for you.

Book early for 2028 season as it goes very quickly once released.
E-Mail me for more details & 2028 prices.

E-Mail: rob.smart.meribel.unplugged@gmail.com

or visit. www.meribel-unplugged.co.uk

Rob's Choice For 27/28 Season (10)

Méribel Centre Apartment - 4 Bedrooms - 8 Guests



This is a beautiful, ski in ski out, large apartment (110 m^2) in a superb location at Chaudanne lift centre. Very convenient for all the shops and restaurants, and of course the Olympic centre. It features 2 double bedrooms, each with a private ensuite bathroom, plus 2 twin bedrooms sharing a spacious family bathroom, with direct access to the south-facing balcony.



I has a lovely open-plan living/dining area with a well-equipped kitchen, including a washing machine and dryer. There is parking under cover for 1 car. Pets are not allowed, I am afraid. This is another fabulous apartment for large groups or 2 families, so it is in great demand every season.

You have to book early to avoid disappointment.
Email me for more details, photos, and 2028 prices.

E-Mail: rob.smart.meribel.unplugged@gmail.com

Rob's Choice For 27/28 Season (11)

Méribel Village - 3 Bedrooms - 6 Guests





This is a lovely duplex apartment (54 m²) centrally situated in Méribel Village, minutes' walk from the piste and the Golf chairlift. Sleeping 6, it has stunning views of the Méribel Valley from the living room and two of the bedrooms. The living area is open-plan, comprising the seating area, dining table and kitchen & sun balcony. The master bedroom has an ensuite shower on this level, plus a shared bathroom and a separate wc. The two twin bedrooms are on the upper level. The apartment includes free access to the swimming pool, gym, sauna and steam room.

Méribel Village is very popular these days, not only for families but also for groups of friends, as it has one of the famous après-ski spots in the valley (LDV), with all the top bands playing here in the afternoons. We even had the Feeling perform live recently!!

E-Mail: rob.smart.meribel.unplugged@gmail.com

Rob's Choice For 27/28 Season (12)

Méribel Village - Large Apartment - 10 guests



This apartment is split levels (3 floors-120 m²). It has 3 double/twin bedrooms plus 4 single beds in an attic room. Perfect for larger groups.

It has well equipped kitchen, wifi, log fire, and garage parking for 1 car. (free parking in the village)



It is just a short walk to the Golf chairlift in the village, so you can avoid the queue at Chaudanne in the mornings. (unless heading for VT).
However, the regular free bus takes just 5 minutes to the Chaudanne lift centre.
Méribel village is a great location for families but also has one of the best apres ski spots in the valley and a super bar/ restaurant.
This apartment does allow pets.

This is yet another rare large apartment that gets fully booked early every season.
E-Mail me for more details and prices for 2028 season.

E-Mail: rob.smart.meribel.unplugged@gmail.com
or visit: www.meribel-unplugged.co.uk

Accident Emergency Numbers: **All Emergencies - 112**

Méribel 04 79 08 65 32 | Les Menuires 04 79 08 65 32 | Val Thorens 04 79 00 01 80
Courchevel 04 79 08 99 00 | St Martin 04 79 08 99 00

QUICK FINDER - ALL MAGAZINE CONTENT TEL NUMBERS BELOW A - Z:
(FOR 100% COMPLETE MÉRIBEL TEL DIRECTORY A-Z
GO TO https://www.meribel-unplugged.co.uk/resort-information/telephone-directory)

AIRPORT TRANSFERS

Cool Runnings Transfers
+33 (0) 9 70 01 94 45
GSM Transfers
+33 (0) 6 09 52 28 41
Méribel Airport Transfers
+33 (0) 6 48 50 72 94
My Mountain Transfers
+33 (0) 6 31 55 17 21
Mountain Rescue Transfers
+33 (0) 6 03 05 22 17
Pleisure Transfers
+33 (0) 6 13 97 16 52
Savoie Transfers
+33 (0) 6 46 27 32 91
Snowlinx Transfers
+33 (0) 6 35 37 28 23
White Tracks Helicopters
+44 (0) 77 96 64 08 41
Yann Leray Taxis
+33 (0) 4 79 00 47 37

ACCOMMODATION

Apartment Chalet Rentals (Private) +33 (0) 6 70 08 42 75
Alpine Management Services 04 79 00 34 87
Agence Saulire (Mottaret) 04 79 00 47 52
Chambers Property Services 06 19 45 95 54
Legget +33 (0) 6 45 30 27 46
My Mountain Playground +33 (0) 6 86 69 91 44

SERVICES (GENERAL)

Ambulance 04 79 55 28 67
Childcare (Local nannies) 06 70 08 42 75
Cimes Optic 04 79 00 52 77
Dog Walking Service 06 19 45 95 54
Laundry Service 06 63 01 34 14
Laundrette (Méry Belle) 06 63 01 34 14
Laundry Service 06 19 45 95 54
Nursery (ESF) 18m - 3 yrs 04 79 08 66 90
Police (Municipal) 04 79 00 58 92
Police Gendarmerie (Dial 17) 04 79 08 60 17
Medical Centre 9-6pm Chaudanne 04 79 08 60 41
Medical Centre 9-6pm 1600 04 79 08 65 40
Medical Centre 9-6.30pm Mottaret 04 70 00 40 88
Tourist Office 04 79 08 60 01

BARS & RESTAURANTS

L'Abreveuir	04 79 22 81 82
l'Adray Telebar	04 79 08 60 26
Arbé	04 79 01 12 70
Aux Petite Oignons	04 79 08 64 62
Bar 50 50	04 79 07 78 15
Bel Air	04 79 08 00 93
Blanchot	04 79 00 55 78
Bowling Alley	04 79 00 36 44
Brizolee	04 79 00 46 70
Chalet De Caron	04 79 00 01 71
Chalet Togniat	04 79 00 45 11
Chez Vous	04 79 22 92 50
Close Up	04 79 00 74 69
Côte Brune	04 79 00 40 97
Clos Bernard	04 79 00 00 07
Coursive Des Alps	04 79 06 44 97
Dahlia	09 83 69 28 27
Ferme (reberty)	04 79 00 77 01
Galette	04 79 08 53 90
Hillary Hotel	04 79 00 60 57
L'Eski	04 79 08 95 36
Lillie	04 79 00 31 29
Monchu	04 79 22 46 09
Petit Savoyard	04 79 08 27 44
Pub Ski Lodge	04 79 08 81 4
Rastro	04 79 00 41 51
Refuge Méribel	04 79 08 61 97
Refuge Trait D'union	07 70 28 85 77
Sittelle	06 15 24 81 34
L'Terrasse (M/Village)	04 79 01 03 55
L'Voute	04 79 08 91 48

PIZZAS TAKE AWAY

Arbe (Les Allues)	04 79 01 12 70
Chez Vous	04 79 22 92 50
Galette (Méribel)	06 88 55 97 60

SKI & SNOWBOARD

Avalanche 1600 04 79 06 02 87
David Lindsay +44 (0)7525 742035
ESF Méribel 04 79 08 60 31
ESF Mottaret 04 79 00 49 49
Méribel Ski Service 04 79 08 56 80
Marmalade 06 17 34 18 00
Parallel Lines 04 79 00 32 21
Ski With Ease +44 (0)20 3633 2040
Snowd'light 06 64 81 60 10
Snow Systems 04 79 00 40 22
Sport 1600 04 79 08 51 45

SKI LOCKERS

Méribel Alpina 04 79 08 65 32

TAXIS

Yann Leray Taxis 04 79 00 47 37

TOURIST INFORMATION (GENERAL)

Méribel Tourist Office 04 79 08 60 01
Mottaret Tourist Office 04 79 00 42 34
Park Olympic Centre 04 79 00 58 21
Post office. L.A. 04 79 00 58 48
Post Office. Mottaret. 04 79 00 40 26
Radio Méribel 04 79 06 83 65
Town hall (L.A.) 04 79 08 61 04

BUS & RAIL

Buses & Méribus (Ailleurs-Méribel) 04 79 08 53 66
Méribus (Ailleurs-Moûtiers) 04 79 24 43 66
Satobus Alpes-Lyon 04 72 35 94 96
SNCF (Méribel T.O.) 04 79 00 53 28
SNCF (Moûtiers) 04 79 85 50 50

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