

UNPLUGGED

MÉRIBEL 2024

The ultimate guide for
Méribel & the Trois Vallées

WELCOME TO MÉRIBEL

Version Anglais



Sponsored by



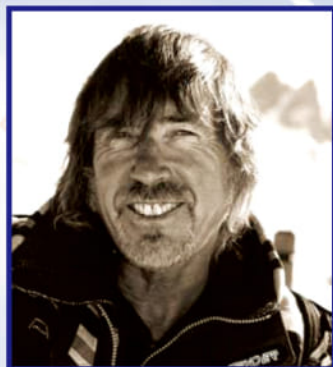
6 Day
**Ski
Guide**

Méribel - Unplugged

THE UK'S NUMBER 1 WEB
SITE FOR MÉRIBEL

www.meribel-unplugged.co.uk

WELCOME TO MÉRIBEL



Rob Smart
(Editor & Ex Season Worker)

A warm welcome to all of you. Enjoy the mountains and I wish you all a great holiday, here in Méribel the heart of the Three Valleys. Méribel Unplugged should help you find everything you need for your trip. Over many years starting in 1982, I personally enjoyed my visits to the bars & restaurants of the 3 valleys but of course saw many changes. I now have a team of volunteers who do loads of reviews for me every season. These restaurant reviews can be trusted as they are all from their own genuine visits.

MY SPONSORS

As a totally free give-away magazine I must thank all the local businesses that sponsor my web site www.meribel-unplugged.co.uk. It is only by sponsoring my web site that I am able to produce this magazine for free. As a big thank you they are all featured. Feel free to take this magazine home and check out my web site for future visits.

RADIO MÉRIBEL

A great station with useful local information bulletins, in English all day long. Tune in early for the morning snow & lift reports. Find it on my web site if you have wifi. I am privileged to have been the very first English DJ on Radio Méribel (Xmas 1989) and the instigator of the now regular, daily English news and weather reports. Tune in at 8am for the weather report, followed by the what's on today and then about 8.20 the lift and piste information. If you miss them they are repeated during the morning. In the evenings Benji, Méribel's long time local DJ has created his own program. Some great music, check it out.

Rob Smart - Editor

UNPLUGGED EASY INDEX:

CATEGORY A – Z

PAGE NO.

| | |
|--------------------------------|-----------------|
| 6 – DAY SKI GUIDE | 14 – 48 |
| ACCOMMODATION | 88 – 95, 99 |
| ACTIVITIES | 12 – 13 |
| AIRPORT TRANSFERS, TAXIS | 77 – 87 |
| BARS AND APRES-SKI | 61, 65, 70 – 74 |
| HISTORY OF MÉRIBEL | 50 – 51 |
| PROPERTY MANAGEMENT | 88 – 89 |
| RESTAURANTS (DINNER) | 52 – 70 |
| RESTAURANTS (MOUNTAIN) | 18 – 49 |
| SHOPPING | 75 – 76, 100 |
| SKI & SNOWBOARD SCHOOLS | 4 – 11 |
| TEL DIRECTORY | 96 – 98 * |

R' MERIBEL
98.9
97.9
Live
Ski Report
Weather
News
What's on
laradiostation.fr

Méribel Unplugged Is Produced By Peter Takac
SOPA PRINT

* Škultétyho 1, 831 04 Bratislava *
* Dom Techniky *
* Contact: E-Mail: sales@sopaprint.sk *

* 2024 Magazines & Web Site *
Designed By Xiaocheng Xu
Advertising Enquiries & Feedback To
rob-smart@meribel-unplugged.co.uk

ENJOY YOUR WEEK IN MÉRIBEL WITH MÉRIBEL UNPLUGGED

😊 To help you during your holiday with us,
You can now scan with your phone on
this page for:

- *Lunch Mountain Restaurants Menu's
- *Dinner Restaurants In Méribel Menu's
- *Special Activities For The Week
- *Live Music Schedule This Week



Scan Me
2024 Mountain Restaurants



Scan Me
2024 Dinner Restaurants



Scan Me
Méribel Activities Guide
(Everything To Do In Méribel This Week)



Scan Me
For This Week's Méribel Entertainment Guide
(Live Bands & Special Events)



Snow D'Light Ski School
Ecole de Ski - ЛЫЖНАЯ ШКОЛА



EMOTION SENSATION IMAGINATION

- ❄️ **Small group classes**
- ❄️ **Private tuition & guiding**
- ❄️ **Fully qualified & English speaking instructors**



Follow us on



For bookings, information & to arrange a hotel or chalet visit
please call: **+33 (0)6 64 81 60 10** www.snowdlight.com



SNOWSPORTS SCHOOL

IN MERIBEL & MOTTARET

FULLY QUALIFIED - ENGLISH SPEAKING TEAM

GROUP LESSONS (SKI & SNOWBOARD)

- ✓ MINIKIDS, 3 TO 5 YEARS OLD
- ✓ KIDS, 6 TO 13 YEARS OLD
- ✓ ADULTS & TEENS

EVENTS (BUSINESS & PRIVATE)

- ✓ CONTACT US TO ORGANISE A UNIQUE MOUNTAIN EXPERIENCE TAILORED TO YOUR REQUIREMENTS

CUSTOM CLASSES

- ✓ PRIVATE LESSONS
- ✓ OFF PISTE & TOURING
- ✓ SLALOM TRAINING
- ✓ ADAPTIVE SKIING/
DISABLED SKIING
- ✓ TELEMARK, SNOWSHOES,
NORDIC SKIING

www.esimeribel.com

contact@esimeribel.com

+33 479 004 022

discover

THE MOUNTAIN





esf
MÉRIBEL

+33 (0)4 79 08 60 31
www.esf-meribel.com
contact@esf-meribel.com



Marmalade Ski School

-  Skiing, Snowboarding & Telemarking
-  From Beginner to Pro!
-  Private Lessons
-  Off-Piste Lessons and Guiding
-  Ski Touring



info@skimarmalade.com



+44 7387 865 077



MAMMUT

#aveczest

www.skimarmalade.com



PARALLEL LINES

SNOW SPORTS SCHOOL



ENGLISH
SPEAKING FULLY
QUALIFIED
INSTRUCTORS



SKI AND BOARD
GROUP LESSONS
CHILDREN'S SKI
SAFARIS



PRIVATE LESSONS,
PERFORMANCE
COURSES & OFF
PISTE GUIDING



 info@parallel-lines.com



0844 811 2779

+33(0) 480 985 432



Welcome to our **playground.**

*We are Oxygene, the leading family-friendly, English-speaking
ski & snowboard school in the French Alps !*

Small class sizes

Flexible **private** coaching

Fun group lessons

Adaptive ski programme

Off-piste guiding

Oxygene Meribel

+(33)4 79 08 53 36
meribel@oxygene.ski
www.oxygene.ski

 **OXYGENE**
SKI • SNOWBOARD • BIKE

THE EASY-LEARNING PRIVATE SKI SCHOOL



BOOK YOUR: ONE-TO-ONE SKI LESSONS

FRIEND & FAMILY GROUP LESSONS

PARENT & CHILD SKI LESSONS (AGE 3 & 4)

LESSONS FOR NERVOUS SKIERS

FULL DAY & HALF DAY HIRE / TOURS

BRITISH SKI INSTRUCTORS



Travellers'
Choice



**FOR BOOKINGS
& ENQUIRIES...**

Our UK Office is open
7 Days A Week 8am-8pm

CALL: +44 (0)20 3633 2040

Email: talk2us@skiwithease.com

www.skiwithease.com



cab9

Snowboard School

PISTE PERFORMANCE

OFF PISTE GUIDING

CARVING

FREERIDE

FREESTYLE

SPLIT BOARDING

SNOWBOARD SCHOOL

INSTRUCTOR TRAINING

**OFF PISTE SAFETY
COURSES**

Beginner to Advanced Snowboard lessons for all levels

Bookings: info@cab9snowboarding.com

+ 33 0768463911

www.cab9snowboarding.com

Meribels first snowboard school, since 2006

PHOTO GWYLIM THOMAS

SNOW BIKER

**SNOW MOBILE PILOTING
Discovery or Sport Trip**

SCHOOL since 1986



06 09 94 18 11

**Tarif disponible sur le site
www.snow-biker.com**



Photos réalisées sur terrain autorisé

BOWLING MÉRIBEL



De 14h à 2h

2 PM AT 2 AM




De 10h à 2h

10 AM AT 2 AM

BAR / BILLARDS / JEUX VIDÉO
SPORTS EN LIVE
SNACK - WIFI

OUVERT TOUS LES JOURS / *OPEN EVERY DAY*



 +33(0)4 79 00 36 44



www.bowlingmeribel.fr



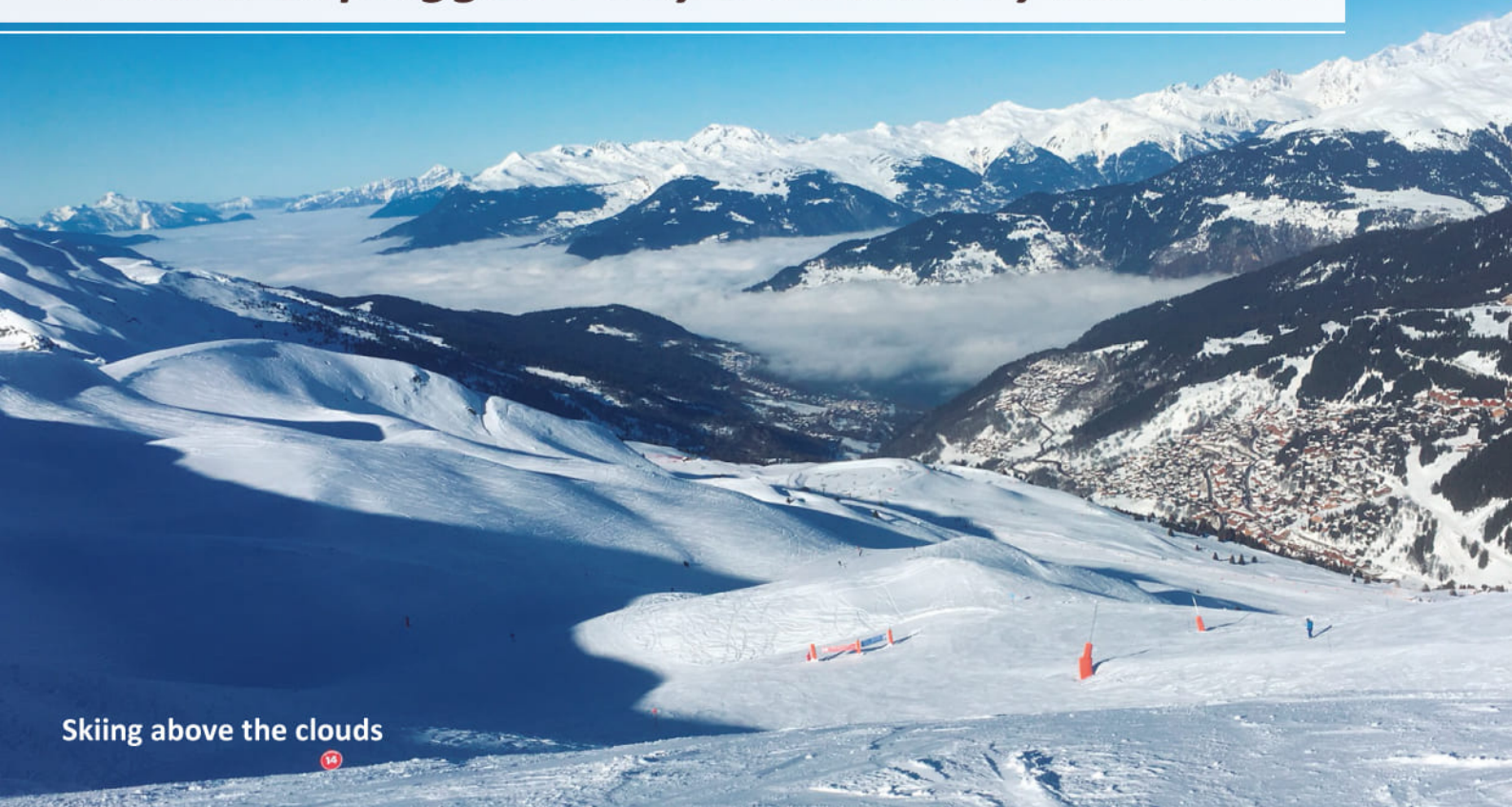
contact@bowlingmeribel.fr



PARC OLYMPIQUE - 73550 MÉRIBEL



Méribel Unplugged 6 Day Ski Guide. By Rob Smart



Skiing above the clouds

PERSONAL TIP NO 1 : DECIDE ON LUNCH VENUE FIRST - THEN WORK YOUR SKI SCHEDULE AROUND IT !

This guide has been created for cruising intermediate/advanced skiers who can get up in the mornings. Most routes are fine for snowboarders too. Each day is based on a 9am start. Begin much after that and all bets are off. You will miss the best of the day and get caught up in the crowds. At 9.30am you will also have ski schools to contend with. Remember that they also have a preference on the lifts.

Total beginners will not benefit much from this guide. They should really be in ski school. However on my web site is also a beginner's guide that you might find useful.

Extreme advanced skiers might find my guide a bit boring. It avoids off piste routes for your safety, & most blacks, plus many known busy hot spots. Nowadays I don't like crowded pistes so try to avoid them if possible.

For off piste group skiing I highly recommend joining the ESF daily course or hiring a private instructor. I did both many years back and had some of the best days of my life here. In fact in January 1986 I was the very first client of the ESF "Rally Savage" a new off piste adventure. (470 old French Francs for 2.5 days). Not easy in 2m of fresh snow for a powder virgin! However eventually with a lot of practice & patience on behalf of Fred my trusty ESF instructor I managed to hack it. Well worth the effort.

This daily guide assumes the weather is fine and snow conditions are also good. Without both being in order then use the guide for lunches only! **Note:** Apart from the 9am start all times listed are approximate. I always advise lunch early or late. 12pm or 2pm. **Avoid the 1pm rush hour if possible.** If you don't want to stop for lunch many places have now added fast takeaway options.

Extra note: This is only a guide. You don't have to follow it to the letter, especially for après ski sessions these days. Deviate as much as you wish if you feel confident. You may get lift queues sometimes in high season but follow my routes and schedules and you should avoid the worse.

Day 1 - Méribel Valley

2738m

Dent De Burgin Chair

Saulire Mountain

9am: Chaudanne

Take the fast "Legends" heated chairlift then ski left 300m to the Tougnete 2 chair lift.

Ski 100m down **Combe Tougnete**, hang right & turn in to **Dahu**. Stay on the right side and you reach Martre: Keep on the right side again, arriving at **Roc De Tougne** chairlift.

At the top take **Julie** down to **Martre**. At **Martre** junction turn right and follow the path keeping on the right side till **Chatelet** chair.

At summit of **Chatelet** chair head down **Rosignol** & in to the "Snow Park". Take the roller coasters down then head straight to **Sitelle** restaurant sun terrace for a hot chocolate or coffee and the best freshly baked croissants on the mountain! Time should be nearly 10am, just as they come out of the oven. Assuming the weather is good you have just had the best hour of the day. Sunshine and first tracks on perfectly groomed pistes.

10.15: Head for **Mont Vallon** via Mottaret centre keeping right side for **Plattieres** gondola. At first station get out & ski down **Bouvreuil** to **Mont Vallon** gondola. At the top take in the fantastic views. Ski both sides. They are 2 of the best **red 5 km runs** in the 3 valleys, **Campagnol & Combe De Vallon**. Sadly in the shade in mornings - but usually very good snow. Return via **Ours piste** (a partly flat run - not good for snowboarders) back to Mottaret. Drop off to the Chatelet area if you fancy an early lunch.

12.00: 2 excellent value restaurants are located here. **Le Rastro & La Terrasse**, plus **Côte Brune** further on in the centre. You can ski to all 3 + non skiers can also meet you in either one. Another excellent inexpensive hot buffet choice just above the centre is **Cafe Del Mott**, at the Hotel Mottaret. Alternatively pop back up to **La Sittelle** for mountain lunch on the sun terrace. Catch **Coombes 1 & 2** chairlift in Mottaret centre then you can ski to either of these via **Sitelle piste**.

13.00/30: With many skiers now queuing for their lunch go enjoy relatively quiet pistes. Take **Pas Du Lac** gondola and ski down to Méribel via **Biche**. You should now be in the sunshine all afternoon. Take a relaxing cruise all the way to the **Altiport children's beginner area**. Please ski with caution here.

At the Altiport drop down to Méribel Village on the **Lapin piste**. Careful, it breaks off to the left at a bend a short way down = **Hulotte piste** to Méribel 1600. There is a chairlift back though.

If you have decided to take a later lunch then **La Terrasse** at Méribel Village will suit you perfect. The **Golf chair** takes you back to the **Altiport area** for more super skiing.

Just below the Rond Point area I highly recommend **L'Adray Telebar**, by the **Adret** chair for a quality lunch at reasonable prices.

After lunch ski all the **blues** and **reds** in this area using only chairlifts. Stay high, avoid the worst crowds, and ski in sunshine all afternoon.

15.00: The famous **Folie Douce** for a party on the terrace. A must do occasion at least once!

17.00: **LDV** or **Rond Point Bar** or **Jacks** for all the top live bands. The Ronny is legendary in the Alps but **LDV** in Méribel village & **Jacks** at Chaudanne are now also the local's favourites. All feature top live bands throughout the season. **LDV** has the regular free bus back to Méribel town centre

So you should have had a great 1st day skiing. Feel free to give some honest feedback. Always welcome.

FRENCH TO ENGLISH: BEGINNERS MENU GUIDE

MENU (LA CARTE) USEFUL TERMS GENERAL

| | |
|---------------------|--------------------------------------|
| Assiette: | plate |
| Chaud(e): | hot (or warm) |
| Digestif: | after-dinner drink |
| Entrée: | first course |
| Frais, fraîche: | fresh |
| Froid(e): | cold |
| Fumé(e): | smoked |
| Garni(e): | garnished |
| Grand: | large |
| Gratuit and Offert: | both mean "free" |
| La Formule: | Fixed price menu. 2 or more courses. |

| | |
|----------------|--------------------------------------|
| Hors-d'oeuvre: | appetizer |
| Le Menu: | Fixed price menu. 2 or more courses. |

| | |
|--------------------|---|
| Mélange: | mixture or blend |
| Menu dégustation: | tasting menu |
| Pain: | bread |
| Poive: | pepper |
| Parmentier: | dish with potatoes |
| Petit: | Small or Little. |
| Plat Du Jour: | Dish of the day |
| Le Plat: | Main Dish |
| Prix net: | service included |
| Purée: | mashed |
| Sel: | salt |
| Sucre: | sugar |
| Suprême: | a boneless breast of poultry or a fillet of fish |
| Tournédos: | center portion of beef file, usually grilled or sautéed |
| Tournédos rossini: | sautéed tournedos garnished with foie gras and truffles |

| | |
|------------------|---|
| Service compris: | Service included (Just standard on most menus – still nice to leave a tip) |
|------------------|---|

ORDERING & PAYING (+ simple pronunciations)

| | |
|-----------------|--------------------|
| I would like a: | zhur Voodray une |
| Plate: | assiette |
| A Knife: | Une Couteau |
| A Fork: | Une Fourchette |
| A Cup: | Une Tasse |
| A Cup of Tea: | Une Tasse de Thé |
| A Slice of: | Une Tranche de |
| Repas: | meal |
| Please: | SVP = Sil voo play |



| | |
|----------------------|---------------------------------|
| The Bill please: | L'addition sil voo play |
| Thank You Very Much: | Merci boucoup (mercy bookoo) |

FOOD ON THE MENU (GENERAL)

| | |
|------------------------|--|
| Escargot: | snail |
| Croque-monsieur: | toasted ham and cheese sandwich |
| Croque-madam: | Same but with additional fried egg |
| Cuisses de grenouille: | frog legs |
| Foie gras: | liver of fattened goose |
| Forestière: | garnish of wild mushrooms, bacon and potatoes |
| Galette: | round, flat pastry, pancake or cake; sweet or savory |
| Jambon: | ham |
| Jambon cru: | usually salt cured or smoked ham that has been aged but not cooked |
| Jus: | juice |
| Lardons: | cubes of bacon |
| Lyonnaise (à la): | in the style of Lyon, often garnished with onions |
| Miel: | honey |
| Moutarde: | mustard |
| Oeuf: | egg |
| Pommes lyonnaises: | potatoes sautéed with onions |
| Riz: | rice |
| Pain: | Bread |
| Polenta: | boiled corn |
| Potage: | soup |
| Salade: | lettuce |

MEAT: VIANDE ON THE MENU

| | |
|---------------------------|--|
| Andouillette: | smaller sausage |
| Agneau: | lamb |
| Bavette: | skirt steak - usually with shallots (onion family) |
| Bifteck: | steak (ordinary/cheap) |
| Canard: | duck |
| Confit de Canard: | Cooked slowly in it's own fat. |
| Canette: | young female duck |
| Carré d'agneau: | rack or loin of lamb |
| Charcuterie: | cold slices of sausage, terrine, pâtés, etc |
| Charolais: | High-quality beef |
| Civet: | stew of game thickened with blood |
| Coq au vin: | chicken stewed in wine |
| Cotelette: | thin chop or cutlet |
| Côte d'agneau: | lamb chop |
| Côte de boeuf: | Large Rib Steak (similar to T - Bone) |
| Côte de veau: | veal chop |
| Dinde: | turkey |
| Émincé: | thin slice, usually of meat |
| Entrecôte: | beef rib steak |
| Entrecôte maître d'hotel: | with herb butter |
| Faux-filet: | sirloin steak |
| Filet mignon: | Tenderloin steak |
| Feu de bois (au): | cooked over a wood fire |
| Gigot: | leg (Often Lamb-d'agneau) |
| Lapin: | rabbit |
| Magret de canard (d'oie): | breast of fattened duck (or goose) |

Médailon: round piece or slice
Pave Steak: Usually heart of the rump
Pintade: guinea fowl
Pot-au-feu: boiled beef with vegetables
Poulet rôti: roast chicken
Poulet fermier: free-range chicken
Sanglier: wild boar
Saucisse: small fresh sausage
Saucisson: large dried sausage
Souris d'Agneau: Lamb Shanks
Hache: Minced beef. (hamburger)
Tartare: Raw steak
Veau: veal

COOKING YOUR MEAT

Very Rare: bleu (blu)
Rare: saignant, (senor)
Medium: medium or rose
Well Done: bien cuit. (Kuwee)

FISH & SHELL FISH ON THE MENU

Poisson: fish
Anchois: anchovy
Coquille St Jacques: scallops
Daurade: dorade or sea bream
Fruits De Mer: seafood
Gambas: large prawns
Huitre: oyster
Homard: lobster
Moules Marinière: mussels cooked in white wine, shallots, butter and herbs
Saumon Fumé: smoked salmon
Truite: trout
Thon: tuna

SOUPS & SAUCES & CASSEROLES ON THE MENU

Cassoulet: casserole of white beans, including various meats
Chasseur: sauce with white wine, shallots, mushrooms, tomatoes, herbs

VEGETABLES = LÉGUMES

Chou: cabbage
Frites: chips
Gratin Dauphinois: baked casserole of sliced potatoes w/cream & cheese
Pommes De Terre: Potatoes

Ail: garlic
Champignons: mushrooms
Cèpes: Large, meaty wild mushroom
Morille: Fabulous tasty wild morel mushrooms
Échalotes: shallots (onion family)
Flageolets: small, pale green kidney-shaped beans
Épinard: spinach
Haricot (verte): Beans (green)

FRUIT & SWEETS

Amande: Almond
Ananas: Pineapple
Citron: lemon
Crème brûlée: caramelized
Fraise: strawberry
Framboise: raspberry
Glace: ice cream
Myrtille: type of blueberry
Noisette: hazelnut
Noix: walnut, nut
Pamplemousse: grapefruit
Pêche: peach
Poire: pear
Tarte: pie
Tart Tatin: caramelized upside-down apple pie

CHEESE = FROMAGE

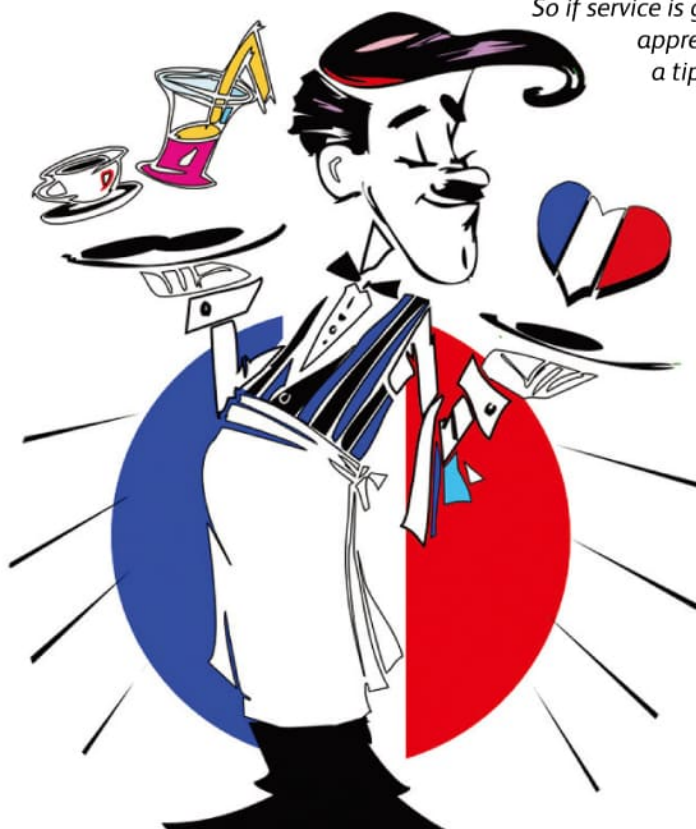
Chèvre: goat cheese
Fondue & Raclette: melted cheese
Fromage Blanc: smooth low-fat cheese, similar to cottage cheese or

ASKING FOR DRINKS

1 Glass: Une Verre
1 Bottle: Une Bouteille
Large:
Small:
A Pre Dinner Drink: Une Apéritif
White Wine: Vin blanc
Red Wine: Vin rouge
More Wine Please: (Plu du vin sil voo play)
Beer:
Another Beer Please: (une autre bière s'il vous plaît)
Draught Beer: Biere pression
A Small Coffee Black: Une café
A Coffee With Cream: Une café crème
Coffee With Hot Milk: café au lait

TIPPING

Finally - Tipping?
 Service Included does not mean the waiter/waitress gets a tip.
 So if service is good shows nice appreciation to leave a tip however small.





Reservations: Tel +33 (0)4 79 00 55 78
 & On line: www.blanchotmeribel.com
 Open: 09.00 – 17.00
 Lunch Served: 12.00 – 16.00
 Dinner Served: 19.00 – 22.00

Le Blanchot has been one of Méribel's most popular restaurants for many years. Since 2020, it has been under the new ownership of Matthieu & Delphine of Le CroMagnon fame in Méribel. We had a superb lunch on their opening day December 2019. Wonderful food and lovely friendly service. This is one of the more high quality restaurants on the piste and perfect for a special occasion. Upstairs with its winter wonderland views would be our choice in the cold winter months. In late season the terrace is truly one of the most beautiful in the valley. The menu is extensive with choice enough to satisfy most tastes. It is now also featured in the Michelin Guide! Find Le Blanchot at the bottom section of the Altiport, just before you head down to Méribel Village on the Lapin Piste.

Note: Non skiers can catch the free bus right to the restaurant door. Le Blanchot also has a superb new gift shop you can browse through after your lunch!



MENU SAMPLES FROM 2023 (2024 Menu On Page 3)

3 COURSE CHILDREN'S MENU: 16.00€

A Drink

Chopped Angus Steak Or Salmon Steak

Fresh Chips Or Home Made Ratatouille Or Tagliatelle

Waffle Sugar Or Home Made Spread Or Savoy Yoghurt

STARTER SAMPLES

- Mini Sardines In Olive Oil ... 12.00€
- The Asian Mix "Chicken and Vegetable Samoussas" .. 16.00€
- Cream Of The Moment Soup ... 12.00€
- Duck Tataki, Lemon Cream With Wasabi ... 18.00€

MAIN COURSE SAMPLES

- Vegetable Curry With Coconut Milk ... 22.00€
- Tagliatelle, Home Made Pesto And Italian Parmesan Shavings And Pine Nuts .. 24.00€
- Farmhouse Reblochon Burger, Angus Chopped Steak (150 gr), Home Made Bread ... 28.00€
- Cod In A Chorizo Crust, Home Made Ratatouille, Tagliatelle ... 27.00€
- Confit Of Lamb Mouse, Rosemary Juice ... 29.00€ (French)
- Grilled Black Angus Flank Steak, Shallot Sauce ... 32.00€ (French)

All our meats are served with Roasted Potatoes with Herbs and Ratatouille.

HOME MADE DESSERT SAMPLES

- Le Café Gourmand ... 16.00€
- Sweet Pastry With Almonds, Diplomat Vanilla Cream, Wild Blueberries, Vanilla Ice Cream, Raspberry Tartlet .. 14.00€

SAMPLE WINES: 75CL.

Gamay Bio (red) ... 33,00€

Beaujolais (red) ... 29,00€

Chateauneuf Du Pape Bio (red) .. 69,00€

Apremont (white) ... 34,00€

Provence (rose) ... 31,00€

FIND THE FULL 2024 MENU ON www.leblanchotmeribel.com



**LE
MONCHU**
MeriBel



Open: 09.00 – 17.00

Lunch: 11:30 – 15:30

Reservations: +33 (0) 4 79 22 46 90



Le Monchu is a classy restaurant with a beautiful sun terrace located between the Rhodos & Marmottes slopes. It also has a lovely interior with log fire. We ate here last season & enjoyed their superb Wagyu steak! Highly recommended! Scan the full 2024 menu on page 3.

Menu samples from 2023 season (expect some changes for 2024)
Child Menu (Under 10) 2 Course: 22.00 €

Starter Sample:

- French onion soup, with cheese toasts: 19€

Main Course Samples:

- Pizzas: from 18€
- Wagyu steak, with morel mushroom sauce: 42€
- Black, angus burger: 31€
- Whole bass fillet with ham and creamy risotto: 36€

Wines (75cl)

- The great selection of wines from around: 25€



JACKS



www.jacksbar.fr

- Bar et Restaurant
- Cuisine internationale
- Musique live
- Après-ski

NOUVELLE
en 2023/24 !

Méribel: En face La Chaudanne
Les Menuires: La Croisette

L'Adray Télébar

Reservations: 04 79 08 60 26



Lunch: 12.00 – 15.30

Rough Guide: 40 €- 50 € p.p. (inc wine)

Plat Du Jour From: 22 €

Child Menu's From: 12 €

This is a truly outstanding & upmarket, family run hotel restaurant. It is **VERY** popular, with a beautiful sun terrace & traditional interior with log fire. The food and service here is first class. You must try their famous **Escalope de Veau (33 €)**.

This is a very old family recipe with a delicious wild mushroom sauce. The A La Carte menu is extensive & desserts are fabulous too. The wine list should suit everyone. I am 100% sure you will love this restaurant. Find it at the start of the Adret chair lift, Rond Point. Ski right to the terrace, or walk across the piste from Le Plateau.

Advance reservations are essential here.

SOME MENU SAMPLES (From 2023)

Boar & fois gras terrine 19 €

Fish of the day 29 €

22 Sirloin steak with hot pepper sauce .. 31 €



Cookies Club (Downstairs)

Fast service for keen skiers.

11:00 - 15:30

Paninis from 9.00 €

Soup of the day 11.00 €

Burgers from 14.00 €

Pasta dishes
from 16.00 €

WINE SAMPLES (From 2023)

Gigondas (red) 48 €

Crozes hermitage 32 €

St Joseph (red) 45 €

Provence AOP (rose) 33 €

Chignin Bergeron (white) 33 €



**Fantastic Panoramic
Sun Terrace**



**Bar Snacks & Fast Food
& Full Restaurant Menu**



Top Of The Saulire Mountain - Access For Both Pedestrians & Skiers

*(Pas Du Lac Gondola From Mottaret & Saulire Express Gondola From Méribel)
(+Saulire Cable Car From Courchevel If Operating)*

Restaurant Reservations: +33 (0) 4 79 00 42 38



LA
TERRASSE
LA
BRASSERIE
du Village

terrace après ski & dining

Méribel Village



tél. +33 (0) 4 79 01 03 55
info@laterrasseduvillage.com
piste du lapin - golf chairlift

lunch 12h00 - 15h00
music 16h00 - 18h00
dinner 18h30 - 22h00

www.laterrasseduvillage.com



Reservations: 0033 (0) 4 79 00 00 07

Lunch: 12.00 - 16.00 Special dinner evenings by reservation.

Web Site: www.closbernard.com / E-mail Address: contact@closbernard.com

Le Clos Bernard is a unique restaurant in Méribel. Perfect for a special occasion. Hidden deep in the forest by the Méribel altiport, it is reached by skis, by foot or horse and carriage. The restaurant is sign posted through the forest by the start of the Loze chairlift. You can also walk to it from the parking area 100m before the altiport itself. Directions on the web site: **www.closbernard.com**. For a long & relaxed lunch in beautiful surroundings it is certainly well worth finding. **NOTE:** Do not plan to drop in for a fast, quick & simple lunch snack. **Le Clos Bernard** was not created for that style of eating.



A few menu samples from 2023 season. Find the full 2024 menu on www.closbernard.com

Child Menu: 19.50 €

Starters Samples:

Escargots au feu de bois (6) - 14.00 €
(12) - 24.00 €

(cooked in Traditional court bouillon, Chardonnay & Gunder salt with parsley & toasted bread)

Main Course Samples:

Côte de bœuf «race selon selection» (1kg min - 2 pers.)
minimum 20 minutes ---- 130,00 €
(Rib of Beef for 2)

Truite entière Fario à la plancha élevée en eau vive - 36,00 €
(whole brown trout à la plancha raised in white water)

Desserts From: 14.00 € Wine Samples (75cl):

Savoie Mondeuse (red) - 39.00 € Crozes Ermitage (red) - 52.00 €
AOC Chablis (white) - 59.00 € Provence (rose) - 42.00 €



Côte Brune

(Mottaret Centre)

Reservations : 04 79 00 40 97

Open For Lunch : 11:30 – 18:00 & Dinner : 18:30 – 22:00

Rough Guide For Lunch : 25.00 € – 40.00 € p.p.

Child Menu (2 Courses) : 14.50 €

*The Côte Brune restaurant, situated right in the centre of Mottaret, is an extremely convenient place to meet friends and family for lunch. Open from 9am for coffees etc, this establishment has been in the hands of Fabienne and David DOUCHEZ since 2008/9 season. It has a varied lunch menu plus a large wine list to suit most tastes. Be sure to reserve your table well in advance if possible. The Côte Brune often gets extremely busy during lunch time. In the evenings here you will find a warm & intimate & relaxed atmosphere. A perfect venue for dinner & just 2 minutes walk from the Tourist office bus stop if you come up from Méribel. **Please note: all dishes here are homemade on the premises.***

A FEW LUNCH MENU SAMPLES FROM 2023

(Find the full 2024 menu on our website

www.restaurant-cotebrune.fr)

Nems au reblochons 20.00 €

Salade côte brune 19.00 €

Fondue morilles et cèpes
..... 33.50 €

Entrecôte grillée 30.00 €

Steak burger (180g) 24.00 €

Bacon and cheese,
steak burger (180g) 25.00 €

Pizzas From 16.00 €

Wine Samples: 75cl.

Mondeuse (red) 34.00 €

Crozes Hermitage (red) 45.00 €

Apremont (white) 30.00 €

Savoie Gamay (rose) 30.00 €





LE RASTRO is legendary in Méribel.

Opened way back in 1985,
by Sonja and Ralph Lau, Le Rastro is now
run by their oldest son **Chris** and his
wife **Rachi**. It's also a little exposition of
all the **Telemark** trophies won by this
family of Champions.

This log cabin style restaurant serves
great food at reasonable prices at
both lunch and dinner. **Burgers,**
Steaks, Pastas ect, & of course
traditional **Savoyard** fondues. Ski
to our terrace (near «Plattières»)!

Also **live bands** are featured
throughout the season.

In Mottaret?

Be sure to check it out.

In Meribel?

Jump on the free bus.
Just 5 minutes away.

Bus stop: Chatelet



Lunch: 12.00 - 14.30

Dinner: 19.00 - 22.00

Rough Guide For Lunch. 20€ pp.

Rough Guide For Dinner. 30€ pp.

Reservations

+33 (0)4 79 00 41 51



La Sittelle

Mottaret (Just below the Chatelet Chair)



Lunch: 12.00 - 15.00

Rough Guide:

25 - 30€ p.p. with wine

Reservations: 06 15 24 81 34

Sittelle now has 2 catering sections. The main sun terrace & interior with log fire. This has full waiter service. Then below the main deck is the fast food takeaway bar.

The fast food take away bar is a perfect solution for keen skiers in a hurry or those that just want some simple but tasty food at a reasonable price.



La Sittelle



Menu Samples From 2023 (Expect a few small changes for 2024)

Soups & Salads

- *Soup of the day: €14
- *Onion soup, with grated cheese and croutons: €15
- *Seasonal poke bowl with a mix of spices, chickpeas, herbal lentils, marinated, carrots, lemon, couscous, and green salad: €20

Some Dishes to Share

- *Local sausages with the white or rose wine: €20
- *A selection of three Savoyard cheeses: €15
- *A selection of local Savoyard cured meats: €15
- *A mixture of local local cured meats and a cheese platter: €25

Steak Burgers (French Top Quality Meat)

- *Le classic Burger (tomatoe home made sauce & onions): €22
- *Le Montagnard burger (classic + bacon): €23
- *Le Savoyard burger (Classic + cheese): €23
- *Le R & B burger (Homemade oignon & tomato sauce, cheese & bacon): €25

Our Regular Must Have Dishes!

- *Homemade beef spaghetti bolognaise: €23
- *Homemade baked lasagna served with salad: €25
- *Entrecote or Sirloin steak (220gr) with fries and salad: €29

Local Specialities

- *Local buckwheat pasta mixed with mushroom and grated cheese: €25
- *Local diots (pork sausages) cooked in white wine and onions served with local pasta: €27
- *Tartiflette (potatoes, bacon, and local cheese, plus green salad): €25
- *Melted cheese served with potatoes, cured ham and green salad: €29

Omelettes

- *Plain omelette: €19
- *3 cheese omelette: €21
- *Cheese and bacon omelette: €23
- *Cheese and mushroom omelette: €23
- *Cheese, bacon, caramelised, onions, and mushroom omelette: €23

Desserts

- *Homemade chocolate mousse: €9
- *Blueberry pie: €9
- *Raspberry pie: €9
- *Cafe Gourmand: €11

Wine Samples *House wines (75cl)

- *White / Red / Rose: €19
- *Gamay (red): €26
- *Mondeuse (red): €32
- *Vacqueyras (red): €34
- *Chardonnay (white): €26
- *Apremont (white): €26

La Terrasse

Open for Morning Coffees, Lunch, Apres Ski & Dinner



Mottaret (Chatelet) (In front of Plattieres ski lift)

Reservations: 04 79 08 35 95

Many Méribel Mottaret visitors know the restaurant La Terrasse as an extremely friendly little lunch & dinner venue at Chatelet, almost opposite the Plattieres Gondola station. For many years the food and service has been wonderful here. Very friendly service and a lovely sun terrace. In bad weather up goes the giant marquee. The menu always has a good choice and reasonable prices. You can check out the full 7-day menu on Page 3. Mountain restaurants or dinner restaurants.



ALL YOU CAN EAT LUNCHTIME BUFFET EVERY DAY 12H00 - 15H00

Special Unplugged Deal

~~27.95€~~ 22.95€

quote 'Unplugged'

Starter buffet, soup, salads
Regional specialities, dessert buffet
South facing terrace - Ski in - Ski out

Next to the Perdrix slope in Mottaret
Chemin Chardon, 73550 Meribel, Les Allues, France
www.hotellemottaret.com | +33 4 79 00 47 47

  Hotel Le Mottaret / @hotellemottaret

Day 2 - Courchevel 1850/1550/1300

La Tania/Méribel



Saulire Summit - Courchevel 1850

9am: Chaudanne. **Saulire Express** – to mid station only. **Altiport** to Loze chair. Head towards Courchevel on **Col Du Loze** then drop off left on the **black Dou des Lanches** or continue to **Lanches**. After take **Folyeres** all the way down to La Tania. A real fun rollercoaster in the early mornings. Take La Tania gondola - Then **L'Eclipse**, the famous men's downhill run, then **Murettes**, a really nice run through the forest to Le Praz old village.

La Praz gondola back to 1850 & then ski down to the **Plantree chairlift**.

A nice cruise down **Loze** to 1850 centre. Go under the bridge then hang right to **reach Provères** down to 1550, now known as Courchevel Village. Do check out "**L'Oeil De Boeuf**" while you are here! A fabulous little high quality steak house with all beef cooked on an open fire. Find it at the bottom of the piste in right front of you.

Catch **Tovets gondola** back to 1850 – **Verdons gondola** – **Saulire cable car**.

Combe Saulire or **Grand Couloir** – your choice. **Grand Couloir** is infamous! It develops some big moguls sometimes! Also has a hairy narrow ridge to get to it too. Not for the faint hearted. Back at mid station maybe start thinking of lunch for 12.00. Read my reviews to decide which suits you. 1850 or La Tania. Choice is yours.

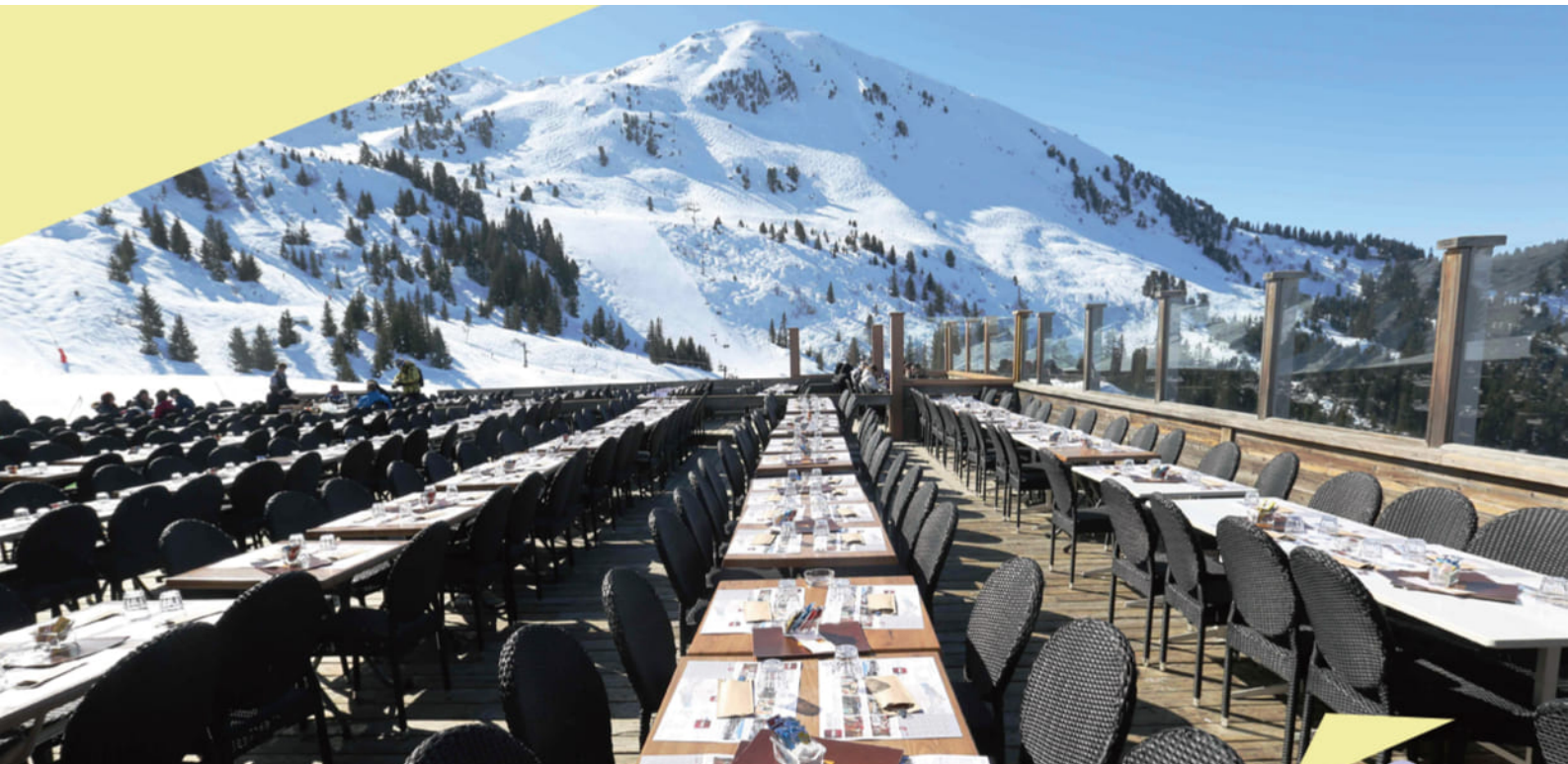
1pm +: Back to Méribel via **Col de Loze** & **the Boulevard Loze** if open. Or **Take Pic Noir** a **blue run** but a **red in my opinion**.. Can get **VERY icy** in places. Catch Altiport chair then ski usual routes back down to chaudanne past Rond Point.

Catch the **Legends chairlift**. Then ski **La Face** (a black but not too extreme) or **Grand duc – Gelinotte** down to Chaudanne again.

After lunch the bottom section **blues** will almost certainly will be a bit worn and icy so take note.

Catch **Saulire express** back up to the top. It will be very busy here so ski round to the Méribel side – ski **Biche** and others in this area. Or for apres ski pop to the **Folie Deuce** 3pm – 5pm again and then on to **LDV Méribel Village** or **Rond Point & Jacks** All kick off about 4 – 5pm.

32 Please feel free to give feed back to rob-smart@meribel-unplugged.co.uk.



Le Bouc Blanc

LA TANIA

Reservations: 04 79 08 80 26

Lunch: 12.00 - 15.00

Rough Guide p.p. with wine: 30.00 € - 35.00 €

This is a really exceptional mountain restaurant, and **VERY** reasonable in price. It serves wonderful food and gives a very fast service, even when busy. **Le Bouc Blanc** was re-furnished back in 2015 and an outside snack bar was added. Perfect for a fast takeaway for keen skiers. The restaurant sits on the Bouc Blanc piste at the top of the La Tania Gondola. With a superb giant sun terrace plus a large warm comfortable interior on 2 floors. Lovely log fire too. French friends introduced me to this restaurant many years ago. I have visited **Le Bouc Blanc** every year since and never been disappointed. Of course do expect some price increases for this season due to supply issues & the energy crisis. **Le Bouc Blanc** also has regular excellent reviews on Trip Advisor. Always a good sign. The Dou Des Lanches chairlift just below the restaurant pops you back in to the Méribel valley in just 5 minutes. Extremely convenient for a late lunch.

Menu samples from the last 2023 winter season

Dish Of The day 20.00 € Children's Menus (2 courses) 15.00 €

3 Course Skiers Menu 30.00 € Starters 7.00 €

Main Course Samples

| | |
|----------------------------------|------------------------------|
| Omelette & Chips | 13.00 € |
| Pesto Linguini ... 18.00 € | Grilled Salmon 23.00 € |
| Lamb Chop with Herbs | 26.00 € |
| Sirloin Steak (grilled) XL | 29.00 € |

(Our meats and fish are accompanied by: fries, Savoyard gratin, green beans or green salad.)

Desserts From 9.50 €

Wine Samples (75cl)

| | |
|--|----------------------------------|
| House wine (Merlot - red) | 24.00 € |
| Gamay (red) | 25.00 € |
| Cotes du Rhone (Vacqueras - red) | 35.00 € |
| Chignin (white) ... 24.00 € | Rose de Savoie (rose) .. 25.00 € |

33



Le 1928 Restaurant - Oyster Bar

Reservations: 04 79 08 32 34



Lunch: 11.30 – 16.00
Rough Guide: 45.00 € – 50.00 € pp. Inc wine.

Le 1928 is a wonderful restaurant with a fabulous sun terrace. This restaurant is perched right at the top of the Col De La Loz which divides Méribel from Courchevel. I had one of my best-ever fillet steaks there last season. The steak was served with wild morels mushrooms and gratin potatoes. It really was a totally delicious meal plus the rum baba dessert afterwards also deserves a mention. For a very special lunch, this restaurant is another one I feel I can recommend to you. To get there take the Loze chair from the Altiport or stop off on your way back from Courchevel. A perfect venue for a late lunch in the Sun. Always try to reserve.

Menu Samples

Starters: (To Share)

Country Terrine With Wild Garlic 13.50 €

Main Courses:

Filet of Beef with small potatoes & vegetables 39.50 €

Filet Of Sea Bass With Velvet Crab Juice, Fresh Vegetables & Linguine With Truffle Oil 33.80 €

Free range chicken casserole with ceps mushrooms, small potatoes & vegetables 35.80 €

All Menu Samples & Prices are from 2023 Season (Expect some changes for 2024)

Find the full 2024 Menu on
www.meribel-unplugged.co.uk

Suggestion of the Day: 28.50 €

Try our special Formula Du Jour

(Main Course + Dessert)

Child Menu: 19.00 € Desserts: Around 10.00 €

Desserts:

Café Gourmand 14.00 €

Crème Caramel & Salted Butter Caramel 9.50 €

Wine Samples 75cl:

Cote du rhone 38.00 €

St Joseph 51.00 €

Vacueras (2015) 55.00 €

Day 3 - Courchevel 1650



1850 Piste with Balloon



Courchevel Town

Petite Savoyard



Western Ski Park

9am: Chaudanne – Take the Saulire Gondola express to the top.

Route 1: **Creux** to half way, then hang a left on to **Lac Creux**. After 100m find **Marmottes**. If this has been groomed it is a super run down to Chanrossa. Wait for Chanrossa chair to open (9.40am). It is worth the short wait to make first tracks. At top = **Roc Merlot** then **Pyramide**. Now follows a fabulous relaxing cruise to the Bel Air restaurant. It should be nearly 10am. Take a hot chocolate on their fabulous sunny terrace. This is also a great spot for lunch on the mountain. Advance reservations essential here. Just before you arrive at Bel Air is the Indian camp. Great for the kids. It used to be located on the run of the same name (**Indians**) but has now moved.

Route 2: If Marmottes has not been nicely groomed continue on to the Altiport. A beautiful quiet piste at 9.30am! In the sun too. Hang right immediately past Pilatus restaurant on **Prameruel**; ski through the trees down to Roc Mugnier chairlift. At the top drop left down to the Pyramid twin draglift. (Note: they run at different speeds!)

Now you have a superb choice of **reds** and **blues** in 1650. They are all good to go for except **Roc Mugnier**. This one is never pleasant. Often icy, even early morning. Avoid it unless you enjoy icy worn pistes.

12pm: For lunch choose Bel Air sun terrace or ski down to 1650 centre. Through the gap by Portetta hotel find Petite Savoyard 50 yards to your right.. Lovely place - lovely people. They have great reviews on Trip Advisor by the way. There are several ways back. All take a fair while so I suggest you leave the 1650 area about 3pm latest.

Route 1: Ariondaz Gondola – Signal Chairlift – Pyramide double draglift – Roc Merlet chair. Ski **Chanrossa** or **Jean Pachod**. Neither are too extreme. Catch Marmottes chairlift then follow the sign for Méribel (**red**). **Chamois** or **Biche** will both lead you to the Folie Douce by the mid station of Saulire express. Have yourself a party or just play around in this area till 5pm. Then be sure to head for either LDV at Méribel Village or the Rond Point & Jacks for live music. The Ronny is world famous, LDV is a secret gem for locals in the know, & Jacks opened in 2020 at Chaudanne.

Route 2: (Easier). Ariondaz gondola then Pte Bosse draglift. Ski **Gravelles** to the Aiguille Du Fruit chair. Ski down **Altiport** to Suisses chair then same route to Méribel as from Marmottes chair previously.



Le bel-Air

Courchevel 1650

Tel: 04 79 08 00 93
Lunch: 12.00 - 15.30



The Bel Air is extremely highly regarded. It has a reputation for excellent food, fast & friendly service accompanied by very fair prices. This restaurant has a fabulous south-facing terrace plus a warm inviting interior with a blazing log fire in cold weather. Our personal recommendations here are the excellent daily plat du jour (33 €) or the succulent BBQ lamb chops. Both include a simple but tasty green salad as starter. The menu also includes a varied list of wines which will suit most diners.

For lunch on a mountain terrace in Courchevel 1650, the Bel Air just cannot be beaten. It is located adjacent to the summit of the Ariondaz gondola arriving from 1650 centre. Advance reservations are very strongly advised.

MENU SAMPLES FOR 2024 SEASON

DISH OF THE DAY 33.00 € (Includes Bel Air Salad)

CHILD MENU (Up to 12 years) 21.00 € (Minced Beef with French Fries & Ice Cream)

STARTERS

Bel Air Salad (Lettuce, Walnuts, Cheese, Vinaigrette Sauce): 13.00 €

Alpine Saucisson: 17.00 € Home-made Pâté: 17.50 €

Beef Carpaccio (Strips of Beef, Lemon, Parmesan): 21.00 €

Assorted Cold Cuts (Ham, Saucisson, Pâté): 25.00 €

Mixed Plate (Tomatoes, Mozzarella, Raw Ham): 23.00 €

Snails (6) Home-made Snail's Butter: 17.50 €

BEL AIR GRILLS (Includes Bel Air Salad, & Chips or Delicious Gratin Potatoes)

Beef Tenderloin with Mushroom Sauce: 40.00 €

Sirloin: 33.00 € Sirloin with Shallot Sauce: 35.00 €

Lamb Chops (3): 35.00 € Flank Steak with Shallot Sauce: 33.00 €



SAMPLE BEL AIR SPECIALITIES

**1/4 of a roasted farm chicken
with tarragon sauce**

(served with french fries): 28.00 €

Tartar Steak 150g with french fries (not prepared): 28.50 €

Tartiflette (potatoe, bacon, reblochon) **preceded by a Bel Air salad:** 29.00 €

Knuckle of lamb confides, wipes in the thyme (served with a gratin dauphinois
- preceded by a Bel Air salad): 36.00 €

Beef jerky (Strips of beef, olive oil, green vegetable, lemon): 26.00 €

Savoy omelette (Eggs, diced bacon, onions, leeks, potatoes): 22.00 €

Gambas "à la Provençale" with a Bel air as a starter: 41.00 €

Vegetarian plate (ravioles, provençal tomato, lentils, ratatouille, tomatoes, rice): 26.00 €

Ravioles with roquefort cheese sauce: 25.50 €

Ravioles with salmon sauce: 25.50 €

BEL AIR DESSERTS FROM 12.00 €

SAMPLES FOR THE 2024 BEL AIR WINE CELLAR

House wines 75 CL

Red: Bel Air Vintage "table wine" (75 cl): 21.00 €

Côtes-du-Rhône

Red: Vinsobres "cave du Prieuré" (75 cl): 33.00 €

Red: Gigondas 58.00 €

Vins de Savoie (White and Red)

White: Roussette - Cuvée gastronomique: 38.00 €

White: Chignin: 31.00 €

White: Chignin Bergeron: 45.00 €

Red: Gamay de Chautagne: 34.00 €

Red: Mondeuse Gastronomie: 38.00 €

Rosés: Provence and Savoie

Rosé de Savoie Gamay (75 cl): 31.00 €

Provence - Carte Noire -

Vignerons de Saint Tropez: 37.00 €

Bordeaux (red)

Château Bel Air - Graves de Vayres
(75 cl, matured in oak casks): 42.00 €

Château Fleur de Jean Gue Lalande de
Pomerol 2015 (75cl): 70.00 €

Prosecco (sparkling wine)

La Gioiosa - Blanc Brut

- DOC - (75 cl): 35.00 €

Champagne

Pol Roger Brut (75 cl): 87.00 €

LE PETIT SAVOYARD



Courchevel 1650 centre

(2 minutes stroll from the piste)

Tel: 04 79 08 27 44

Lunch: 12.00 - 14.00

Rough Guide: 25.00 € - 30.00 € p.p.

Plat Du Jour: 16.50 €

Child Menu (2 courses): 18.00 €

Menu Samples From 2023 Season

Starters

*Hot goat's cheese salad (large) .. 20.00 €

*Snails with parsley (12) 19.50 €

Main Courses

*14 different pizzas from 16.00 €

*Entrecote (Ribeye) "Angus" steak
..... 31.50 €

*Grilled sea bass with creamed
beetroot & vegetables 30.00 €

Wine Samples (75 cl)

Côte Du Rhone (red) .. 29.00 €

Apremont (white) 28.00 €

Provence (rose) 31.50 €

This is an excellent, charming little restaurant. Just take a short stroll from the crowded piste and you are sure of great food and a very warm welcome. There is no sun terrace but it has a beautiful rustic interior (inc top-class toilets!) We usually choose the plat du jour & with a bottle of our favorite Cote Du Rhone wine expect to pay about €30 pp. The owners Pascal & Babette have retired but their established regular friendly staff are still here serving you with a smile. A lovely little special place for lunch. Find it 100m to the right of the Ariondaz bubble through the gap by the Portetta Hotel. Cross the street at 45 degrees to your right and there it is, tucked in the corner. I promise you will love it here. Reservations are strongly advised.

Day 4 - St Martin De Belleville



St Martin de Belleville Old Village

Chaudanne. 9am.

Take the fast "**Legends**" heated chairlift then **Tougnete 2 chairlift**.

This is an easy relaxed day of skiing. No nasty surprises today!

1st run of the day is **Pramint**. Normally nicely groomed. Also be sure to do this one if it snows overnight. They groom it early during the night so you can often find soft fresh new powder on a smooth prepared piste. Heaven!

St Martin 2 Chair. Catch this chair. Now ski **Crêtes**, past **Maya Altitude** restaurant. Then **Jerusalem**. **Jerusalem** is now also a **blue** in places. It can be a really lovely run in the mornings. Take a cruise all the way down to St Martin in case you fancy lunch later in the village. Turn sharp right after the tunnel for the lovely old village.

Here is a slow beginner draglift – Back up to the new village of St Martin. A pleasant stop for a coffee (with real coffee beans!) is **La Dahlia** opposite the Gondola. Very friendly Dutch owned pub/restaurant, with some super veggie choices on the lunch menu.

Next take **St Martin 1 Gondola & St Martin 2 Chair**. Turn right to **Gross Tougne**. At Grand Lac restaurant take Grange chair. Ski **Grand Lac** one of the nicest runs in the 3 valleys. At the bottom catch Teppes (an old VERY steep & fast Draglift). Hang on tight. It lifts you off the ground! Then ski **Teppes** back down again to the bottom. Now you are near to an early lunch. Decide! St Martin mid station. My choices here are **L'Eski** opps the chairlift. Or **Le Refuge Le Trait D'Union** just below the mid station. (Worth finding!) In St Martin old village, **La Voute** (superb value) or St Martin new village **Le Dahlia** (simple pub grub) The choice is all yours. Each one is well worth a visit. Read my reviews for an idea of cost and menus.

1.30 pm: Off to **Les Crêtes piste** at the top of St Martin 2 chair.

Opposite the Maya Altitude restaurant ski both **Blaireu** and **Faon** down to mid station Tougnete. They are quite similar runs and both tend to have good snow in the afternoons and usually not too busy.

After doing both these 2 head down via **Perdrix** (Mottaret), below Tougnete mid station and **Combe Laitalet** which drops on to the **Truite** to Chaudanne.

Catch **Saulire Express** to the top. It will usually be very busy on the piste for the first 200 meters but after that fairly quiet on the Méribel only section of the Saulire mountain. At the top it is start of the route down for both Méribel and Mottaret. Choose Méribel! Mottaret route is very busy with other 3 valleys skiers heading home.

3pm: Time to plan more après ski or just stay skiing in the sun (hopefully) on the Saulire Mountain side. Always keep off the main 3 Valley through routes after 3pm. Often very busy! That especially means Mottaret centre & Chaudanne.

L'ESKIS

Open: 9am - 5pm

Reservations: 04 79 08 95 36



L'Eskis restaurant St Martin De Belleville mid station.

The restaurant experienced new very friendly owners in 2022 season. It has a beautiful sun terrace with exceptional views plus a warm, cosy interior for cold snowy days. The location is right opposite the gondola up from St Martin village. From the restaurant just ski across to the chairlift direct back to Méribel. The perfect venue for a late lunch. Also a relaxing stop for an early morning coffee or hot chocolate in the sun. We love it here.

**Note: All menu and price samples from 2023 season.
(Expect a few changes for 2024)**

- **Child Menu** 9.50€
- **Plat du jour** from 16.00€
- **Starter Samples**
 - Green salad 6.50€
 - Forest crispy soup 18.00€

● **Main Course Samples**

- Diots savoyard sausages in wine & onion with polenta 21.00€
- Tartiflette (potatoes, bacon, onion, cream, cheese & salad 24.00€
- Hot melted fondue cheese, salad, potatoes, charcuterie 26.00€
- Rib steak (250g) with frites or vegetables & salad 28.00€

40 Wide choice of steak burger meals from 19.00€

Desserts

A delicious choice of tempting home made desserts from 9.00€

Wines 75 cl (Red, White, Rose from 24.00€)

L'Eskis has a super selection of local & various other regional French wines.

La Voute

TEL: 04 79 08 91 48

Lunch: 12.00 - 15.00

Rough Guide For Lunch: 25.00 € - 35.00 € p.p.



A truly fabulous restaurant in the ancient village square right opposite the church.
Just a short stroll across the road from the base of the old draglift.

La Voute is renowned for both quality and really exceptional value. Their excellent 2-course lunch menu, Dish of the day + Dessert of the day (€ 21) is extremely popular and one of the best value lunches in the 3 valleys. We have eaten here for 30+ seasons now and lunch has, without exception, always been a total pleasure.

Highly recommended for a super lunch.

Be sure to reserve. All prices & menu samples from 2023 season.

Menu Samples & Prices (From 2023 Season)

Child's 2 Course Menu 14.00 €
French Onion Soup 13.50 €
Pizza choices (15) from 13,50 €
Charolaise Rib steak,
home made chips (300 g) 27,00 €

**Delicious Home Made Desserts
From 8.50 €.**

A Few Wine Samples, 75 CL From 2023

Gamay (red) 26.00 €
Côtes Du Rhone (red) 28.00 €
St Joseph (red) 42.00 €
Provence (rose) 25.00 €
Chignon Bergeron (white) 33.00 €
Chablis (white) 44.00 €



REFUGE LE TRAIT D'UNION

DAILY LUNCH MENU 2 COURSES

RESERVATIONS ESSENTIAL: + 33 (0) 7 70 28 85 77

PLAT DU JOUR: 20.00€ DESSERT: 7.00€

WINES 75CL FROM 19.00€ - 35.00€



What a little gem this one is. It opened for the first time in 2018. I love finding places like this. So charming and totally off the beaten track. The set lunch menu here is very simple traditional French family food and NOT expensive. This is a really a super little restaurant, where the mother and daughter also often play their accordions after lunch! A wonderful fun experience! You will find the small signpost on your left about 200m below the mid station of St Martin. Ski very slowly and look carefully for the wooden sign right by the piste. Absolutely essential to reserve. It really is a VERY small & quaint venue. You can also stay overnight! Again reservations essential. It already has some great **5 star** reviews on Trip Advisor. You will fall in love with this place. It's like being invited in to a local family's own mountain cottage!





ST MARTIN DE BELLEVILLE
– NEW VILLAGE

Tel: 09 83 69 28 27



Lunch: 11.30 - 15.00

Rough Guide: 25 €- 30 € p.p.

Child's menu (in 2023): 14.90 €



This restaurant is in the new village just across the piste from St Martin 1, the 8 man gondola. Le Dahlia is renowned for great simple pub style food, (great burgers) and an extremely friendly welcome from the young Dutch owners & their staff. All the dishes here are excellent value and I can personally vouch for the "veggie burger" that I ate here last season! Delicious. The best I have had for a long time! This is high quality pub grub here, with good cold beer, inexpensive house wines, and some great lunchtime music. Highly recommended for an enjoyable pub lunch on a sunny day.

Menu Samples From 2023

| | |
|--------------------------------|----------------------------|
| Salade Nicoise: 14.90 € | Bollywood Burger: 18.90 € |
| Tartiflette: 18.50 € | Spicy Burger: 18.90 € |
| Tagliatelle Bolognese: 16.50 € | Vegetarian Burger: 17.90 € |

Day 5 - Les Menuires

Les Menuires (centre)



NOTE: THIS FULL DAY IS FOR CONFIDENT INTERMEDIATE SKIERS ONLY.

9am: Chaudanne: The fast "Legends" heated chairlift – then Tougnete 2 Chairlift.

Gross Tougne to Grange chair to 3 Marches summit.

Ski **Allamands** then take Becca chair – ski **Becca** & **Petits Creux**. Catch Mont de La Chambre chair – Ski **David Douillet** & **Boyes**. As you approach Reberty Village Le Ferme restaurant is on the right. Great place for a coffee stop. Good for lunch later too. Quite inexpensive for the 3 valleys.

Boyes own to Les Menuires Centre. This place is typical 70's high rise! Not pretty. However it has some superb skiing and great value restaurants so well worth the visit. Ski though the gap in the buildings and hang a left down to Pointe De La Mass new VERY fast Gondola up to the very top. Take **Fred Covili** then **Les Inverse** to the bottom.

12pm:

Catch Doron Chair out and choose where to eat. Read reviews of Le Ferme and L'Ours Blanc & Hillary hotel. All excellent and nearby. Call and reserve a table beforehand.

1.30pm:

Roc Des 3 Marches 1 (gondola - 1st class) – Roc Des 3 Marches 2 (chair).

Route 1:

Ski **Mouflon**. A bit steep in places and sometimes worn and busy but worth doing if you are happy with this. Brings you down in to Mottaret. Very busy on the way in to the centre usually. **Truite** to Chaudanne.

Route 2:

Ski **Grand lac** then **Pelozet** to mid station. Take St Martin 2 chair up to Tougnete then ski **Faon** or **Blaireu** down to Tougnete mid station.

Ski **Perdrix** – **Combe Laitalet** – **Truite** to Chaudanne.

3pm:

Time again for Après ski: Folie Douce – LDV – Rond Point – Jacks. Tuesdays Le Rastro also usually has live music in Mottaret about 5pm. Choice is all yours.



**LA TERRASSE
DE
L'OURS BLANC**
Les Menuires



Ideally located on the upper slopes of Les Menuires, the Ours Blanc Hotel & Spa is this winter's newest hot spot. In a chic and relaxed atmosphere, the 4-star address offers new high-end services and satisfies every expectation!

At lunchtime, **La Terrasse de l'Ours Blanc** proposes a gourmet cuisine and has an amazing terrace with panoramic view on the mountains. Guests can recharge batteries enjoying the sunshine and savouring tasty dishes made with local and seasonal products before head back out to the slopes!

Information

Open for the 2023/24 Season
7/7 for lunch: 12pm to 2pm

Panoramic terrace
Ski-in ski-out from La Montagnette slope

Home-made cooking
Local & seasonal products

La Terrasse de l'Ours Blanc

Ours Blanc Hotel & Spa**** | Rue des Iris Quartier Reberty 2000 73440 Les Menuires
reservation@hotel-ours-blanc.com | +33 (0)4 79 00 61 66 | hotel-ours-blanc.com

Reservations: +33 (0)4 79 00 60 57

Lunch: 12.00 - 15.00



I love finding good value restaurants off the beaten track and this is another one.

It's a wonderful venue for lunch. The hotel was named after Sir Edward Hillary, the first climber of Mount Everest. His portrait is actually inside the hotel! The food and service is excellent here. Last season we enjoyed one of the best ever Pot-au-feu.

A very healthy hot dish for a cold winters day & highly recommended. We love the hidden terrace here. It is one of those unseen

secret terrace restaurants most people don't know about.

Very special. Find the Hillary Restaurant under the Doron chairlift on La Montagnette green beginners area on the far left as you ski down towards Le Menuires centre.

Hillary Restaurant

Reberty 2000

Menu Samples From 2023

Scan for full 2024 Menu & Prices
On Page 3

● **Starters:**

- Home-made soup
- Perfect poached egg

with creamy mushroom sauce and coutons

● **Main Courses:**

- Chicken Wok
- Mountain Burger (beef steak 180g, fried onions, gherkins, raclette cheese, double bacon, reblochon cream, french fries and salad)
- Veggie Burger

● **Dessert**

● **Wines Samples (75cl)**

Côte du Rhone Malbec (red)
Apremont (white) Provence (rose)
Pichet (50cl) red & rose house wine





RESTAURANT-PUB

La Ferme de Reberty



Reservations:

04 79 00 77 01

Lunch: 12.00 - 15.00

Rough Guide p.p. with wine: 25.00 € - 30.00 €

Child Menu (2 course + drink): From 14.00 €

Plat Du Jour: From 15.00 €

Another brilliant & inexpensive choice for lunch on a giant sun terrace, with beautiful mountain views towards Val Thorens. The food here is delicious & the plat du jour is always outstanding value as is the kid's menu. Service is very fast and extremely friendly. La Ferme is in Reberty Village just below the top of the Doron chair lift (on the Boyes blue piste). Reberty itself is located off to the far left of Les Menuires as you make the descent from Méribel.

Menu Samples From 2023

(Expect a few small changes for this season)

Child Menu From 14.00 €

(2 courses + drink)

Wine Samples. 75cl

| | |
|--------------------------------|---------|
| Côtes du Rhone (red) | 25.00 € |
| Mondeuse (red) | 30.00 € |
| Crozes Hermitage (red) | 32.00 € |
| Saint Joseph (red) | 40.00 € |
| Apremont (white) | 25.00 € |
| Chignin Bergeron (white) | 34.00 € |
| Côtes de Provence (rose) | 30.00 € |

Starters

| | |
|-------------------------|---------|
| French Onion Soup | 12.00 € |
| Goulasch Soupe | 13.50 € |

Main Courses

| | |
|---|---------|
| Slow Cooked Poultry Supreme, Wild Mushrooms & Mashed potatoes | 23.00 € |
| Cheeseburger (Beef Steak) & Frites .. | 17.00 € |
| Lamb Shank with Garlic & Thyme ... | 26.00 € |
| Crying Tiger Style Marinated Steak Lightly Spiced, Chilli & Coriander | 28.00 € |
| Scottish Red Label Salmon Steak | 24.00 € |
| Prawn Wok, Noodles & Vegetables | 27.00 € |

Day 6 - Val Thorens 2300m

(Note: Often very cold!)

Peclet

Méribel

Val Thorens (centre)

Cime Caron

Les Menuires

Val Thorens View

SPECIAL WARNING: THIS TRIP IS A LONG TRIP & IS FOR GOOD INTERMEDIATE SKIERS ONLY. ALSO PLEASE ALWAYS SPLIT UP YOUR SKIS WITH A FRIEND WHEN LEAVING THEM UN- ATTENDED. ESPECIALLY IN VT AS A TAXI BACK IS ABOUT 150+ EUROS !!

9am: The fast "Legends" heated chairlift & Tougnet 2 chairlift.

Gross Tougne to **Grange chair**. **Alouette** to **Côte Brune Chair** (Note: long & usually very cold).

Follow signs to Val Thorens till you reach **Pluviometre** on the right. A long run all the way to just below VT centre. Continue down to **Caron gondola** and then the cable car to the very top at 3200m.

Might be time for a hot chocolate here? Should be about 10.30am and often cold and windy at this elevation. Be sure to climb up to the large ski compass on left side and take in the fabulous views from all over the Alps.

Col de L'audzin down is the easiest route down even though usually very busy. Then **Gentiane** down to Boismint chair. Ski **Boismint** then **Plan de L'eau**. A great run.

Catch the Chair lift back up. Head for **Cairn Gondola** then catch the **Funitel Peclet** to the other side of the valley.

At the top are 2 super runs down. Choose. The **Tête Ronde** brings you to **Dalles piste** The snow in this area is usually excellent and not so busy. We no longer recommend a long relaxed lunch in Val Thorens. Prices seem to have increased a lot and there are many accidents on the way back late in the day. We now prefer a fast self service over here or we ski back to Les Menuires on the easy route and enjoy a relaxed lunch there.

The large **Chalet De Caron restaurant** located by Cime de Caron on **Cairns piste** is a good value self service or also with waiter service expected this coming season. The new very friendly family owners here were at St Martin mid-station before.

3pm: Try to leave VT by this time. It is a long trip back (about 8km and 1 hour + skiing).

Route 1: For good confident skiers. **Plein Sud Chairlift & 3 valleys 2 Chairlift**.

Quickest route home is by **Lac de La Chambre**, a long run & often very busy. Joins **Campagnol** from Mont Vallon for the run back to Mottaret centre via **Plan Des Mains chairlift**. Then take **Truite** from Mottaret as usual down to Méribel.

Route 2: Easier but a longer route. **Boulevard Cumin** to Les Menuires.

Doron chair – Les Menuires centre – **Roc de 3 Marches 1 Gondola** – **Becca Chair**
– **Boulevard de la Becca** – **Grand Lac – Pelozet** – **St Martin 2 chair** – **Faon** or **Blaireu** – **Perdrix**
– **Combe Laitalet** – **Truite** – Chaudanne.

4.30pm - 5pm: Time for some après ski partying as usual. My choices: **LDV** at Méribel Village, **Rond Point**, or **Jacks** located right here at Chaudanne.

48 I hope you all had a great week. Feel free to send feedback. Cheers Rob Smart.



Open: 09.00 – 17.00

Reservations: +33 (0) 4 79 00 01 71

This is a massive renowned piste side restaurant in Val Thorens, located on the “*Blue Cairn Piste*” very near the *Cime Caron* cable car. 2022 season was the first season for this new friendly family. They previously operated the restaurant Au Chaudron at St Martin De Belleville mid station in 2020 season. This one is a self-service restaurant with fast service & very reasonable prices for VT. Perfect for a quick turnaround lunch for those keen skiers in a hurry.

A full waiter service section is planned for 2024 so best reserve a table in advance. As you can see it has a fantastic sun terrace but also has a warm interior for those cold winter days. There is a choice of local and regional French wines on the wine list plus a some delicious homemade desserts to round off your meal.

You can find the full 2024 menu on www.meribel-unplugged.co.uk

A BRIEF HISTORY OF MÉRIBEL

1920's

During the 1920's Arnold Lunn (Lunn Poly) was researching the Trois Valleys area and realized that it could rival any ski resort in Switzerland.

1930's

The skiing development of Méribel was promoted by a Scottish Colonel Peter Lindsay, who spotted the potential of the valley in 1936. His son David and his grandchildren still ski in Méribel. Peter Lindsay's ashes and those of his wife are scattered on the Burgin mountain. Peter was influenced by his close friend, Arnold who had mentioned Méribel and he introduced Peter to the French Olympic champion skier Emile Allais and Andre Tournier.

1936

Peter and Emile explored the 3 valleys including the longest known off piste route in Europe at that time. They skinned up to the Saulire ridge and skied the 12k off piste through the forest down to Brides Les Bains. The guide was a local, Clestin from the Gacon family. It was probably this experience that caused Peter to settle in Méribel.

1938

Peter Lindsay believed that if they put in a ski lift the English would come. So in 1938 he constructed the first lift (a 19-seater tractor driven sledge – "The Red Dragon") This ran from near the Doron pub up to an area by what is now L'Adray Telebar.

1946

After the war Peter returned, working with 4 architects including Christian Durupt and Dédé DETOUR, to create a mountain ski village in traditional Savoyard style. (Dédé still regularly visits Méribel. Pictured at lunch in 2011 at Le Plantin, with Robert the owner.)



Peter formed Méribel Alpina, the Méribel Lift Company, then the only British owned ski lift company in Europe. Under Peter's guidance the resort was carefully developed in a "traditional" chalet style.

1950's

Word spread & Méribel started to become popular in the 50's with many aristocratic Brits & French notables such as Brigitte Bardot building private chalets. You can see an autographed picture of Bridgit Bardot in Chamoise Sports Méribel 1600. All old Méribel photos on this page are courtesy of Robert Front's charming his toric collection.



1951

Meanwhile in Courchevel similar ideas and developments were also progressing and in 1951 the 2 resorts were linked by the Burgin Saulire lift.

1960's

The 60's package holidays boom started originally by Lunn Poly and supported now by Inghams and others increased mass popularity of skiing in the UK.

1964

In 1964 Les Menuires was created. Unfortunately it did not benefit from Peter Lindsay's influence. Take a look and see for yourself.

1971

In 1971 Val Thorens started its development with the installation of a few draglifts. By 1982 with more lifts plus the new Caron cable car, at the time the largest in the world, it had become famous as the highest resort in Europe. VT has recently improved its appearance, using Méribel's wood-clad chalets as an example. Also in 1971 the first 3 Valley passes were created.

1972

1972 and Méribel Mottaret was developed, giving another dimension to the Méribel valley, with door to door skiing.

1980's

David Lindsay, with the support of one of the first package holiday companies in Méribel (Snowtime), helped create the English speaking "International Section" of the Méribel ESF ski school. In Jan 1986 the ESF also created "Rally Savage" a 2.5 day off piste adventure. The experience of being their very first ever client, skiing with mountain guide Frederick, in 3ft of fluffy powder explains why your ageing editor is still here, more than 30 years later.

1984

St Martin De Belleville Village installed chairlifts, connecting with Méribel, opening up one the most popular off piste routes in the 3 Valleys + a fabulous lunch venue.

1989

Radio Méribel launches in Méribel. Rob Smart, your editor was the first English DJ sharing his personal music and bringing news and weather bulletins in English for the first time.

1990's

La Tania opened in 1990, in preparation for the 1992 Olympics.

1992

Méribel hosted the Albertville Winter Olympics Ice Hockey and Women's downhill events. Courchevel hosted the ski jumping. As a result 1992 finally put the Trois Vallees well and truly on the world map for winter sports.

2003

The Orelle Village, in a 4th valley was linked in to the Trois Vallees area via Val Thorens so the 3 Valleys are now actually 4! Rob Smart also created Méribel Unplugged in Jan 2003, now the most popular Méribel website in the UK. So now go enjoy your skiing/riding. All 600+ km of it!



*"RED DRAGON".
Méribel's 1st ever ski lift 1938*



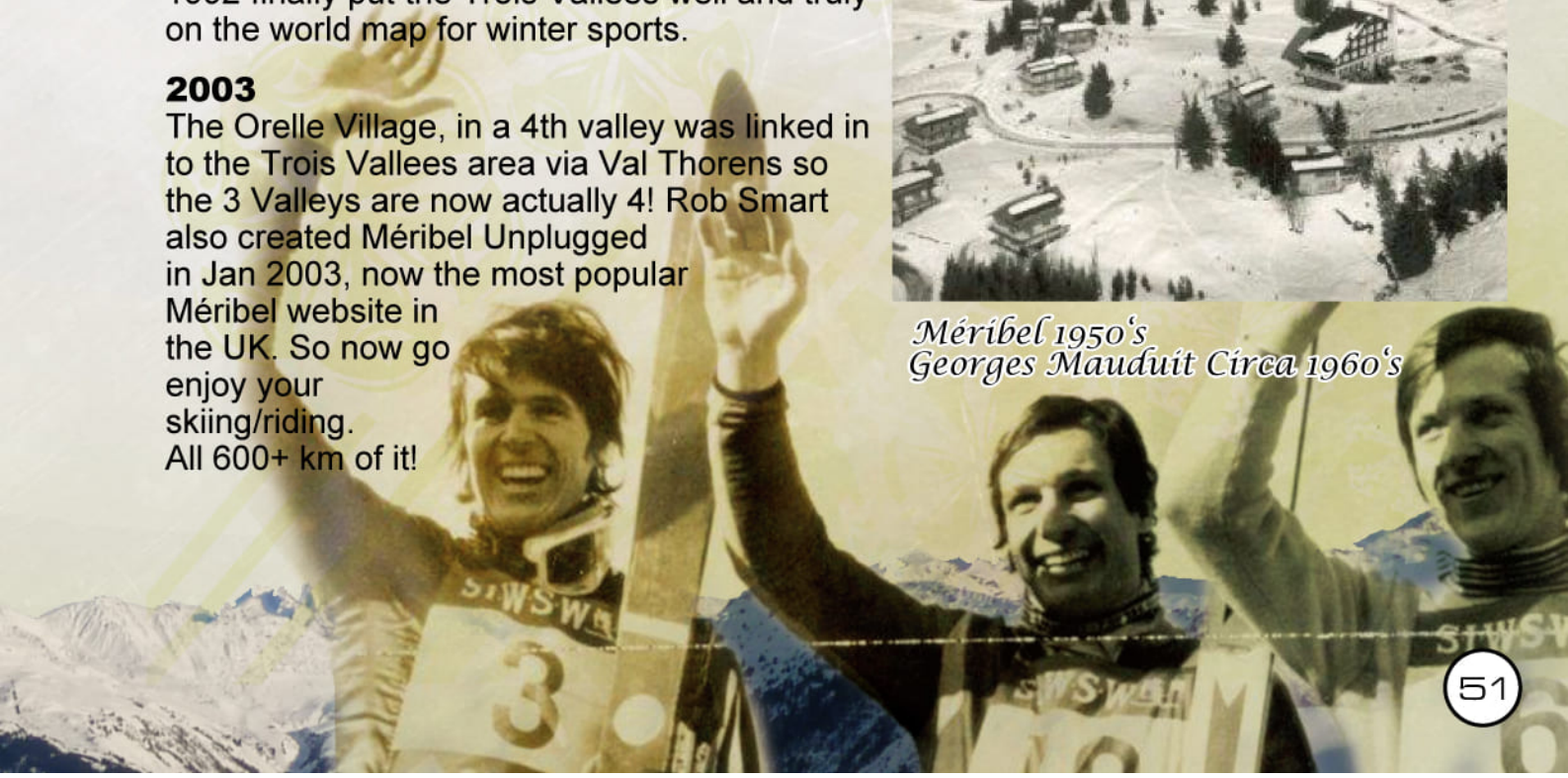
1st Bucket Lift Up To Saulire



Chez Kiki Restaurant At Morel



*Méribel 1950's
Georges Mauduit Circa 1960's*



RESTAURANTS DINNER

Méribel Unplugged "Good Food Guide"

WHERE TO GO FOR DINNER?

In the following pages you will find restaurants to suit all tastes and all pockets.

We visit all of the restaurants featured each winter. As we are not loaded you will find these reviews especially helpful if you are on a tight budget. Our reviews are completely independent, and based on last year's experiences.

Do reserve well in advance. These are definitely the best value restaurants in Méribel and quickly become fully booked, especially on the chalet staff nights off (Tues-Wed-Thurs) & French holidays (New Year & Feb).

Please take our strong advice & do as the French always do. Reserve the moment you arrive. Every year we see new visitors to Méribel, wandering around on cold winter evenings, desperately looking for a free restaurant table.

HOW MUCH WILL IT COST?

Our rough guide to the cost of an evening out for two is based on one simple main meal each and sharing a bottle of house wine. Your own bill could occasionally be less or indeed a great deal more. A full 3-course meal with a high quality wine could be more than double our rough guide. However, rest assured. All the restaurants featured here serve good food so you should have a very enjoyable evening, whatever the cost.

A USEFUL TIP

If you do find that your choice of a Méribel restaurant is completely full, which happens often on chalet staff's night off, then do check out the very best out of town restaurants that we recommend at Méribel Village, Mottaret & Les Allues. It is just a few minutes free bus ride from the town centre to any of them and then only a couple of minutes walk. So easy, and you will not regret your decision. (But always reserve!)

BAROMETER Bar, Pizzeria & Bistro - A bustling, town centre favourite serving pizzas and bistro menu non-stop every day alongside local beers, house cocktails and carefully selected wines.

With a truly international atmosphere, the warm, vibrant & stylish Barometer is right at the heart of Méribel. Open from midday every day, we serve the best pizzas in town non-stop alongside our French & Italian inspired bistro menu, local beers and excellent wines. House cocktails, big screen sports and great music are all on the menu too! Drop in and see us or call to reserve a table.





L'Arbé

Tel: 04 79 01 12 70



Open Lunch: 12:00 – 14:00

Dinner: 19:00 – 22:00

Menu Samples From 2023

- Children's Menu (2 courses): 11€

Starters

- Goats cheese salad: 9€ & 18€
- Escargots de bourgogne (6): 9€

Main Courses

- Full choice of pizzas: 10€ - 15€
- Cheese omelette & salad: 12€
- Chicken tikka masala: 15€
- Arbé burger with cheese (180g): 19.50€
- Flank of angus beef: 21€
- Veal kidneys with mushroom sauce: 27€

Wine Samples from 2023 (75cl)

- Mondeuse (red): 22€
- Crozes hermitage (red): 35€
- St Joseph (red): 38€
- Chardonnay (white): 18€
- Apremont (white): 21€
- Provence (rose): 26€
- House wine red, white, rose: 9.5€ (50cl)

This is a fabulous restaurant in old traditional style. Probably one of the best value restaurants in all the three valleys. You could have a three course dinner here including wine for about €40 per person! Julian the patron is the chef and all the food is great here. He also has an excellent pizza chef and if you're in Méribel, it's easy to get here. The free Meribus to the beautiful old village of Les Allues takes just 15 minutes and stops right outside the restaurant.



JACKS



www.jacksbar.fr

Des plats faits maison sont servis toute la journée !

- Petit déjeuner
- Déjeuner
- Dîner
- Snacks



"We will definitely be back and will let all our friends know where to go!"

–TripAdvisor review, 2023

**NOUVELLE
en 2023/24 !**

Méribel: En face La Chaudanne
Les Menuires: La Croisette

Nos plats
les plus
populaires !

Menu complet:



PLATS

FAUX FILET MONTBELIARDE | Filet de Montbeliarde 250g, frites maison, salade, sauce du chef

SALADE CÉSAR POULET | Suprême de poulet grillé, laitue romaine, lardons, anchois marinés, fromage grana padano, croûtons, œuf mollet, sauce césar maison

BURGERS

BADBOY BURGER | 170g steak hache façon boucher, cheddar grillé, bacon à l'érable, relish burger maison, laitue, tomate marinée à l'ail, oignon rouge au vinaigre, chutney jalapeno épicé maison

NOTORIOUS V.E.G. | Aubergine panée au panko, champignons BBQ, fromage San Simón fumé, aïoli à l'ail fumé, laitue, tomate marinée, oignon rouge au vinaigre

PIZZAS AU LEVAINS

SPIANATA PICCANTE | Sauce tomate maison, mozzarella, salami spianata épicé

LA TRUFFE | Base crème fraîche, mozzarella, pignons grillés, pancetta, champignons sauvages, roquette, d'huile de truffe

ITALIANO | Sauce tomate maison, mozzarella, tomates cerises, fromage burrata, roquette, pesto maison aux noisettes

Le Close-Up

Restaurant & Close-Up Magic Show

This is a really charming town centre 1st floor restaurant just 100m stroll uphill from the Méribel Tourist office. Service was extremely friendly & the food was excellent. Le Close-Up opened for the first time in the 2017/18 season and already has attained many 5 star reviews on Trip Advisor.

As a bonus, at the end of the meal François the owner, who is also a very talented magician, drops by your table with some of his magic tricks.

A fascinating and fun way to end the evening.

This is a highly recommended restaurant for an enjoyable dinner. Also at lunch, if dining in town, you can try to win a discount on your meal by solving one of his proposed puzzles.

To study the full 2024 menu beforehand just visit his web site

www.leclose-up.com

ADVANCE RESERVATION IS HIGHLY RECOMMENDED

www.leclose-up.com

TEL: 04 79 00 74 69



lounge bar - pizzeria

l'igloo

Food served 12.00 - 24.00 Non Stop

Tapas-Cocktails-Italian Specialites-Burger



MENU SAMPLES (FROM 2023 SEASON)
(expect some changes for this season)

Pastas

| | |
|---|---------|
| Linguini Carbonara | 19.50 € |
| Linguini with black truffle & nuts | 44.00 € |
| Gnocchi Primavera | 23.00 € |
| (Gnocchi, Artichoke, Tomatoes, Zucchini, Ricotta) | |

Sample Wines (From 2023)

| | |
|--------------------------------|---------|
| St Joseph | 46.00 € |
| Vacqueyras | 39.00 € |
| Côtes De Provence (Rose) | 31.50 € |
| Prosecco Riccadonna | 32.50 € |



Reservations:

Tel: 04 79 08 07 84

Starters

| | |
|-----------------------------|---------|
| Snails in Brioche (6) | 14.50 € |
| (12) | 21.00 € |

Main Dishes

| | |
|--|---------|
| Charolaise beef with Gorgonzola sauce or Cèpes mushrooms & Frites (250 gr) ... | 29.50 € |
| Classic Burger & Chips | 21.50 € |

Pizzas

| | |
|---|---------|
| Marguerita | 15.50 € |
| (Tomato, Mozzarella, Oregano) | |
| Calzone | 18.50 € |
| (Tomato, Mozzarella, Ham, Mushrooms, Egg) | |
| Vegetarian | 18.50 € |
| (Tomato, Mozzarella, Artichoke, Peppers, Mushrooms, Aubergines, Caperberries) | |

TAKE AWAY SERVICE: PIZZAS & HAMBURGERS

La Galette



Food Served Non Stop: 12.00 - 24.00
Reservations: Tel 04 79 08 53 90

This is a beautiful little family restaurant, busy and bustling in the very centre of Méribel. (100m uphill from tourist office) It has delightful owners and you will love the warm friendly atmosphere. A great venue for an enjoyable evening meal out, for both couples and families. Families will usually prefer the first early meal servings at around 7pm. The 2nd is about 9pm. The menu, being very traditional is in Savoyard style, & includes many of the local favorites. La Galette has become extremely popular now over many seasons so at peak times you should always reserve your table well in advance.

Menu Samples

(From 2023 Season)

(expect some changes for this new season)

•Entrees & Salads (Starters)

Child Menu (2 Course) ----- 15.50 €
Goats cheese salad with honey, nuts & tomatoes ----- 17.70 €
Escargots (Snails) 12 ----- 17.50 €
Vegetable or Onions Soup - 12.50 €

Pierre Chaude Royale (Hot Stone: Beef, Turkey, Onions, Green Salad, 3 sauces, French Fries): 32.00 €

Tartiflette (Potatoes, Onions, Reblochon, Cheese, Bacon, Fresh Cream, Salad): 21.00 €

Fondue Bourguignonne (Beef Cubes 230 gr, French Fries, 3 Sauces, Salad): 32.00 €

Wine Samples

(From 2023 Season)

Saint Emilion (red) ----- 30.50 €
St Joseph (red) ----- 46.00 €
Apremont (white) ----- 30.50 €
Provence (rose) ----- 29.50 €

•Main Courses: Local Specialites

(2 persons minimum. Prices p.p.)

Raclette (Melted Cheese, Potatoes, Onions, Gherkins): 21.50 €

Raclette Royale (Cheese, Potatoes, Onions, Charcuterie, Green Salad, Gherkins): 31.00 €

Fondue Savoyarde Cheese Fondue (Comte, Emmental, Beaufort, Bread): 23.00 €

Fondue Savoyard Royale (Fondue Savoyarde + Parm Ham, Dry Beef, Sausage, Bacon, Ham, Salad): 29.00 €



Take away Pizzas + other specials available!



OPEN: 12:00 - 01:00
RESERVATIONS TEL:
+33 (0) 4 79 06 44 97



A super new cellar bar with a beautiful restaurant upstairs. La Coursive Des Alps is quite secluded. It's location is down a passageway, near Ligloo, 100 meters uphill from the tourist office. This new restaurant is well worth finding & already has attracted some great reviews. Extremely modern and tasteful in design, you will experience a warm and convivial atmosphere the moment you walk through the door. You can check out the full 2024 menu on page 3 but we have included a few samples from 2023 for you.



MENU SAMPLES FROM 2023 SEASON: (Find the new 2024 menu on page 3)

SPECIAL MENUS

Menu 1. Dish of the day + starter or dessert: **33.00€**
 Menu 2. Dish of the day + starter + dessert: **37.00€**
 Children's Menu: **18.00€** (roast chicken with mashed potatoes or chips + dessert.)

A FEW SAMPLES DISHES TO SHARE

Truffle ham and beaufort cheese, bread: **19.00€**
 Marinated red label salmon as gravlax style: **22.00€**

SAMPLE STARTERS

Pumpkin soup and nuts. Candide: **16.00€ / 21.00€**
 Home-made chicken and foie gras pie, mango chutney: **20.00€**

MAIN COURSE SAMPLES

Classico, pizza margarita tomato mozzarella, dior de latte, basil: **17.00€**
 Caesar salad with home-made crispy chicken, with or without bacon: **23.00€**
 Octopus, grilled, grilled, avocado, chorizo and spelled risotto: **35.00€**
 Confit beef, (7 hours) with foie gras roasted, mash potatoes: **33.00€**

WINE SAMPLES 2023

RED

Mondeuse: **28.00€**
 Gamay: **29.00€**
 Saint Joseph: **55.00€**
 Crozez Hermitage: **51.00€**

WHITE

Apremont: **29.00€**
 Pinot Grigio: **29.00€**
 Chignon Bergeron: **43.00€**

ROSE

Provence: **31.00€**

DESSERTS Home-made desserts from: **13.00€**



TRADITIONAL
SAVOYARD RESTAURANT
& PIZZERIA



FULL RESTAURANT MENU
INCLUDING FONDUES
& STEAKS & PIZZAS



LE REFUGE - MÉRIBEL TOWN CENTRE
(1 MINUTE STROLL ON LEFT - DOWNHILL FROM TOURIST OFFICE)

RESERVATIONS: +33 (0)4 79 08 61 97

- Facebook: @restaurantlerefugemeribel



BAR / RESTAURANT
 Méribel Centre (Near Tourist Office)
 Open: 11.00 - 01.00 Reservations: +33 (0)4 79 22 81 82



RESTAURANT MENU:

French Tapas, plate to share:
 Some great cheeses, delicatessen
 & much more..

Also: Swiss Cheese Fondue;
 Special burgers; Crying Tiger
 (asian beef); Truffles dishes

BAR MENU

Beers: **CARLSBERG, IPA...**
 Cocktails: **pornstar, espresso martini, negroni,**
mojito and many more on request

Super Wine List: **Start with a Cotes du Rhone,**
a Chateau Petrous, or a Burgundy Montrachet!

**This is a very warm and comfortable venue for
 a drink or a meal plus L'Abreuvoir also features some
 live DJ nights throughout the season.**



L'Abreuvoir. 5 place Maurice Front. 73550 Méribel
 E-mail: davy.paccard@wanadoo.fr

Lilie Restaurant

Bistro - Rond Point - Méribel

RESERVATIONS: +33 (0) 4 79 00 31 29 Open: 09:30 - 23:00
Lunch Served: 12:00 - 15:00 Dinner Served: 19:00 - 22:00
Rough Guide: 50€ - 70€ p.p. Child Menu (2023): 16€ (up to 10 years of age)

The owner and the chef here is Sylvain Chardonnay who used to have the Bistro De L'Oree restaurant before the new redevelopment. The Lilie restaurant is named after Sylvain's grandmother who greeted her first guests in Méribel in 1964! It is located near the piste at the the rond point. I had the pleasure to visit for the first time last season and had a truly wonderful meal. Everything in this restaurant is high-quality and is well worth discovering for yourself. They also serve all the dishes as a takeaway option which is very unique giving a 20% discount. You might find a few charming punctuation mistakes on the menu! Sylvain has a great sense of humour and leaves the mistakes on deliberately!

We have listed a few items off the menu from last winter season 2023, but you can find the new 2024 full menu on page 3 of my magazine or you can go direct to the restaurant website.

All Samples & Prices From 2023 Season. (Expect some small changes for 2024)

Sample Light bites

- Sauce cocktail ... **12.00€**
(Tempura zucchini, flower & cocktail sauce)
- Gambas Croustillantes ... **12.00€**
(Crispy gambas, herb, sauces)

Sample Starters

- Vegetables, confit with herbs, creamy burrata and pequillos coulis ... **14.50€**
(Vitello, tomato, crisp, summer, vegetables, tuna sauce)

Main Course Samples

- Bavette, steak, chimichurri sauce and sautéed potatoes in parsley and mesclun ... **28.00€**
- Sesame, bluefin, tuna, teriyaki sauce, ratatouille and mashed grandma! ... **26.00€**
- Octopus, snacked with pesto with bear, garlic, old-fashioned, mashed potatoes, and ratatouille ... **29.00€**

Savoyarde Specialities

- Savoyard fondue, classic and salad mesclun ... **24.00€**
- Raclette Savoie with potatoes, cold cuts Lily selection and mix salad (minimum two persons) ... **29.00€ p.p**

Wines • Lilie has the most fabulous wine list from all the famous regions of France.

www.lilie-meribel.com

Aux Petits Oignons



Reservations: 04 79 08 64 62

*LUNCH SERVED: 12h00 - 14h00 (Mon - Sat)
DINNER SERVED: 19h00 - 22h00 (Tues - Sat)
Closed on Sundays and Monday evenings.*

A local's favourite, inexpensive bistro style restaurant. Very friendly service and a wonderful warm log fire right in the centre.

This is a lovely warm and extremely friendly restaurant, with a wonderful log fire right in the centre. It is located at MÉRIBEL 1600, with a bus stop conveniently right outside! All food is home cooked and they also have a great wine list with many of the popular French wines listed. This restaurant has a great reputation locally and is very popular so please try to reserve in advance. You can see the full 2024 menu on our web site: www.petitsoignonsmeribel.com

SOME MENU SAMPLES FROM 2023 (Expect a few small changes for 2024)

Sample Starters

- *Risotto with morel mushrooms and walnuts 19.00 €
- *Snails (6) ... 12.00 € (12) ... 20.00 €
- *French onion soup with beaufort cheese 10.00 €

Sample Main Courses

- *Cheese and bacon burger with home-made bun and chips ... 17.00 €
- *Lamb shank tagine with dried fruits and almonds served with couscous 30.00 €
- *Creamy chowder of red snapper and fresh herbs served with green vegetable risotto 27.00 €

Desserts (home-made) ... from 6.50 €

A Nice Choice of French Wines from around 29.00€ (75cl)





Côte Brune

Open For Dinner: 18.30 – 22.00
Reservations: 04 79 00 40 97



The **Côte Brune** in Mottaret centre, just opposite the tourist office is a warm & intimate venue for dinner. (Only 5 minutes from Méribel on the free Mottaret Meribus & 2 minutes stroll from the Tourist Office bus stop) The atmosphere is very relaxed in true Savoyard style. In addition to the extensive A La Carte menu **Côte Brune** has an excellent choice of local and world wines. Be sure to try to reserve in advance as in high season this charming restaurant gets extremely busy.

All Menu Samples Are From 2023
(expect some minor changes for 2024)

Dinner Menu Samples 2023

- * Nems au reblochons ... 20.00€
- * Salade côte brune ... 19.00€
- * Fondue morilles et cèpes ... 33.50€/p
- * Entrecôte grillée ... 29.00€
- * Esacalope de volaille à la crème ... 28.00€
- * Pierre chaude (hot stone) beef ... 31.50€/p
- * Raclette traditional ... 32.50€/p

Child menu: 14.50€ (2 courses)

Wine Samples 2023 (75cl)

- * Mondeuse (red) ... 34.00€
- * Crozes Hermitage (red) ... 45.00€
- * Apremont (white) ... 30.00€
- * Savoie Gamay (rose) ... 30.00€



LE RASTRO is legendary in Méribel.

Opened way back in 1985,
by Sonja and Ralph Lau, Le Rastro is now
run by their oldest son **Chris** and his
wife **Rachi**. It's also a little exposition of
all the **Telemark** trophies won by this
family of Champions.

This log cabin style restaurant serves
great food at reasonable prices at
both lunch and dinner. **Burgers,**
Steaks, Pastas ect, & of course
traditional **Savoyard** fondues. Ski
to our terrace (near «Plattières»)!

Also **live bands** are featured
throughout the season.

In Mottaret?

Be sure to check it out.

In Meribel?

Jump on the free bus.
Just 5 minutes away.

Bus stop: Chatelet



Lunch: 12.00 - 14.30

Dinner: 19.00 - 22.00

Rough Guide For Lunch. 20€ pp.

Rough Guide For Dinner. 30€ pp.

Reservations

+33 (0)4 79 00 41 51





La Croix Jean -Claude

Reservations: 04 79 08 61 05 / Rough Guide: 30 € - 60 € p.p.

This is one of the most beautiful restaurant settings in Méribel. It is a wonderful choice for a special dining experience. The restaurant is located in the high street of the extremely charming & ancient village of Les Allues. From Méribel centre it is just 15 minutes or so by the free Meribus service or 5 minutes by taxi. The bus actually stops just a 2-minute walk away from the restaurant. Les Allues is the original Méribel village, steeped in history and dating right back to the Middle Ages. If you are staying in Méribel town I highly recommend you take a trip down to Les Allues village during your stay here. We have personally experienced exceptional food and service in this restaurant for many seasons, so suggest you to also take the opportunity. Come down, enjoy a super meal, and experience the charming atmosphere of a true mountain village at the same time. The hotel bar is very simple in a quaint traditional French style, often full of locals. The restaurant itself is extremely welcoming.

The menu changes a little each season and you can view the new 2024 menu on www.meribel-unplugged.co.uk. Just browse dinner restaurants section. Wine buffs will love it here as Gerard, the patron, is an expert on our local wines and his wine cellar is absolutely full of excellent wines from all the regions of France. You should thoroughly enjoy an evening meal here.



La Croix Jean-Claude



Here are a few samples from the 2023 Menu

Starters

- Grandmother Louise's Homemade Pork Terrine: 8€
- Cassolette Of Bourgogne Snails In Parsley: 16€
- Fois Gras, Roasted Pear, Gingerbread. All Homemade: 24€
- Crispy Reblochon salad, Smoked Duck Breast, Pine Nuts: 14€
- Salmon & Trout Galax: 21€
- Grandfather Lulu's Homemade Pure Pork Sausage: 8€

Main Courses

- Gege Omelet, With Eggs From Our Farm: 13€
- Omelet With Ceps Mushrooms: 18€
- Prawns (Gambas) Flambeed With Cognac & Cream: 30€
- Beef Tenderloin Rossini Style: 35€
- Grilled Angus Ribeye Steak (approx 280 gr): 31€
- Cassolette Of Sweetbread.
Morel Mushrooms & Yellow Wine Sauce: 36€

Savoyarde Specialities

- Raclette: 34€
(4 Different Varieties Of Cheese & Local Cold Cut)
- Fondue Savoyarde 3 Fromages: 21€
(Cheese Fondue With Emmental, Conte, Beaufort)
- Fondue Savoyarde Aux Ceps: 25€
(Cheese Fondue With Ceps Mushrooms)
- Fondue Savoyarde Tropettes: 23€
(Cheese Fondue With ~Death Trumpets~ Mushrooms)
- Tartiflette Or Croziflette: 21€
- Pierrade (Magret, Volaille, Boef) & Frites: 32€
(Duck Breast, Poultry & Beef cooked On A Hot Stone
At Your Table)
- Assortment De Charcuterie: 8€
(Assortment Of Cold Cuts Per Person)



All Dishes Come With A Green Salad

- Single Person Supplement For Fondue, Raclette Or Hot Stone: 7€

Cheese Platter

- Cheeses Matured By Us: 11€
- White Cheese With Cream, Coulis Or Honey: 7€

Desserts

(Please Order At The Beginning Of Your Meal)

- Original House Tiramisu: 9€
- Bourbon Vanilla Creme Brulee: 9€
- Apple Tart Tatin, Salted Butter, Caramel Ice Cream: 11€
- Hazelnut Shortbread, Cream Of Chesnut Mousse: 9€

Wine Samples From 2023

RED WINES

- Savoie Pinot (red): 26€
- Cote Du Rhone (red): 28€
- Savoie Mondeuse Arbin (red): 30€
- Gamay: 31€
- Nuits Saint Georges Bouchard (red): 42€
- Chateaufort Du Pape (red): 62€

ROSE WINES

- Savoie: 22€
- Provence: 24€

WHITE WINES

- Chignin: 26€
- Apremont: 34€
- Chablis: 35€
- Sancerre: 36€
- Chignin Bergeron: 39€

En'K

Méribel Les Allues

This is the hidden secret of Les Allues, & well worth finding. It is extremely popular with the local French and the British community who live down here. It serves really delicious home family style cooking. When you enter, you feel as if you have been invited to dinner in their own home! The En'K has the most reasonable prices in the whole valley. They also serve the whole menu as a takeaway option! Find En'K just above the old oven right in the village centre. It is easy to get here from Méribel town centre. Just take a free 10 minutes bus ride. Then just a few minutes stroll through this delightful village. Advance reservations are essential, & dinner is normally now a choice of 7pm or 9pm.

TAKEAWAY: YES-THE ENTIRE MENU !

Dinner: 7pm - 10.30pm

Rough Guide: 25 € - 40 € pp.

RESTAURANT EN'K

RESERVATIONS ESSENTIAL TEL
04 79 01 13 75



En'k Menu Samples From 2023 (Expect a few small changes for 2024)

3 COURSE MENU – 25.00 €

Salad de chevre chaud (*warm goats cheese salad*)

+ Diots au vin blanc, crozets (*local sausages cooked in white wine*)

+ Tiramasu

ASIAN MENU – 23.00 € Nems (*Spring Rolls*) + Caramel Pork + Creme Brulee

CHILD MENU – 10.00 € Nuggets & Frites or Mini Lasagnes + Ice cream & A Drink

ENKA SAMPLE STARTERS

- Nems x 3 ... 7.00 €
- Steamed Pork & Prawn Dumplings ... 7.00 €
- Salad Chevre Chaud
– Warm Goats Cheese Salad ... 8.00 €

MAIN COURSE SAMPLES

- Pan fried prawns with vegetables ... 19.00 €
- Beef & chicken kebab
with satay sauce ... 17.00 €
- Home made lasagnes & salad ... 15.00 €
- Farm chicken & chips ... 15.00 €
- Grilled spare ribs ... 15.00 €
- Local sausages cooked in
white wine & pasta ... 16.50 €
- Baked potatoes, onions, bacon,
reblochon cheese, salad ... 16.50 €
- Braised lamb shank ... 21.00 €
- Slow cooked duck's leg ... 17.00 €
- Spring rolls, satay kebab, spare ribs ... 19.00 €
- Steak Tartare (minced raw steak) ... 17.00 €
- Grilled entrecote steak ... 24.00 €



DESSERTS

A fabulous selection of 18 different
desserts from (3.00 € to 9.00 €)

WINE SAMPLES: 75 CL

House Wines Red or Rose

75cl: 17.00 €

Savoie Wines

Mondeuse (red) ... 24.00 €

Jacquère Allobroges (white) ... 17.00 €

Chignin (white) 25.00 €

Chignin Bergeron (white) ... 34.00 €

Rose Wines

Cabernet d'Anjou ... 24.00 €

Côtes de Provence ... 25.00 €

Cotes du Rhone

Crozes – Hermitage (red) ... 36.00 €

Vacqueyras (red) ... 32.00 €

St Joseph (red) ... 43.00 €

Beaujolais 75cl

St Amour ... 27.00 €

Champagne 75cl

Veuve Pelletier Brut ... 60.00 €

Dinner: 7pm - 10pm.
Lunch: 12 pm - 2pm.
Reservations: 04 79 00 31 70
Rough guide:
35.00€ - 50.00€ pp.



La Flambée (Méribel Chaudanne)

La Flambée is THE original Italian restaurant in Méribel, located about 100m from Chaudanne in the main street. The varied menu includes many Italian favourites but still retains some Savoyard specials. La Flambée is very popular so advanced reservations are strongly advised. It does have 2 floors so if the ground floor looks full when passing, always check for free tables upstairs. All the food here is cooked specially to your order so be prepared to relax with pre dinner drinks. We have listed just a few samples from our 2023 menu so expect some changes this season. The full 2024 menu can be found on our website. www.la-flambee-meribel.com/menu/

CHILD MENU(2 course): 16.00€

SAMPLE STARTERS

- Squid and Octopus salad, Steam, Ccooked, EVO, Olive Oil, Cherry, Tomatoes and Parsley ----- 24.00€

SAMPLE PASTA

- Ravioli Stuffed with Mascarpone, Sage, Butter and Truffle ----- 26.00€
- Lasagna alla Bolognese ----- 22.00€

SAMPLE MAIN COURSES

- Grilled Beef Fillet with Potatoes and Demi Glaze ----- 39.00€
- Lamb, Chop with Cream of Peas, Potatoes and Crispy Pancetta ----- 35.00€
- Grilled Octopus, small Vegetables, and Tomato Mayonnaise ----- 32.00€

SPÉCIALITÉS SAVOYARDES

Raclette Cheese au Lait Cru

- Served with Potatoes, Green Salad and a Selection of Cold Meats ----- 32.00€/Pers

Fondue Savoyarde Royale

- Three Cheeses, Ceps, Tartufo* Cream, Mixed Hams, Green Salad ---- 31.00€/Pers

Fondue Savoyarde Royale

- Three Cheeses, a Selection of Italian Cold Meats, Green Salad --- 28.00€/Pers

PIZZAS (CHOICE OF 19+ WOOD OVEN COOKED PIZZAS)

- Calzone (Tomato, Mozzarella Ham, Egg, Mushroom) ----- 23.00€
- Hawai (Mozzarella, Pineapple/Ham, Fresh Cream) ----- 22.00€

HOMEMADE DESSERTS

Delicious choices from 11€

WINE SAMPLES (75 cl)

- Chianti (red) ----- 38.00€
- Valpolicella (red) ----- 40.00€
- Châteauneuf du Pape (red) ----- 76.00€
- Crozes Emitage ----- 42.00€
- Soave Classico (white) ----- 30.00€
- Sancerre (white) ----- 49.00€
- Pinot Grigio Ramato (rose) ----- 36.00€



Open 4pm - 2am

Tel: 04 79 07 78 15

FIFTY 50 is a cosy bar located half way between the Chaudanne and the centre. Run by Matt and his sister Elizabeth for over 15 years, it's popular with both French, English and many locals. **FIFTY 50** offers the only Kilkenny in town as well as Leffe/Hoegarden and a proper refreshing Belgium Stella. Its a must for **RUGBY** fans and those in need of some local knowledge as Matt has been here for over 25 years. With great bar snacks and popular **SUSHI** nights, why not pop in and meet the team....



Le Saint Amour (Centre)
Opens 17.00 till 02.00
Tel. 04 79 00 35 27

*100m uphill from the Tourist Office.
 Méribel's original wine bar
 (established 2001)*

*A fantastic choice of high quality wines & delicious
 fresh bar food*

Wine lover ? Then do drop in.

Perfect for Après ski & relaxed evenings

A warm welcome assured

*"Drop in after dinner and join Magali for some of
 her cool music"*



copiña

méribel



www.copina.fr

- Tapas
- Cocktails
- Bière artisanale
- Vins

Route du centre, Méribel, 73550



LA
TERRASSE
LA
BRASSERIE
du Village

terrace après ski & dining

Méribel Village



tél. +33 (0) 4 79 01 03 55
info@laterrasseduvillage.com
piste du lapin - golf chairlift

lunch 12h00 - 15h00
music 16h00 - 18h00
dinner 18h30 - 22h00

www.laterrasseduvillage.com

**Où est
Oscar?**

Meeting all your SKI & SNOWBOARD rental needs

Tel - 04 79 08 56 80
www.meribelskiservice.com



Mon-Fri; 08h30-12h30 & 15h00-19h30
Sat-Sun; 08h30-19h30 (non stop)



MÉRIBEL SHOPPING SKI & SNOWBOARD SHOPS

AVALANCHE SKI

(Méribel 1600 / Morel / Route De L'altiport)
8h30 - 12h30 & 14h - 19h30
WKND Non Stop 8.30 - 19h30
Full Range of Latest Ski Rental Equipment,
(Kastle, Volkl, Blackcrows).
In Shop, Ski Servicing Workshop.
In Shop Boot Fitting Service.
Fantastic Ski Fashion and Accessories,
(Fusalp, Oakley, Hestra).
Delivery and Fitting Service.
Friendly English / French Speaking Team
Parking and Bus Stop Outside.
Tel: +33(0)4 79 08 51 45
www.sports1600.com / Sports1600@orange.fr

MÉRYBELLE LAVERIE

Méribel Centre (Just 100m down from the
Taverne past the main bus stops)
07h - 21h30
A Really Superb Self-Service Launderette,
Coin Operated, Powerful Modern,
Washing & Drying Machines, Even "Double Duvets"
Can be Washed and Dried Here
+ FULL LAUNDRY & DELIVERY SERVICE
Tel: +33 (0)6 63 01 34 14
www.merybelle-laverie.fr

SPORTS 1600

(Méribel 1600 / Morel / Route De L'altiport)
8h30 - 12h30 & 14h - 19h30
WKND Non Stop 8.30 - 19h30
Ski / Boots and Snowboard Rental.
Ski Servicing Workshop.
BLACKCROWS Pro Shop and Ski Accessories.
Delivery and Fitting Service.
Friendly English / French Speaking Team
Parking and Bus Stop Outside.
Tel: +33(0)4 79 08 51 45
www.sports1600.com / Sports1600@orange.fr

CIMES OPTIQUE

(Méribel Centre Opps La Taverne)
09h - 12h30 & 14h30 - 19h30
Emilie Corbet - Qualified Optician
Prescriptions in 24 hrs
Free Repairs - Eye Testing,
High Quality Sunglasses,
Tom Ford, Ray Ban Oakley, Ray-Ban, Maui Jim,
Izipizi. Vuarnet, Tom Ford, Une A Une,
My First Diamond
ICE - WATCHES
Tel: +33 (0)4 79 00 52 77
www.meribel-optique.com



mon super marché sherpa



Sherpa supermarkets are a well-known brand throughout France. However, many of them are run independently by families as are the three in MÉRIBEL. Carole & Damien Veillet own and operate all the three Sherpa restaurants in MÉRIBEL. They ensure a good service, combined with very friendly & helpful staff. Here we have listed some of the most important products they have but you should find everything you need for your vacation in MÉRIBEL.

A great thing is you can order in English online too and they will arrange a time and a day to deliver direct to your apartment !

Just go to Sherpa et cetera et cetera to make your order. So convenient !

Sample Products For 2023/24 Winter Season

- A full selection of breakfast cereals
- Fresh bread and croissants daily including wholemeal bread
- Milk – eggs – yoghurts including organic choices
- Fresh vegetables
- A great selection of fresh nuts. Pick and choose
- Fresh and frozen meat
- Frozen meals, including pizzas
- English newspapers
- Firewood
- Wonderful selection of wines and beers and spirits



Web Site: www.sherpa.net/supermarche/meribel-1600/en/

Sherpa At Méribel Plateau
(Bus Stop Outside)

08h - 12h30 & 16h - 19h45

Tel: +33 (0)4 79 06 68 40

Sherpa At Méribel 1600
(Bus Stop Outside)

08h - 12h30 & 16h - 20h

Tel: +33 (0)4 79 08 51 20

Sherpa At Les Allues
(Bus Stop Outside)

08h - 12h30 & 16h - 19h30

Tel: +33 (0)4 79 08 62 81



WWW.**MERIBEL TAXIS**.COM

+33 (0)6 60 75 3 21 0

CALL CENTER 24/7



TAXIS, MAXI-TAXIS, MINIBUS, BUS, LIMOUSINES

ALPES TAXIS TRANSPORTS SARL

IN RESORT TRANSFERS 24/7

- *ANYWHERE / ANYTIME*
- *ALL DISTANCES*

Yann LERAY

info@meribeltaxis.com

- book and pay on line



Pacifique Transport Sarl



+33(0) 643 807 725

www.pacifique-transport.com

Quality Service
Very Reasonable Prices
Experienced Mountain Driver
English Speaking
Transfers To
& From All Airports Serving Méribel
& The 3 Valleys

E-MAIL:

pacifique.transport@gmail.com

The Mountain Specialists

SIT BACK AND RELAX

SNOWLINX

TRANSFERS



Transfers from Geneva, Lyon,
Chambery and Moutiers station.

www.snowlinx.com
Tel: +33781637373

1. BUDGET

Volkswagen / Caravelle T5

Capacity

8 passengers / 8 suitcases / 6 pairs of skis

Features

Silver with cloth seats

Air conditioning

English speaking driver

3. BUSINESS

Mercedes E Class

Capacity

3 passengers / 2 suitcases

2 hand luggage

Features

Wifi / Phone chargers

4x4 / Luxury interior

2. PRIME

Volkswagen / Caravelle T6

Capacity

8 passengers / 8 suitcases / 6 pairs of skis

Features

Cancel for free / Vehicle < 3yrs

Wifi & bluetooth / Climate control

Leather seats / Privacy glass

4. XL BUSINESS

Mercedes V Class

Capacity

6 passengers / 6 suitcases

4 hand luggage

Features

Wifi / Phone chargers / 4x4

Luxury interior / Drinking water



COOL RUNNINGS
AIRPORT TRANSFERS

AIRPORT TRANSFERS TO THE FRENCH ALPS

www.coolrunnings.eu



S.A.R.L STS

TEL: +33 4 57 55 03 12

UK TEL: +44 1172 30 30 29

MOB: +33 6 46 27 32 91

EMAIL: INFO@SAVOIETRANSFERS.COM



BUSINESS / MEET & GREET / AIRPORTS / PORTS & YACHTS
WEDDINGS / EVENTS / SIGHTSEEING TOURS / SHOPPING TOURS

Luxury airport transfers and chauffeur service.....with a smile



Meribel Airport Transfers

Best Prices for Airport Transfers

TELEPHONE

+33 (0)648 50 72 94

Website: www.meribelairporttransfers.com

Email: bookings@meribelairporttransfers.com

Geneva Airport, Chambéry Airport, Lyon Airport, Grenoble Airport

bensbus.co.uk

LOW COST SKI TRANSFERS

Ski Transfers from Geneva, Grenoble & Lyon Airports

To Meribel, Mottaret, Les Allues,
Brides Les Bains, Val Thorens, Tignes,
Val d'Isere, La Plagne, Les Arcs,
Alpe d'Huez, Les Deux Alpes
& many more

Prices start from
from £44pp

NEW!! Extra stop at Mottaret Hameau





gsm TRANSFERS

PRIVATE AIRPORT TRANSFERS

***Fully licensed and Fully Insured,
high quality private airport transfers***

FROM: Geneva, Chambéry, Lyon & Grenoble

DIRECT TO: Meribel, La Tania & Courchevel



VW Caravelle

(8 seater 4WD)

"Refer to our website for prices or contact us for a competitive quote."

RESORT (1): +33 (0)6 09 52 28 41 | RESORT (2): +33(0)6 09 53 22 65

UK NUMBER: +44 (0)7764 485 701

EMAIL: info@goskimeribel-transfers.com

WEB: www.goskimeribel-transfers.com



TARENTAISE TRANSFER VANS

info@ttvans.com

www.ttvans.com

0044 (0) 753 45 71 979

GENEVA • LYON • CHAMBERY • GRENOBLE • MOUTIERS

SKI HAMIE TRANSFERS

**Ski Hame 3 Valleys Transfers
to
Méribel, Courchevel & La Tania**

**Serving all the Regional Airports.
Geneva, Grenoble,
Chambery, Lyon.**

www.skihametransfers.co.uk

Tel: +44 (0)1875 320 157



My Mountain Transfer



**Fully licensed & insured airport transfers
from Chambéry, Grenoble & Lyon
to the Three Valleys at competitive rates.**

info@mymountaintransfer.co.uk
+33 631 55 17 21
www.mymountaintransfer.co.uk

Buying or selling a property in Meribel?

LEGGETT

IMMOBILIER

LOCAL KNOWLEDGE YOU CAN TRUST



Contact our local agent now!



Patrick Graham

07 71 15 47 07

patrick.graham@leggett.fr

MY PROPERTY
PORTFOLIO :



leggettfrance.com . +33 (0)5 53 60 84 88 . info@leggett.fr



chambers property services

We clean, we care, you benefit!

- Cleaning / Changeover services
- Key holding
- Contact for clients
- Property management
- Maintenance management
- Inventory & Property checks

Three Valleys and Lake Annecy

+33 6 19 45 95 54

[chamberspropertyservices.com](mailto:kristy@chamberspropertyservices.com)

kristy@chamberspropertyservices.com

Looking to do something different this winter?



My Mountain Playground

Winter ski season accommodation
specialists in the French Alps.



Catered Chalets Meribel Centre

*30th Season
in Meribel*



ALPINE ACTION
CATERED CHALET HOLIDAYS



01273 977677

Accommodation Guide (1)



SKI BLANC www.skiblanc.co.uk

Ski Blanc is a small, very personal company with 5 warm & comfortable chalets in Méribel Les Allues sleeping 10-14 guests. Ski Blanc is a well-established company offering great value for money ski holidays with many returning guests.

Chalet features include, easy access to slopes, great catering, open log fires, en-suite bedrooms, outdoor hot-tubs, sun terraces, music systems. We offer the perfect blend of comfort & service and cater very well for groups of friends, couples & families.

Tel: +33 (0) 622 05 64 16

E-mail: info@skiblanc.co.uk



ams **RENTALS**

A local self-catering specialist with 26 years' experience in the Méribel Valley, AMS Rentals have chalets & apartments in Méribel & Mottaret, Les Allues and Méribel Village. (4-12 persons). This Company

is possibly the most knowledgeable in the entire Méribel valley regarding quality apartments and s/c chalets. Their prices are extremely competitive with excellent personal service in resort.

Tel: +44 (0)1743 340623

Website: www.amsrentals.com
E-mail: caroline@amsrentals.com

Accommodation Guide (2)



Ski Basics

Catered Ski Chalets, Meribel

www.skibasics.com

If you are looking for a stress free catered or self catered ski holiday then look no further. Ski Basics chalets are complemented by a friendly yet professional service, real flexibility and affordable prices.

Let us take care of the details whilst you enjoy the skiing! Chalets sleeping from 6 to 14 in great locations. We have something to suit everyone. Prices start from just £399 pp per week.

Tel (UK): +44(0) 1225 614668

E-Mail: info@skibasics.co.uk



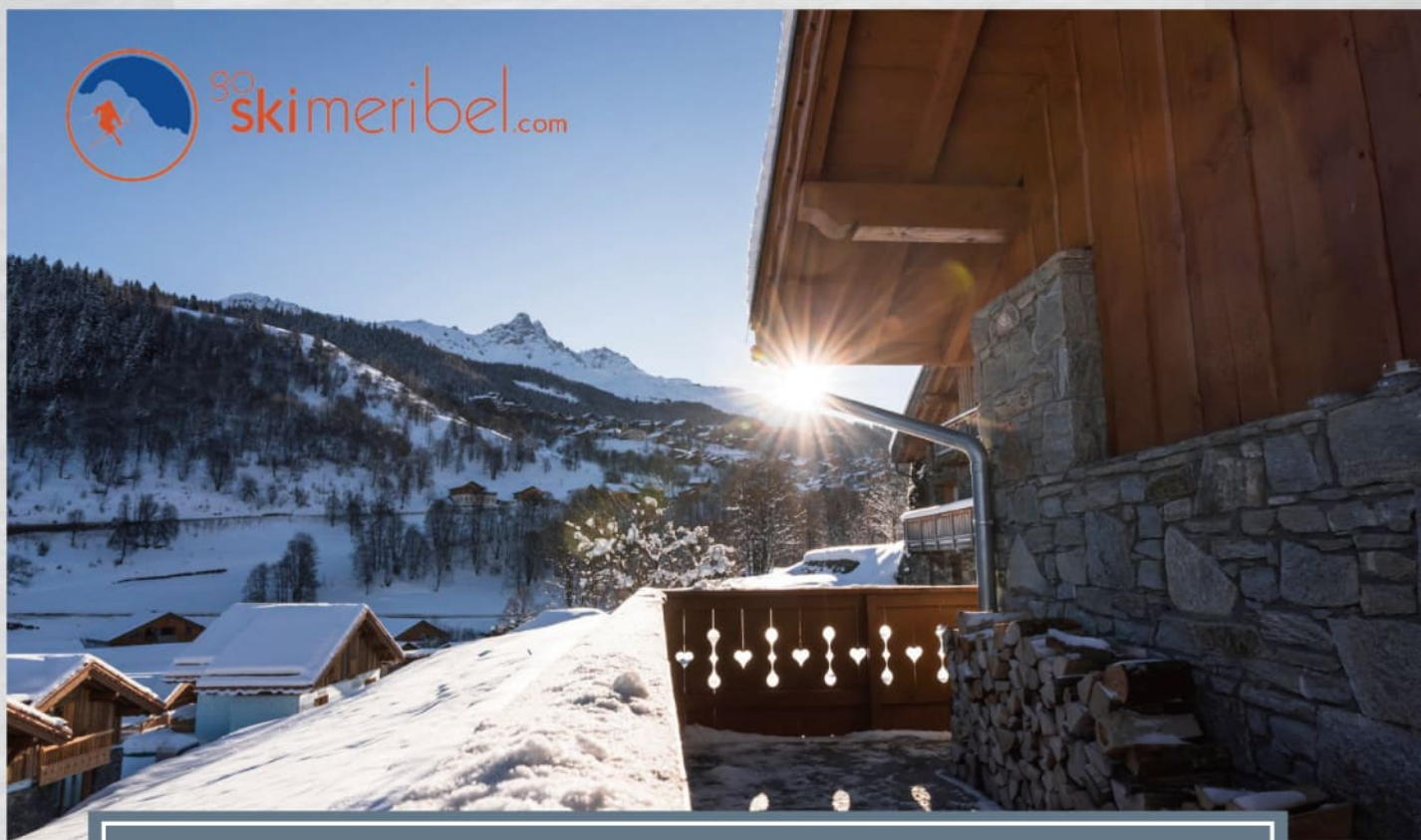
SKI CUISINE

www.skicuisine.co.uk

Chalets exclusively in Méribel. This small specialist chalet operator is one of the few privately owned companies in Méribel. Founded by Ed & Anne Woolley, the exceptional food and personal service has seen Ski Cuisine expand to 4

beautiful chalets. Three are catered for 8 & 10 guests. One is self-catered for 10 guests each. All are in some of the best locations in Méribel and close to Méribel centre. Other services include chalet ski pass delivery & recommendations for transfers, childcare, ski hire & ski school. Prices from £600 pp per week for self-catered and from £1100 pp per week for catered.

Tel: +44(0) 1702 589 543



★ GO SKI MÉRIBEL ★

www.goskimeribel.com



Choose from 3 fabulous chalets for 8 to 14 guests. Our chalets have hot-tubs, saunas, professional chefs, and experienced hosts. We offer

fantastic food & wine, a complimentary bar and daily driver service. Fully catered prices from €5,000 per week. Choose Go Ski Méribel this winter season. Exceptional ski & snowboard holidays in the heart of the Three Valleys.



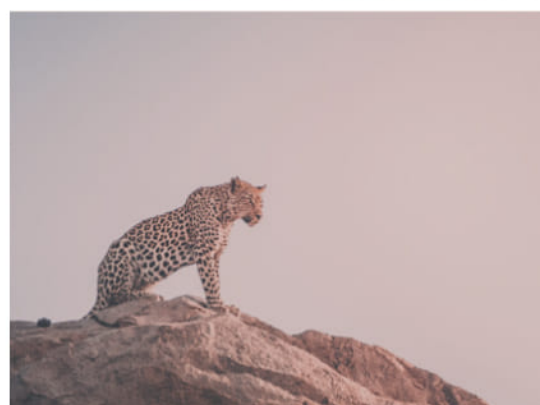
est. 2006

F&P TRAVEL

LUXURY FAMILY HOLIDAYS FOR A *lifetime*



SKI CHALET
SPECIALISTS
MÉRIBEL
SINCE 2006



travel
WITH US YEAR
ROUND



truly
TAILORMADE
& PERSONAL
HOLIDAYS



GET IN TOUCH

hello@fandptravel.com
www.fandptravel.com

Join the *journey*:
@fandptravel

Formerly
Fish&Pips

Our name has changed,
but we're still the same

Accommodation Guide (3)



SKI HAME www.skihame.co.uk

Ski Hame was created by Anne & David Cribb way back in the 1999/2000 season. We have been offering quality catered chalet holidays in Méribel and La Tania for over 20 years and we are both actually based in resort all season. With 3

conveniently located chalets in La Tania plus 1 comfortable and spacious chalet in Méribel Les Allues you have a great choice of locations.

Good food, friendly service & very reasonable prices.

Tel: +44(0)1875 320157 Email: info@skihame.co.uk



SNO www.sno.co.uk

London-based www.SNO.co.uk is an award-winning travel company offering a million ski holidays worldwide. SNO's Méribel collection is comprehensive, ranging all the way from apartments up to the most luxurious hotels and

chalets in resort (complete with private spas, panoramic pools and gourmet catering).

Call: +44 (0) 20 7770 6888 or Email: snoman@sno.co.uk for unbiased advice and hassle-free booking.

A - Z DIRECTORY

AIRPORT TRANSFERS

GSM Transfers 06 09 52 28 41
Yann Leray Taxis
04 79 00 47 37
Méribel Airport Transfers
06 48 50 72 94
My Mountain Transfers
06 31 55 17 21
Pacific Transport 06 43 80 77 25
Savoie Transfers 06 46 27 32 91
Snowlinx Transfers
06 35 37 28 23
TT Vans +44 (0) 75 34 57 19 79
White Tracks Helicopters
+44 (0) 77 96 64 08 41

BANKS: MÉRIBEL

Banque de Savoie 04 79 08 63 79
Banque Populaire 04 79 08 68 15
Credit Agricole 04 79 44 60 51
Post Office (Méribel)
04 79 08 61 69

BARS & DISCOS

Aux Petite Oignons (1600)
04 79 08 64 62
Bar 50 50 04 79 07 78 15
Bar Du Hameau 04 79 00 46 46
Bar De Tuéda 04 79 01 07 51
Barometer 04 79 00 41 06
Café Del Mott 04 79 00 47 47
Canadian Bar (Bowling Alley)
04 79 00 36 44
Copiña 04 79 24 07 90
Jacks 04 79 00 44 26
La Taverne 04 79 00 36 18
L'Annexe Bar 04 79 04 06 10
Le Privilège 04 79 08 59 74
Le Rastro 04 79 00 41 51
Les Saint Pères 04 79 00 36 58
Le Pub 04 79 08 60 02
L'Abreveur 04 79 22 81 82
Le Rond Point 04 79 00 37 51
Le Saint Amour 04 79 00 35 27
La Terrasse (M/Village)
04 79 01 03 55
Refuge Bar 04 79 08 61 97
Scotts Bar 04 79 00 39 61
Sullys 04 79 00 57 51
Tsaretta (La) 04 79 08 61 00

PROPERTY RENTALS & SALES

Apartment Rentals (Private)
06 70 08 42 75
Alpine Management Services
04 79 00 34 87
Agence Des Neiges
04 79 08 65 21
Agence Saulire (Mottaret)
04 79 00 41 89
Cimalps Méribel 04 79 00 70 00
Cimalps Méribel Village
04 79 00 40 00
Legget 07 71 15 47 07
Méribel Agence 04 79 08 62 08
Méribel Real Estate
04 79 04 28 33
My Mountain Playground
06 86 69 91 44
Residence Plein Soleil
04 79 00 41 89
Vallat Immobilier 04 79 08 58 58

PROPERTY MANAGEMENT

AMS 04 79 00 34 87
Chambers Property Services
06 19 45 95 54
Legget 07 71 15 47 07
Vallat Real Estate 04 79 08 58 58

SERVICES (GENERAL & EMERGENCY)

Ambulance 04 79 55 28 67
Childcare (Local nannies)
06 70 08 42 75
Fire Service (Dial 18)
04 79 08 64 01
Garage Alp'Auto 04 79 00 59 60
Garage Breton (Mottaret)
04 79 00 42 84
Laundry Service 06 30 35 53 39
Nursery (ESF) 18m - 3 yrs
04 79 08 66 90
Laundrette (Méry Belle)
06 63 01 34 14
Pharmacy (Méribel)
04 79 08 63 59
Pharmacy (Mottaret)
04 79 00 43 70

Police (Municipal)
04 79 00 58 92
Police Gendarmerie (Dial 17)
04 79 08 60 17
Medical Centre 9-6pm Chaudanne
04 79 08 60 41
Medical Centre 9-6pm 1600
04 79 08 65 40
Medical Centre 9-6.30pm Mottaret
04 70 00 40 88
Vets (Moutiers) 04 79 24 01 76

SUPERMARKETS

Supérette "Huit à 8" (Mottaret)
04 79 00 45 56
Superette Cimes (Town)
04 79 08 65 18
Supérette "Petite Casino"
04 79 08 63 58
Supérette "Sherpa" (Mottaret)
04 79 00 40 91
Supérette "Spa" (M/Village)
04 79 08 51 58
Supermarché Spar (Mussillon)
04 79 08 54 26
Superette Sherpa (1600)
04 79 06 68 40
Superette Sherpa (Le Plateau)
04 79 08 51 20
Sherpa (Les Allues)
04 79 08 62 81

HOTELS

Alpenruitor 04 79 00 48 48
Genepi Hotel 04 79 08 61 66
Kaila 04 79 41 69 20
L'Adray Télébar 04 79 08 60 26
L'Allodis 04 79 00 56 00
Le Coucou 04 57 58 37 37
Helios 04 79 24 22 42
La Chaudanne 04 79 08 61 76
La Croix Jean-Claude (LA)
04 79 08 61 05
Le Chalet (Club Med)
04 79 23 28 23
L'Eterlou 04 79 08 89 00
Le Doron 04 79 08 60 02
Le Grand Coeur 04 79 08 60 03
Le Mérilys 04 79 08 69 00
Le Roc 04 79 08 64 16
Le Tremplin 04 79 08 89 17
Les Grangettes 04 79 08 61 86

BE PREPARED: PUT EMERGENCY TEL NUMBERS IN YOUR MOBILE PHONE

Accident Emergency Numbers:

Méribel 04 79 08 65 32
Courchevel 04 79 08 99 00
Les Menuires 04 79 08 65 32

St Martin 04 79 08 99 00
Val Thorens 04 79 00 01 80
All Emergencies - 112

La Tarantaise 04 79 00 42 43
Les Arolles 04 79 00 40 40
Le Mont-Vallon 04 79 00 44 00
Le Mottaret 04 79 00 47 47
Savoy Hotel 04 89 51 51 60

RESTAURANTS

Arbé 04 79 01 12 70
Aux Petite Oignons (1600)
04 79 08 64 62
Barometer 04 79 00 41 06
Close Up 04 79 00 74 69
Chez Fifi 04 79 22 11 36
Côte Brune 04 79 00 40 97
En'K 04 79 01 13 75
Jacks 04 79 00 44 26
L'Adray Telebar 04 79 08 60 26
La Baleine Blanche
04 79 00 42 87
La Bistro du Mottaret
04 79 08 62 50
La Brizolee 04 79 00 46 70
La Croix Jean-Claude
04 79 08 61 05
La Flambée 04 79 00 31 70
La Fromagerie 04 79 08 55 48
La Galette 04 79 08 53 90
La Grange 04 79 08 89 00
Le Grenier 04 79 00 44 33
La Kouisena 04 79 08 89 23
Le Palet D'or 04 79 00 58 21
La Taverne 04 79 00 36 18
La Taverne du Crocodile
04 79 00 45 85
La Terrasse Mottaret
04 79 00 53 90
Le Blanchot 04 79 00 55 78
Le Bô a Mil (M/Village)
04 79 00 59 24
Le Clos Bernard 04 79 00 00 07
Le Cro Magnon 04 79 00 57 38
L'igloo 04 79 08 07 84
Le Martagon (Raffort)
04 79 00 56 29
L'Epicuriade 04 79 08 53 19
Le Rastro 04 79 00 41 51
Le Rond Point 04 79 00 37 51
Le Tremplin 04 79 00 37 95
Le Schuss 04 79 00 44 00
La Terrasse (M/Village)
04 79 01 03 55

Lilie Bistro 04 79 00 31 29
Pizzeria du Mottaret
04 79 00 40 50
Refuge Méribel 04 79 08 61 97
Refuge De La Traye
06 11 95 08 90
Rond Point 04 79 00 37 51
Sullys 04 79 00 57 51
Tsaretta Spice (1600)
04 79 08 51 26
Tsaretta (La) 04 79 08 61 00

MOUNTAIN RESTAURANTS

COURCHEVEL 1850

1928 04 79 08 32 34
Courcheneige 04 79 08 02 59
L'Altibar-Le Pilatus 04 79 08 20 49
La Casserole 04 79 08 06 35
La Soucoupe 04 79 08 21 34
Le Cap Horn 04 79 08 39 25
Le Chabichou 04 79 08 00 55
Le Chalet de Pierres
04 79 08 18 61
Le Panoramic 04 79 08 00 88
Le Tremplin 04 79 08 06 19
Les Pierres Plates 04 79 00 42 38
Les Verdens 04 79 08 38 04

COURCHEVEL 1650

Copina 04 79 08 25 45
L'Ours Blanc 04 79 00 93 93
Le Bel Air 04 79 08 00 93
Le Petit Savoyard 04 79 08 27 44

COURCHEVEL 1550

L'Oeil de Boeuf 04 79 08 22 10

COURCHEVEL LE PRAZ

Bistro Du Praz 04 79 08 41 33
Table De Mon Grand-Père
04 79 08 41 47

LA TANIA

La Taiga 04 79 08 80 33
Le Bouc Blanc 04 79 08 80 26
Le Farcon 04 79 08 80 34
Le 1928 04 79 08 32 34
Pub Le Ski Lodge 04 79 08 81 49

LES ALLUES VILLAGE

L'Arbe 04 79 01 12 70
La Croix Jean Claude
04 79 08 61 05

MÉRIBEL SAULIRE SIDE

Altiport Hotel (Le Zinc)
04 79 00 52 32
Le Monchu 04 79 22 46 09
La Folie Douce/Fruitière
04 79 00 58 31
L'Adray Telebar 04 79 08 60 26
Le Clos Bernard 04 79 00 00 07
Le Rond Point 04 79 00 37 51
Le Blanchot 04 79 00 55 78
Les Pierres Plates 04 79 00 42 38
La Terrasse (M/Village)
04 79 01 03 55

MÉRIBEL VALLEY (TOUGNETE SIDE)

Arpasson 04 79 08 54 79
Les Castors 04 79 08 52 79
Maya Altitude 04 58 24 07 07

MOTTARET VALLEY (SAULIRE SIDE)

Côte 2000 04 79 00 55 40
Altitude ROK 04 79 00 44 81
Les Pierres Plates 04 79 00 42 38

MOTTARET VILLAGE

Café Del Mott 04 79 00 47 47
Côte Brune 04 79 00 40 97
La Terrasse 04 79 08 35 95
La Brizolee 04 79 00 46 70
Le Grenier 04 79 00 44 33
Le'Hermine 04 79 00 40 40
Le Rastro 04 79 00 41 51
Le Schuss 04 79 00 44 00
Pizzeria du Mottaret
04 79 00 40 50

MOTTARET VALLEY (TOUGNETE SIDE)

Chalet Togniat 04 79 00 45 11
La Sittelle 06 15 24 81 34
Plan des Mains (Mont Vallon)
04 79 07 31 06

LES MENUIRES

Hillary Hotel 04 79 00 60 57
Chez Pepe Nicholas
06 09 45 28 35
Le Ferme 04 79 00 77 01
Le Grand Lac 04 79 08 25 78
L'Ours Blanc 04 79 00 61 66



MÉRIBEL-UNPLUGGED THE UK'S NO.1 WEB SITE FOR MÉRIBEL SKI HOLIDAYS

ST MARTIN DE BELLVILLE

| | |
|-------------------------|----------------|
| L'Eskis | 04 79 08 95 36 |
| La Voute | 04 79 08 91 48 |
| Le Montagnard | 04 79 01 08 40 |
| Le Trait D'union Refuge | 07 70 28 85 77 |

VAL THORENS

| | |
|---------------------|----------------|
| Chalet De Caron | 04 79 00 01 71 |
| Chalet de la Marine | 04 79 00 01 86 |
| Chalet des 2 Lacs | 04 79 00 28 54 |

SHOPPING

HAIRDRESSERS

| | |
|--------------------------|----------------|
| Coiffure Grain de Beaute | 04 79 08 60 44 |
| Coiffure Ludicoiff | 04 79 08 89 07 |

OPTICIAN & FASHION SUN GLASSES

| | |
|-------------|----------------|
| Cimes Optic | 04 79 00 52 77 |
|-------------|----------------|

SKI & SNOWBOARD

| | |
|--------------------------|----------------|
| Alpiski | 04 79 00 48 78 |
| Alp'Attitude-Ski Set | 04 79 00 40 41 |
| Alp Sports - Sport 2000 | 04 79 08 52 86 |
| Altistore (Altiport) | 04 79 08 50 68 |
| Avalanche Ski | 04 79 08 51 45 |
| Avalon Ridershop | 04 79 24 30 61 |
| Bootlab | 04 79 07 47 40 |
| CAB 9 (Snowboard only) | 06 21 21 84 44 |
| Chamois Sports | 04 79 08 60 57 |
| ESF Méribel | 04 79 08 60 31 |
| ESF Mottaret | 04 79 00 49 49 |
| ESF (Nursery 18m - 3yrs) | 04 79 08 66 90 |
| Espace Gliss Ski Set | 04 79 00 37 98 |
| Georges Mauduit | 04 79 08 63 08 |
| Hameau Sport Skimium | 04 79 00 46 07 |
| Happy Ski-Skimium | 04 79 08 53 79 |
| Intersport Glaciers | 04 79 00 37 12 |

| | |
|-------------------------|----------------|
| Intersport Plein Soleil | 04 79 24 08 56 |
| La Godille | 04 79 00 37 91 |
| La Marine (Sport 2000) | 04 79 08 61 96 |
| La Varappe | 04 79 08 65 65 |
| Méribel Ski Service | 04 79 08 56 80 |

Mottaret Sports

| | |
|-----------------------------------|------------------------|
| 1) Club Hôtel | 04 79 00 40 66 |
| 2) Chalet Marianne | 04 79 00 49 13 |
| 3) Le Hameau | 04 79 00 40 94 |
| Marmalade | 06 17 34 18 00 |
| Méribel Connections | 04 79 08 58 07 |
| Mountain Guides | 04 79 00 30 38 |
| Mottaret Ski Evasion (Sport 2000) | 04 79 00 48 45 |
| New Generation | 04 79 01 03 18 |
| Oxygene Ski | 04 79 08 53 36 |
| Oxygène Board Shop | 04 79 00 36 46 |
| Olympic Sport (Rond Point) | 04 79 08 56 89 |
| Parallel Lines | 04 79 00 32 21 |
| Prosneige | 04 79 00 36 46 |
| P'tits Loups (Chaudanne) | 04 79 08 66 90 |
| P'tits Loups (Mottaret) | 04 79 00 36 66 |
| Precision Ski | 04 79 22 01 35 |
| Skiwithease | +44 (0) 79 43 41 11 60 |
| Ski Higher (Les Allues) | 04 79 00 51 70 |

| | |
|------------------------|----------------|
| Skimium by Precision | 04 79 00 52 21 |
| Skimium by Precision | 04 79 08 61 96 |
| Ski Espace | 04 79 00 46 00 |
| Ski Fun (Blanc Sports) | 04 79 00 44 07 |
| Ski Sno (Ski set) | 04 79 00 40 86 |
| Ski Paradise | 04 79 00 41 12 |
| Superski-Ski Set | 04 79 00 43 27 |
| Ski Republic | 04 79 00 15 10 |
| Ski Slide | 04 79 08 60 65 |
| Ski Xperience | 04 79 00 56 16 |
| Snowd'light | 06 64 81 60 10 |
| Snow Systems | 04 79 00 40 22 |

| | |
|--------------------|----------------|
| Sport 1600 Skimium | 04 79 08 51 45 |
|--------------------|----------------|

Sport Boutique-Ski Set

| | |
|---------------------------|----------------|
| 1) Centre | 04 79 08 63 00 |
| 2) Le Plateau | 04 79 08 64 82 |
| Sport Village (M.Village) | 04 79 01 13 38 |
| White Storm | 04 79 55 41 35 |

SKI LOCKERS

| | |
|----------------|----------------|
| Méribel Alpina | 04 79 08 65 32 |
|----------------|----------------|

TAXIS

| | |
|-------------------|----------------|
| Pacific Transport | 06 43 80 77 25 |
| Yann Leray Taxis | 04 79 00 47 37 |

TOURIST INFORMATION (GENERAL)

| | |
|-------------------------|----------------|
| Cinema (Mottaret) | 04 79 00 42 35 |
| Méribel Tourist Office | 04 79 08 60 01 |
| Mottaret Tourist Office | 04 79 00 42 34 |
| Park Olympic Centre | 04 79 00 58 21 |
| Post office. L.A. | 04 79 00 58 48 |
| Post office. Méribel. | 04 79 08 61 69 |
| Post Office. Mottaret. | 04 79 00 40 26 |
| Radio Méribel | 04 79 06 83 65 |
| Town hall (L.A.) | 04 79 08 61 04 |

BUS & RAIL

| | |
|------------------------------------|-------------------|
| Altibus (For Airports) | 04 80 00 70 00 |
| Bens Bus (For Airports) | www.bensbus.co.uk |
| Buses & Méribus (Ailleurs-Méribel) | 04 79 08 53 66 |
| Méribus (Ailleurs-Moûtiers) | 04 79 24 43 66 |
| Satobus Alpes-Lyon | 04 72 35 94 96 |
| SNCF (Méribel T.O.) | 04 79 00 53 28 |
| SNCF (Moûtiers) | 04 79 85 50 50 |

WWW.MÉRIBEL-UNPLUGGED.CO.UK

SKI HOLIDAYS

PLAN YOUR NEXT SKI HOLIDAY WITH US



NOT A PENNY MORE!

At no cost to our clients Méribel Unplugged will now plan and co-ordinate complete ski packages for singles, couples, families or groups.

FLIGHTS:

Fully bonded flights to Chambéry, Grenoble, Geneva or Lyon from all UK Airports.

AIRPORT TRANSFERS:

By Helicopter or Luxury Private Chauffeured Minibus.

FULLY CATERED OR

SELF CATERED CHALETs:

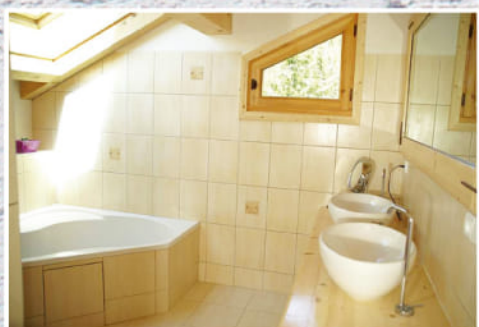
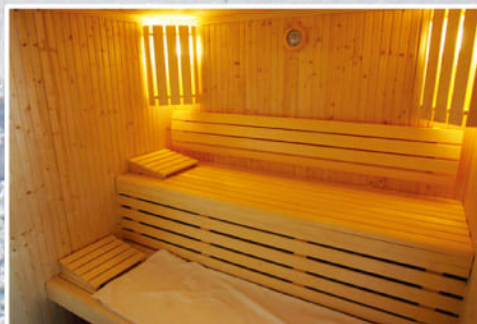
Ski In Ski Out With Outdoor Hot Tubs & Private Saunas

Champagne Welcome - Top Class Cuisine
Satellite TV - Wifi - Private Chauffeurs

We Will Arrange Ski School, Lift Passes, Ski Hire & Restaurant Reservations.
(With 30+ years' experience in Méribel we make life easy for you. We know Méribel inside out)
Just e-mail me and then sit back and relax. Let us plan your next holiday with real style.

rob-smart@meribel-unplugged.co.uk

Wonderful selection of private apartments too!





for the love of skiing.

ellis**brigham**

shops nationwide | ellis-brigham.com